



## THANKS & GIVING PART 2

I APPRECIATE YOU Miles McPherson / November 4, 2018

1

**Opening Prayer:** Heavenly Father Mighty God, thank You that You made us in Your image that we may relate to and approach the Most High God. Give us eyes to see how awesome are those all around us. Friends, family, and even adversaries. Give us a heart for them Lord, a heart that loves like Yours especially for those who trouble us. It is easy to love the lovable Father but while we were Your enemies You first loved us. Thank you for loving us from before the creation of the world to Calvary and back to Your throne on high. Thank You, thank You and thank You Father God. Thank You for them, for Your Word, and for Your Son. Amen

2

**Encouragement:** We have the key to changing our life for the better simply by saying thank you to others. Some of the Biological Effects of being thankful: Decreased Pain Levels, Better Sleep, Stress Relief, Reduced Anxiety and Depression, Increased Energy and Vitality. With zero side effects! **Write down one good thing that is true about someone whom you'd like to have a better relationship with and then thank them for it. (preferably in person)**

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3

**Scripture:** Match each of these examples of thankfulness to their corresponding verses.

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|---|---------------------------|
| 1. Thankfulness for their REPUTATION in the faith.      | 2 Thessalonians 1:3 NKJV  |
| 2. Thankfulness for their FELLOWSHIP in the gospel      | 2 Timothy 1:5 NKJV        |
| 3. Thankfulness for their RECEPTIVITY of the gospel.    | Philemon 1:5              |
| 4. Thankfulness for their GROWING faith.                | Romans 1:8 NKJV           |
| 5. Thankfulness for their GENUINE faith.                | Philippians 1:5 NKJV      |
| 6. Thankfulness for their LOVE and faith toward others. | 1 Thessalonians 2:13 NKJV |

**4** **Prayer:** When we pray we should always begin in praise and thanksgiving. Take turns finishing this prayer with only praise and thanksgiving: Father thank You for Your faithfulness, Your grace and mercy, Lord of all creation...\_\_\_\_\_

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**5** **Next Steps:** Give and receive blessings, edification, and encouragement all by giving thanks.

1. Generously express thankfulness to a **(ministry leader)** for their REPUTATION in the faith.
2. Generously express thankfulness for FELLOWSHIP in the gospel to **(someone who attends another campus than you do)** .
3. Generously express thankfulness for the RECEPTIVITY of the gospel to a **(new or unbeliever)**.
4. Generously express thankfulness for their GROWING faith to **(any believer)**.
5. Generously express thankfulness for their GENUINE faith **(to someone struggling)**.
6. Generously express thankfulness for their LOVE toward others to **(a volunteer in ministry)**.

**Quote: "Hoarding is a disorder, and some of us are gratitude hoarders. You can change your heart by what you say. " The quality of your life is not determined by the quality of your conditions" Miles**