



Rock Church

Pastor Travis Gibson | Running On Empty | June 28, 2020

D12 Monthly Focus for June: *Faithfully Avoids That Which Displeases You*

Sermon Application from Sunday's Message:

On Sunday 6/28, Pastor Travis shared about the importance of living from a “full tank” rather than running on empty, which only comes from a real relationship with Jesus. In order to live from a “full tank,” we need to do three things. First, we need to refocus on what’s important. If our lives are focused on the issues of this life rather than Jesus, then our focus will be off. Second, we need to reduce the non-essentials, we need to “do” the MUST do’s and let go of the MAY do’s. Finally, we need to reprioritize our lives because our order will determine our capacity.

Take time to read through the following statements and discuss the questions below in your group.

- Read Luke 10:38-42 – “Mary and Martha”
 - In these verses, we see a comparison between two women, Mary and Martha. Mary has chosen to sit at Jesus’ feet as a disciple of Jesus, while Martha has chosen to prepare provisions for Jesus and His disciples. Next, Jesus gently rebukes Martha and shows her that what is most important is a relationship with Him.
- What does it mean to sit at the feet of Jesus? What does this look like today?
- With all of the issues that are going on today like COVID-19, racial matters, and political viewpoints, this life can feel overwhelming. As Jesus is calling you into a deeper relationship with Him, what next steps will you take to draw closer to Jesus so that you can be filled?

Next Steps:

Encourage your Group members to branch off and host their own groups for the new difference maker series beginning Sunday July 12th. Have them text groups to 52525 for more information on hosting an rGroup.

THIS MONTH'S MEMORY VERSE: This is My commandment, that you love one another, just as I have loved you. Greater love has no one than this, that one lay down his life for his friends. **John 15:12-13 NKJV**

This Week's Bible Reading / The Bible Project Videos

Isaiah 19-42 - <https://bibleproject.com/explore/isaiah/>

Psalms 78-83 - <https://bibleproject.com/explore/psalms/>

