





"But you are a chosen generation, a royal priesthood" 1 Peter 2:9-10

Using the guidelines below, here is a daily Bible text for you to READ, REFLECT and RESPOND.

► NOTE: I have given the topic of the Psalm so you, the reader, can know what emotion or God attribute to look for.

MON – Proverbs 6      WED – Proverbs 8      FRI – Proverbs 10      SUN – Proverbs 12  
TUE – Proverbs 7      THU – Proverbs 9      SAT – Proverbs 11



**Read** and discover what God communicated to the people at the time of the writing.

Read the text 2-3 times and identify either:

1. What God attribute is the text empowering your soul to contemplate?  
Forgiveness? Power? Grace? Etc...
2. What emotion is the text empowering your soul to communicate to God?  
Worship? Praise? Confession? Complaining? Etc...

How is the text directing you to think and make decisions like God?



**Reflect**, pray and determine what is God communicating to us in the present.

Write, in your own words, a 2-3 sentence prayer or revelation summarizing how the text, as Soul Food, has helped you express yourself to God or make a decision like God.

Note: Keep in mind to identify examples of either type of Parallelism and reflect on the message God is communicating to you by them.

**Synonymous Parallelism:** The second line reinforces the meaning in the first line with little or no added meaning.

**Antithetical Parallelism:** The second line asserts the opposite of the first line.



**Respond** and do something!

Do something by praying and deciding what God wants to do in and through you in the future. Identify the steps of faith you need to take in order to facilitate God's promises. What am I going to do to apply my faith to be more of who God wants me to be? Is there sin to repent of? Is there something you can praise God for? Is there someone you need to forgive, serve or speak to? How are you worshipping God in your life?

Further applications – Send a challenge to people in your acquaintance. Be bold in what the Lord is showing you as a step of faith. Use social media to spread the Word of God (e.g. Facebook, Twitter, Blog, email, etc.).

**Devotional necessities:** A Bible, pen or pencil, notebook or journal, a quiet place, a regular time, a prayerful heart of faith

# BOOK THREE: SOUL FOOD

## SOUL FOOD: POETIC LANGUAGE

{Poetic Language empowers our hearts and minds to communicate to God}

**GENRE** – Poetic Language (read it like poetry and songs)

**READING RULES** – Read the text 2-3 times and identify either:

1. What "God attribute" is the text empowering your soul to contemplate?  
Forgiveness? Power? Grace? Etc...
2. What emotion is the text empowering your soul to communicate to God?  
Worship? Praise? Confession? Complaining? Etc...

How is the text directing you to think and make decisions like God?