



Mind Your Business "A Sound Mind"

Pastor Miles McPherson / August 5, 2018

Opening Prayer:

Lord, we thank You for the many blessings You provide us. Thank You for giving us minds that can praise You, and battle against the spiritual warfare against the enemy. We humbly ask You to bless our group, guide us with Your Holy Spirit and open our hearts and minds that You can pour into us. Help us to create a mind that is about Your business. Amen.

Icebreaker:

Pastor Miles said there are times when we think we are wiser than God. Share about a time when you thought you were wiser than God. How did that turn out?

Encouragement:

Pastor Miles said that each day, we have somewhere around 30,000 to 60,000 thoughts each day. Up to 3/4 of those thoughts are negative!

Gather into groups of 2 or 3. In each group, share one of the more frequent or an especially negative thought you have about yourself. After someone shares, have the other(s) restate that thought in a positive, encouraging way. Was it hard to restate the others thought? How did it feel to hear your thought restated? What can you do to increase more positive thoughts daily?

Scriptures:

Matthew 16:21-23 -- Have you spoken out against someone who was trying to lead you away from the Lord?

2 Corinthians 10:14 -- A stronghold is an incorrect, destructive thinking pattern that contradicts the true knowledge of God and His nature. Use the negative thought you shared in the encouragement section above (or pick another one). What carnal (earthly) weapons have you tried in the past? What Spiritual weapons is Paul saying we should use instead? Hint: look up *Ephesians 6:10-20*.

Romans 12:1-2 -- When we present our bodies, what is the difference between presenting our work versus presenting our *self*? What does "living sacrifice" mean in this passage?

Take a moment and consider how much of your life is determined by your feelings. *Examples:* How do I feel today? How do I feel about my job/boss? How do I feel about my spouse or girlfriend/boyfriend or parent(s)/children? How do I feel about worship? How do I feel about the pastor?

Discuss this statement: Living by feeling does not allow us to experience the transforming power of God. Hint: it does not because it ignores the renewing of the mind.

How do we change living life filled with a foundation based on feelings to one that first asks, "What is true here?" or "What does God's Word say?" How can you give God your best at prayer time?

Prayer:

Ask God to give you wisdom in all things. When we act in an unbiblical way, there is turmoil in our heart. What have you been doing that is unbiblical? Pray for a renewing of the mind to change or avoid that behavior.

Next Steps:

In order to gain wisdom, God does not make us smart. He does give us access to wisdom by revealing things in the Bible.

READ 1 chapter of Proverbs each day. There are 31 Proverbs chapters, and up to 31 days a month. Read the chapter corresponding to today's date.

Pastor Miles issued the following challenge: Make a decision to COME to church EVERY week. Adjust your schedule if needed.

LIFE Class: <https://classes.sdrock.com/bundles/LIFEclass>

Ironmen: <https://www.sdrock.com/ministries/mens/disciplespath/>

Rock School of Ministry: <https://www.sdrock.com/schoolofministry/>

Quote: "Anxiety is anticipated disaster. Hope is anticipated Desire"
-Pastor Miles

Notes:
