Women 2017

LESSON PLAN: WO-MEN Part 3

SPECIAL GUEST Cynthia Garrett

Campus Pastor Wives / May 28, 2017

THIS WEEK: Pastor Miles scheduled a panel of women facilitated by actress, author and talk show personality Cynthia Garrett. The panel consisted of all the campus pastors wives - Tracey Preciado (Pt Loma), Nova Page (East county), Dee Dee Whitley (City HEIGHTS), Carissa Mayer (San Marcos), Vanessa Gibson (San Ysidro) and Esli Medrano (Microsites). This impressive group came from all kinds of backgrounds; everything from pastors kids to broken homes and they shared their often poignant stories. But with each of them, the message was how they each asked God to change the way they think and grow closer in a relationship with Him.

<u>Leader Note</u>: Each service had lots of variations from other services in terms of topics and sharing. This week, the group questions are less connected along a central theme, and are more random in nature.

Opening Discussion - Study Questions:

- 1. What did you get from the panel of women this week? Did any topic or comment stand out?
- 2. Since this is a series focusing on women, if YOU were the leader of the group, what would you do to honor, recognize or do something special for the women in the group? (Or women you know if it is an all-men's group).
- 3. Many of the panel members shared how their particular family situation influenced their relationships today. Briefly share how an experience or circumstance growing up shaped or influenced how you experience relationships today.
- 4. What would you say to a woman who wondered how she could have a good marriage when she didn't have any good role models growing up?
- 5. Reflect for a moment and answer this one honestly....
 Do you expect or want someone else to complete you to be happy?
- 6. It was said at the panel that Jesus is 100% GRACE *and* 100% TRUTH. If you had to grade yourself, what would the percentages be?

7. Nova Page shared that when they first started dating, Ricky told her to expect him to fail her. If you were just starting to date and were told that, what would be your reaction?

Suggest getting into groups of 2 or 3 for these questions

- 1. There are many who grew up in dysfunctional or broken family relationships. Name a younger person in your life you could spiritually parent or be a role model. HOW would you do that? be specific.
- 2. Another topic discussed was the power of a sincere apology. WHO is someone you need to offer an apology? What are your hesitations or obstacles?
- 3. **READ Rom 12:1-2**. Look up the word "Beseech". What has God changed about the way you think? What do you do that requires a renewing, or re-aligning of your mind? How is your mind not lined up with God's will for you?
- 4. What areas are you compromising? Share one of them with the group.
- 5. Were you ever self righteous? Was there a 'fall'?

Going Deeper - Personal Challenge:

- 1. What can you do to let Jesus transform your family?
- 2. What lies from the enemy are hard to let go?

Taking it Home - Application:

Focus this week on letting God change your mind DAILY. Allow Him to align your thinking DAILY with His will for you.

	
LIFE GROUP PRAYER R	EQUESTS:
QUOTE: There is no re	sume to be a Christian. Jesus accepts us no matter what is our past.
is the gift of God, anot of	of works, lest anyone should boast.

 $\textbf{MEMORY VERSE:} \ \text{For by grace you have been saved through faith, and that not of yourselves; } \textit{it}$