

Reset Your Discipline



THIS MONTH'S MEMORY VERSE:

That I may know Him and the power of His resurrection, and the fellowship of His sufferings, being conformed to His death. **Philippians 3:10 NKJV**

WHAT IS FASTING?

An act of self- **DENIAL** for a specific period of **TIME**
for a specific **PURPOSE** .

- In times of war: **Judges 20:26**
- Repentance: **Jonah 3:5**
- When facing danger: **Ezra 8:21, 23**
- Courage and wisdom: **Esther 4:3, 16; 9:31**
- In times of grief: **1 Samuel 31:13**
- In times of distress: **2 Samuel 1:12**
- Ultimate denial of the flesh: **Matthew 4:2**
- Spiritual power: **Mark 9:29**
- Wisdom: **Acts 14:23**
- Set aside self for holiness: **1 Corinthians 7:5**
- Answered prayer: **Acts 10:30-31**
- Mourning: **Daniel 10:1-3**
- Special revelation: **Exodus 34:27-28**
- Spiritual recuperation: **1 Kings 19:1-9**

1. LED by the Holy Spirit.

2. ATTACKED by SATAN.

3. GUIDED by the Word.

4. SUPPORTED by angels.

Asking Jesus into your life is as easy as A-B-C

Gospel A-B-C's // Father, I **A**dmit that I am a sinner and that my sin has brought death and destruction into my life, my relationships with people, and my relationship with God. **Romans 3:23, 6:23**

I **B**elieve that Jesus died for my sins and that His death paid the penalty for my sins. **Romans 5:8**

I **C**onfess or agree that Jesus is Lord, that He died and rose from the dead, and is able to forgive me of my sins. **Romans 10:9-10**

Jesus, I trust that You love me and can hear my prayer. By faith, I ask You to please forgive me and fill me with the Holy Spirit. I surrender my life to You. I pray this in Jesus' name. Amen.

IF YOU UNDERSTOOD THAT PRAYER AND PRAYED TO ACCEPT JESUS' INVITATION INTO A RELATIONSHIP, TEXT "SAVED" TO 52525.