



“Wounded”

Pastor Miles / May 20, 2018

Opening Prayer:

Lord, let us see the damage we cause when we sin. Sometimes we do not realize the hurt it causes you and others when we turn to the things of the world. Whether it is gossip, selfishness, lying, cheating, sexual immorality, stealing, cursing, smoking weed or using other drugs, lust, missing church, denying you before others or allowing the evil one to dominate our thoughts, let us change our behavior. Let us honor you as citizens of heaven here on Earth until you come back for us. In the Name of Jesus, Amen.

Icebreaker:

Pastor Miles talked about what a good kid his 4 yr old grandson is; but even well behaved kids can, at times, get on your nerves. We all have 'something' that gets on our nerves, or a 'pet peeve'. Share your top annoyance or pet peeve. Extra points for the most unusual.

Encouragement:

Name something in your life that started off bad, then God used to turn into good. When did you see God's hand at work? If you are unable to see how God can use that situation for good, see if anyone in the group can. Take turns sharing.

Scriptures:

Read Isaiah 53:3-4

Pastor Miles said "We wounded and killed Jesus." What was your immediate reaction to that? What causes us to place at least some blame on the Roman soldiers and Jewish leaders of that time? How can we have a more personalized attitude about the effects of each and every one of our sins on Jesus?

Read Eph 4:29

[suggest forming into groups of 2 or 3]

At the evening service, Pastor Miles took an informal poll, asking the members who cursed. Over 90% raised their hands.

Have you ever met someone who did NOT curse or say anything unkind about someone else? Is speaking sarcastically or using suggestive or "double meaning" language a problem? Stop for a few moments and consider how your world and relationships would be different IF you were able to FULLY apply this verse all day with everyone. Share with one another.

Prayer:

Think of a problem, a concern or a trial you are experiencing right now.

Briefly share that with someone in the group.

Pastor Miles asked for us to pray for wisdom - with wisdom, we can solve most of our problems. "Wisdom" occurs over 200 times in the Bible. See if you can look up a verse on wisdom that would be encouraging to the person who you shared about a problem, trial or concern.

Kindness Challenge (continued from last week)

Think of one person you share in a relationship. It could be a family member, a co-worker, a friend, or a neighbor. Meditate on WHO that person should be. Pray for courage, the wisdom and strength to take up the challenge and see to it for a full 30 days.

Next Steps:

It is not too late to take the 30 Day kindness challenge. Pick one person with whom you have a relationship. Try this each day for 30 days:

- 1. **Positivity** - Say nothing negative about your person - either to them or about them to anyone else.
- 2. **Praise** - Each day find one positive thing you can praise or affirm about that person and tell them and tell someone else.
- 3. **Kindness** - Each day, do one small act of kindness or generosity for them.

Text "Kindness" to 52525. You will get a daily reminder during the challenge. Shaunti said that 89% of those who took the challenge reported that their relationships improved.

Notes:

- 1. God, I trust that You will speak to me and I have a pen/pencil in hand to write that down.
- 2. (from last week) Kindness can make you a superhero. When you have kindness, nobody can offend (hurt) you. Kindness is a superpower!
