



Rock Church Point Loma

Pastor Sammy Famoso of Rock Church Chula Vista

[He Sees, He Listens, and He Responds](#)

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This 4-part series explores why we pray, how we pray, and what happens when we pray. In Part 2, Pastor Sammy tells us that we have direct access to God.

The hope is that we can begin to break our misconception of what prayer should look like and get to know how we can really talk to Him effectively because we have direct access to our Heavenly Father.

In your group, read Matthew 6:5, review the points below, then discuss the three types of prayer:

1. **Prayer of petition and supplication** (2 Kings 20:1-6 NLT). Prayer is a dialogue, not a monologue.

Discussion: The Lord loves it when you go to Him in prayer, but do you typically have a long list of requests You want Him to complete? Begin to ask God for what you specifically need, instead of what you think you want.

2. **Prayer of intercession** (James 5:16 NLT). When you pray for someone else, that is the heart of God because He asks us to pray for one another.

Discussion: When the Holy Spirit puts someone on your heart, do you pause to pray for that person, whether in person or from afar, or do you just think to yourself, "I hope they're okay," then go about your day? Decide today that you will now be more intentional about praying for another person.

3. **Prayer of command and authority** (Matthew 17: 14-20). Be bold and courageous in your prayers, trusting that miracles can happen and mountains can be moved because of your faith.

Discussion: When you pray, do you believe that you have the authority and command to tell your "issues" about how big your God is (telling the cancer to go, the anxiety to leave, the depression to bow down in the name of Jesus)? His name is so powerful - you don't need His permission to cast our devils or lay hands on someone to declare healing over them because the Spirit of the Living God is inside of you.

