



Rock Church
Pastor Travis Gibson

Bitter to Breakthrough
March 20, 2022

Monthly Discipleship Focus for March
Nurtures a burden for lost people

This 6-part series explores traditions that Christians have been practicing for centuries such as fasting, sabbath, reflection, and baptism. In Part 3, Pastor Travis teaches that the path around unavoidable offenses in life is forgiveness as he presents four key points to forgiveness.

Read 2 Samuel 16:5-9, review the following decisions you can make that lead to forgiveness, then briefly respond accordingly:

1. **Refocus on the real enemy** (Ephesians 6:12). Many of us are fighting a fight that we weren't meant to be in; even those around you know it's not your fight. Could you recall a recent incident where you realized that the devil was at work trying to cause division in a relationship (whether it was with your spouse, a child, a friend, a co-worker)?
2. **Release them of your expectations** (Luke 6:35). Your unrealistic or unmet expectation has nothing to do with someone else, it's YOUR expectation. Is it difficult or easy for you to communicate what it is that you expect from someone?
3. **Rebuild what you once said you loved** (1 Corinthians 13:4-8). Don't keep a record of wrongs. Don't be easily angered. Surrender to God those negative things to which you are holding on, whether it's a conversation or an action, and begin to practice having a better response instead of an adverse reaction.
4. **Remember you need forgiveness, too** (Romans 3:23, Matthew 10:8). We are called to forgive just as Christ has forgiven us. Pray for that specific person whom God has put on your heart to ask for their forgiveness.

This Month's Memory Verse: Mark 15:15 NKJV

And God said to them, "God into all the world and preach the gospel to every creature."

This Week's Bible Readings & Bible Project Videos

Judges 19-21 <https://bibleproject.com/explore/video/judges/>

Proverbs 11: <https://bibleproject.com/explore/video/wisdom-proverbs/>

Ruth 1-4: <https://bibleproject.com/explore/video/ruth/>

1 Samuel 1-10: <https://bibleproject.com/explore/video/1-samuel/>

Next Steps

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