



Rock Church
Pastor Darren Carrington

Relationship Matters
February 13, 2022

Monthly Discipleship Focus for February
Gracefully gives and receives forgiveness

In Part 2 of this series, Marriage and Family Pastor Darren and friends confer how maintaining the right attitude is the key to Christ-centered relationships.

Read Philippians 2:3-5, review the following points, then respond accordingly:

- **Marriage tips from the panel**
 - Your marriage is your first ministry where you will learn and exercise patience, kindness, and grace.
 - Seek first to understand your spouse, rather than be understood by getting your point across.
 - Date your spouse. Don't take things for granted. Don't settle in complacency. Continue to show the same passion just as you did in the beginning to keep your marriage fresh.
 - Once you say "I do", it's no longer about "you"
 - A godly attitude produces self-less relationships.
 - Wives, submit to your husbands (Ephesians 5:24), submitting to one another out of reference for Christ.
 - Serve each other; better yet, out-serve one another, out-love each other.
 - Share briefly what a self-less marriage looks like to you.
- **Things to do, things to remember, whether in a marriage or committed relationship**
 - Don't keep score, instead fill each other's love tanks
 - Read 1 Corinthians 13:4-7 and say your name where the word LOVE is written
 - How important are love languages (quality time, physical touch, receiving gifts, acts of service, words of affirmation) in relationships?
 - Ask yourself: How well am I loving my spouse / significant other?
 - Why is it important for you to take care of yourself first before your spouse or significant other?
 - Why does fun come last in most marriages?

This Month's Memory Verse

"And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses." ~Mark 11:25 NKJV

This Week's Bible Readings & Bible Project Videos

Numbers 5-33: <https://bibleproject.com/explore/video/numbers/>

Psalms 19-24; <https://bibleproject.com/explore/video/psalms/>

Next Steps

Text INFO to 52525 for Rock updates and events

