

The Bondage of Unforgiveness



THIS MONTH'S MEMORY VERSE:

But if you do not forgive, neither will your Father in heaven forgive your trespasses. **MARK 11:26** NKJV

WHAT IS FORGIVENESS?

Forgiveness – Restoring the ability of the image of God in us to respond to the image of God in someone who hurt us.

WHAT FORGIVENESS IS NOT:

If I forgive, is what they did okay? *No.*

If I forgive, are there still consequences? *Yes.*

If I forgive, do I need to trust them? *No, not until they earn it.*

If I forgive, do I need to forget? *Yes, you need to “forget” the idea of seeking revenge, but no, you need to not forget to protect your heart.*

Forgiveness is between you and God and for your benefit.

1. CHALLENGE YOURSELF TO _____ YOUR BONDAGE OF UNFORGIVENESS.

- The emotional bondage of stressful _____ .
James 1:19-20
- The verbal bondage of dishonoring _____ .
Luke 6:45
- The physical bondage of an _____ body.
Matt 27:3-5
- The spiritual bondage of the inability to pray for and/or _____ to someone. **Mark 11:25-26**

What do you experience when you try to pray for them?

**2. PERMIT YOURSELF TO _____ OF YOUR
BONDAGE OF UNFORGIVENESS.** Matt 18:21-22

We were created to forgive.

**3. DIRECT YOURSELF TO _____ YOUR
BONDAGE OF UNFORGIVENESS.** 1 John 1:8-10

Asking Jesus into your life is as easy as A-B-C

Gospel A-B-C's

Father, I **A**dmit that I am a sinner and that my sin has brought death and destruction into my life, my relationships with people, and my relationship with God. **Romans 3:23, 6:23**

I **B**elieve that Jesus died for my sins and that His death paid the penalty for my sins.
Romans 5:8

I **C**onfess or agree that Jesus is Lord, that He died and rose from the dead, and is able to forgive me of my sins. **Romans 10:9-10**

Jesus, I trust that You love me and can hear my prayer. By faith, I ask You to please forgive me and fill me with the Holy Spirit. I surrender my life to You. I pray this in Jesus' name. Amen.

**IF YOU UNDERSTOOD THAT PRAYER AND PRAYED TO ACCEPT JESUS' INVITATION
INTO A RELATIONSHIP, TEXT "SAVED" TO 52525.**