



Rock Church

Pastor Greg Hendricks

Let Us Rise Up

March 12, 2023

This 11-week series dives into the important discipleship values that shape our church. In Part 9, Pastor Greg discusses the importance of having kingdom keys to help you on your journey of rebuilding when things get tough.

In your group, read Nehemiah 1:4-7, 2:3-5, and 2:17-18, review the statements below, then respond accordingly:

1. **Posture your Heart to the Lord IN prayer.** (Jeremiah 33:3). Win the war on your knees by going straight to prayer instead of complaining (which slows down your ability to hear from God). Briefly share about a recent time when you felt resentment or disappointment, and how after praying, it changed your response to the situation so you could REACT IN PRAYER.
2. **Take bold steps with the Lord OUT of Prayer** (Matthew 5:8). God will honor you when you realize that repentance is the pivot point between ruin and restoration. Sometimes it's impossible to have an upbeat countenance when your situation is not favorable. What are some healthy ways you can show boldness as you release the burdens of your sins and give your worries to the Lord? Your *breaking* point might be someone else's *breakthrough* point as you RE-POSTURE IN REPENTANCE.
3. **Build and take ground for the Lord ONLY by prayer** (Romans 12:5). Share with the group an urgent prayer request regarding you knowing it's time for you to rise up and build. It could be a job change, move to a new area, stopping a habitual sin, changing your language or diet. Whatever it is, God isn't done with you and wants cohesiveness since it is the secret sauce to revival in your marriage, at work, in parenting, at church... knowing that being with others causes us to all RESPOND IN UNITY.

This Month's Memory Verse – Philippians 4:6-7

“Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.”

This Week's Bible Readings & Book Overview Videos

Joshua 18-24: <https://bibleproject.com/explore/video/joshua/>

Psalms 31-36: <https://bibleproject.com/explore/video/psalms/>

Judges 1-15: <https://bibleproject.com/explore/video/judges/>

