# **Forgiveness Healing**



### THIS MONTH'S MEMORY VERSE:

But if you do not forgive, neither will your Father in heaven forgive your trespasses. **MARK 11:26** ик**J**V

# WHAT IS FORGIVENESS?

Forgiveness - Restoring the ability of the image of God in us to respond to the image of God in someone who hurt us.

# WHAT FORGIVENESS IS NOT:

If I forgive, is what they did okay? No.

If I forgive, are there still consequences? Yes.

If I forgive, do I need to trust them? No, not until they earn it.

If I forgive, do I need to forget? *Yes, you need to "forget" the idea of seeking revenge, but no, you need to not forget to protect your heart.* 

Jesus ministered to Peter. John 21:15-17 Jesus spoke well of Peter. Mark 16:6-7 Jesus blessed Peter. John 21:6 Jesus served Peter. John 21:9-10, 12

**1. Describe** the healing that forgiveness brought between \_\_\_\_\_ in the past. Hebrews 10:16-17

How much of your past has God forgotten?

How many of your past sins have you forgotten?

### **3.** By faith, **express** your healing with your \_\_\_\_\_ Romans 1:16-17; Hebrews 11:6

Serving them. Mark 10:45

Speaking nice to and about them. Ephesians 4:29

Thinking kindly toward them. Philippians 4:6-8

Praying for them. Matthew 5:43-48

# Asking Jesus into your life is as easy as A-B-C

### Gospel A-B-C's

Father, I **A**dmit that I am a sinner and that my sin has brought death and destruction into my life, my relationships with people, and my relationship with God. **Romans 3:23, 6:23** 

I **B**elieve that Jesus died for my sins and that His death paid the penalty for my sins. **Romans 5:8** 

I **C**onfess or agree that Jesus is Lord, that He died and rose from the dead, and is able to forgive me of my sins. **Romans 10:9-10** 

Jesus, I trust that You love me and can hear my prayer. By faith, I ask You to please forgive me and fill me with the Holy Spirit. I surrender my life to You. I pray this in Jesus' name. Amen.

IF YOU UNDERSTOOD THAT PRAYER AND PRAYED TO ACCEPT JESUS' INVITATION INTO A RELATIONSHIP, TEXT "SAVED" TO 52525.