MIND YOUR BUSINESS



ANT KILLING BUSINESS // ROMANS 12:1-2, 2 CORINTHIANS 10:4-6

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THE GOAL: To create a mind that is about our Father's business.

Mind Your Business Declaration:

- 1. I am made in the image of God. Gen 1:26-28
- 2. God has given me a sound mind, the mind of Christ. 2 Tim 1:7, 1 Cor 2:9-16
- 3. Commit to being mindful of the Father's business in my life today. Matt 16:23
- 4. I denounce selfish and toxic thinking today. Phil 2:1-8
- 5. I will take my thoughts captive and think like Christ today. 2 cor 10:4-6
- 6. As my mind is renewed, my physical brain 'will be' transformed. Romans 12:1-2
- **7.** I choose to dwell on positive thoughts and only speak life today because all of God's promises in my life are 'yes.' *Deut 30:19, 2 Cor 1:20*

BODY/BRAIN	SOUL/HEART/MIND	SPIRIT
Physical body	Mind, conscience, will, emotions, personality	Spiritual self
Interacts with the physical world	Interacts with spirit and body	Interacts with God
Identity: Established by what you see in the mirror	Identity: Established by what you feel and think	Identity: Established by God's Word <i>James 1:23</i>
Salvation impact: Nothing	Salvation impact: Nothing	Salvation impact: New Creation <i>2 Cor 5:17</i>

BRAIN FACTS:	MIND FACTS - The Mind Can:	WE RECEIVED:
3.5 lbs	Stand outside the body and	The mind of Christ.
Decisions per second/day	evaluate thoughts. 2 Cor 10:4-6	A sound mind. <i>2 Tim 1:7</i>
Wired for yes	Create a new brain.	Insight into the Father's business. Matt 16:23
Plasticity - The ability to change form.	Choose life or death. Deut 30:19	DUSII 1633. Matt 16.23
	Can be renewed . Rom 12:1-2	

A renewed mind	our ANTs <i>Gen 1:26-2</i> 8
A renewed mind kills the	_with the 2 super-power questions.

Is this true? Can you be 100% sure?

ANT	SPECIES OF ANT	KILL THE ANT
You never listen to me.	Always Thinking	I get frustrated when you don't listen to me, but I know you have listened to me and will again.
The minister doesn't like me.	Mind Reading	I don't know that. Maybe he's just having a bad day. Ministers are people too.
I'll stutter if I do the reading at church.	Fortune Telling	I don't know that. Odds are I will do fine.
I'm unlovable.	Labeling	Sometimes I do things that push others away, but I can find love and be in a loving relationship.
It's your fault we have these problems.	Blame - Blaming someone or something else for your problems making yourself the victim, thus helpless to change it.	I need to look at my part of the problems and look for ways I can make the situation better.
My boss didn't talk to me this morning. She must be mad at me.	Personalization - Innocuous events take on personal meaning.	We need to realize that we never fully know why people do what they do.
Statements that include: "should, must, ought or have to." ie: "I ought to spend more time at home. I must spend more time with my kids. I have to organize my office."	Guilt Beatings	Replace guilt statements with, "I want to do this. It fits with my goals to do that. It would be helpful to do that."
I feel like you don't love me. I feel stupid. I feel like a failure.	Thinking With Your Feelings	My feelings are deceptive and are often only part of the story, something in the past and not in the current.
This ANT can take a positive experience, relationship, or work interaction and taint it with negativity.	Focusing Only On The Negative	Identify the positive aspects of the situation.

Asking Jesus into your life is as easy as A-B-C

Gospel A-B-C's // Father, I Admit that I am a sinner and that my sin has brought death and destruction into my life, my relationships with people, and my relationship with God. *Romans 3:23, 6:23*

I Believe that Jesus died for my sins and that His death paid the penalty for my sins. Romans 5:8

I Confess or agree that Jesus is Lord, that He died and rose from the dead, and is able to forgive me of my sins. *Romans 10:9-10*

Jesus, I trust that You love me and can hear my prayer. By faith, I ask You to please forgive me and fill me with the Holy Spirit. I surrender my life to You. I pray this in Jesus' name. Amen.