



rGroup Guide

The Fast Lane
New Things for a New Year
Pastor Travis Gibson | December 29, 2019

Recite the Do Something Disciple Prayer

“As a Do Something Disciple, I am in a disciplined pursuit for the heart of The Father, a heart that is being perfected in love for God and people.

Father give me a heart that:

- Desperately seeks face-to-face intimacy with You.
- Faithfully avoids that which displeases You.
- Humbly embraces a Kingdom Mindset.
- Values making disciples that make disciples.

Jesus, create in me a heart that:

- Values being guided by the Word of God.
- Gratefully grows in generosity.
- Nurtures a burden for lost people.
- Demonstrates a commitment to a Spirit-filled expression of my gifts.

Holy Spirit develop a heart in me that:

- Gracefully gives and receives forgiveness.
- Passionately worships God.
- Is dependent on the power of prayer.
- Serves with Humility.

"Father, with Christlikeness as my goal and the Holy Spirit as my Guide, knit my heart with Yours. Fill my heart with Your passions, motivations, and desires. In Jesus' Name, Amen."

Sermon Application from Sunday's Message:

On Sunday 12/29, Travis Gibson, the Point Loma Campus Pastor, spoke about how God has brought each of us through different types of things in 2019, including blessings, healings, and miracles, and that if you want 2020 to truly be a “new” year, you need to do new things.

Take time to read through the following in your rGroup and discuss the questions provided.

- **Let something go.** Philippians 3:13-14
 - Forget what's behind, and what should be behind us: a bad habit, unhealthy relationship, secret sin/addiction, bitterness/unforgiveness, pride/selfishness, busyness, etc., and press on towards what is ahead.
 - Who is God putting on your heart to reach out to?
 - What is one specific thing God has been speaking to you about releasing?
- **Take something on.** Ephesians 4:22-24
 - Cling to Him. Get spiritual food for your soul. Read God's Word daily. Go back to school. Join an rGroup/dGroup. Start that new business. Step out and find a new job. Whatever it is that you decide to do requires faithfulness.
 - Share with the rGroup one or two NEW things you know the Holy Spirit has been gently reminding you to go after.
- **Love someone better.** John 13:34-35
 - Jesus commands us to love like He loves.
 - As you feel led, briefly talk about who that person God is asking you to love better in 2020 – is it someone you're close to? A family member? Coworker? Stranger?
- **Put God first.** Matthew 6:33
 - Bringing God to the center of your life, brings a blessing to all the rest. When you make God first place in your life, everything that follows Him is blessed.
 - How have past experiences of putting God first brought about fruitfulness and blessings in your life? Give an example or two.

Next Steps:

- **Prepare for the 21-day prayer fast starting in January.**
Text FAST to 52525.
- **Attend the Awaken Conference with Francis Chan on January 25th.**
Text AWAKEN to 52525 for details.
- **Pray about leading a Discipleship Group in the new year.**
Text DGROUP to 52525 for more information.

Monthly Memory Verse: James 2:20 *“But do you want to know, O foolish man, that faith without works is dead?”*

This Week's Bible Reading:

Revelation 17-122: <https://thebibleproject.com/explore/revelation/>