### WE NEED TO TALK: FORGIVENESS PT. 1

1. We have to release our PRIDE

#### **MEMORY VERSE:**

Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus (Phil 4:6-7).

#### **SERMON NOTES:**

Genesis 37:5-11, Colossians 3:13
Definition: Forgiveness is not denying, excusing, or forgetting what happened.
Forgiveness is a conscious deliberate decision to release feelings of resentment

Forgiveness is a conscious, deliberate decision to release feelings of resentment or vengeance toward a person or group who has harmed you, regardless of whether they actually deserve your forgiveness.

2. We have to release <b>_</b>	OUR POWER	over others.
Genesis 41:16, Genesis 45:4	4-5, Galatians 5:19-21, Galatians 5	5:16-17

Bitterness is an invitation for our flesh to rule over us.

## 3. We have to release OUR PAIN to Jesus.

Genesis 45:9-11, 1 Peter 5:7, Hebrews 4:15

"To forgive is to set a prisoner free and discover that the prisoner was you."
-Lewis B. Smedes

# Asking Jesus into your life is as easy as A-B-C

Father, I Admit that I am a sinner and that my sin has brought death and destruction into my life, my relationships with people, and my relationship with God. Romans 3:23, 6:23

I **B**elieve that Jesus died for my sins and that His death paid the penalty for my sins. Romans 5:8 I **C**onfess or agree that Jesus is Lord, that He died and rose from the dead, and is able to forgive me of my sins. Romans 10:9-10

Jesus, I trust that You love me and can hear my prayer. By faith, I ask You to please forgive me and fill me with the Holy Spirit. I surrender my life to You. I pray this in Jesus' name. Amen.

IF YOU UNDERSTOOD THAT PRAYER AND PRAYED TO ACCEPT JESUS' INVITATION INTO A RELATIONSHIP, TEXT "SAVED" TO 52525.