



# Humanize the Monster

## THIS MONTH'S MEMORY VERSE:

But if you do not forgive, neither will your Father in heaven forgive your trespasses. **MARK 11:26 NKJV**

## WHAT IS FORGIVENESS?

Forgiveness - Restoring the ability of the image of God in us to respond to the image of God in someone who hurt us.

## WHAT FORGIVENESS IS NOT:

If I forgive, is what they did okay? *No.*

If I forgive, are there still consequences? *Yes.*

If I forgive, do I need to trust them? *No, not until they earn it.*

If I forgive, do I need to forget? *Yes, you need to "forget" the idea of seeking revenge, but no, you need to not forget to protect your heart.*

**1.** Humanize your monster by CONFESSING your unforgiveness to God.  
**Luke 7:47**

**2.** Humanize their monster by IDENTIFYING a potential wound the offender has suffered. **Luke 19:5**

*Hurt people hurt people.*

**3.** Bury both monsters by EXTENDING forgiveness to the offender.  
**Matthew 6:14-15**

Dear \_\_\_\_\_,

I am writing to extend forgiveness to you.

Describe in detail what they did: \_\_\_\_\_  
(On one or several occasions you gossiped, lied to, misled, violated me, etc..)

Describe how and when they did it: \_\_\_\_\_  
(You did these things in public and online, etc.)

Describe in detail how it made you feel: \_\_\_\_\_  
(Every time it made me feel, hurt, worthless, used, betrayed, ... I relive it almost daily when ...)

Extend forgiveness: \_\_\_\_\_  
(I am choosing to release to God my pain and present it to God.)

Pray a blessing over them: \_\_\_\_\_  
(I pray a blessing over your life. I pray that God would love you past your pain and tendency to hurt people.)

Share your commitment to release your pain to God:

\_\_\_\_\_  
(I'm choosing to release the desire for revenge and leave it in God's hands.)

## Asking Jesus into your life is as easy as A-B-C

### Gospel A-B-C's

Father, I **A**dmit that I am a sinner and that my sin has brought death and destruction into my life, my relationships with people, and my relationship with God. **Romans 3:23, 6:23**

I **B**elieve that Jesus died for my sins and that His death paid the penalty for my sins.  
**Romans 5:8**

I **C**onfess or agree that Jesus is Lord, that He died and rose from the dead, and is able to forgive me of my sins. **Romans 10:9-10**

Jesus, I trust that You love me and can hear my prayer. By faith, I ask You to please forgive me and fill me with the Holy Spirit. I surrender my life to You. I pray this in Jesus' name. Amen.

**IF YOU UNDERSTOOD THAT PRAYER AND PRAYED TO ACCEPT JESUS' INVITATION INTO A RELATIONSHIP, TEXT "SAVED" TO 52525.**