



Rock Church

Pastor Travis Gibson

Broken Communication

May 7, 2023

This series highlights how God exchanges our brokenness for something beautiful. In Part 3, Pastor Travis explains how all relationships can be beautiful, even if they've been broken, when your intention is restoration and not to be right.

In your group, read Matthew 12:34-37 and Proverbs 18:21, review the points below, then respond accordingly. **Communication that restores, requires five things:**

1. **The right TONE: the right to speak in a way that can be received** (Colossians 4:6). Be gracious with your words and how you say them. How does it make you feel knowing that you have the power in your tongue to speak either death or life over someone?
2. **The right TIME: the right to process without hurry** (James 1:19). Everyone should be quick to listen, slow to speak, and slow to become angry, all while hearing from God. When someone is sharing something with you, do you listen until they are done to hear what is being said -OR- do you immediately cut them off with your own story, not letting them finish what they were saying?
3. **The right TRUST: the right to be safe when you're vulnerable** (Ephesians 4:31-32). Be kind and tenderhearted, not rude or condemning. Do you find yourself saying, "You *always* do this or that". Do you think others feel "safe" to talk with you – why or why not?
4. **The right TRUTH: the right to be honest even when it hurts** (Ephesians 4:15). The mouth speaks what the heart is full of. Knowing that your speech can be medicine for the soul, do you find it is easy for you to be completely truthful with someone – yes or no?
5. **The right TEAM: the right to work together towards a solution** (Philippians 2:3-4, Ecclesiastes 4:9-12). You need the right people beside you. This week, be humble and practice not being selfish, conceited, all about yourself. A person standing alone is easily defeated, so help each other conquer issues together knowing that God is on your side.

This Month's Memory Verse – Isaiah 61:3

"... to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair. They will be called oaks of righteousness, a planting of the Lord for the display of His splendor."

This Week's Bible Readings & Book Overview Videos

1 Chronicles 12-29 & 2 Chronicles 1-4: <https://bibleproject.com/explore/video/chronicles/>

Proverbs 14: <https://bibleproject.com/explore/video/proverbs/>

