SOMETHING FROM NOTHING – LIFE Group Study Guide

God is the expert at making something from nothing – Mark 6:30-44 Pastor Obed Martinez :: June 5, 2016

This week, the Rock Church welcomed special guest Pastor Obed Martinez from the Palm Springs area. He used Psalm 139 to illustrate how God made us from nothing and He knows every aspect of us. God specializes in making something out of nothing. Mark 6, the feeding of the 5,000 which Jesus took 5 loaves and 2 fishes and fed the crowd until everyone was fully satisfied.

Opening Discussion:

Have everyone share: What is your favorite food?
 go back to each favorite food and have them describe it in its most basic state.
 i.e. watermelon: black seed, cake: wheat stalk or seed, cane sugar stalk or seed.

Just as food is transformed, God can transform our situation.

2. Pastor Obed used watermelon as an example. A watermelon seed is not appetizing or appealing. But contained within that watermelon seed are the DNA instructions which allow the seed to grow and fulfill its destiny into something appealing and appetizing.

Describe a time when God transformed your life or situation.

3. Read the following verses aloud, and then discuss Jer 1:4-5.

If God knew each of us before we were born, how can we encourage one another that God has a plan for us to follow?

Digging Deeper:

- 4. A watermelon seed needs the right soil and watering in order for it to become its destiny. Share what your environment is like during the week. Are you 'planted' or surrounded by people who help and/or encourage you to grow and fulfill God's destiny for you?
- 5. What is God calling on you to do that will help you to fulfill your destiny He has for you?
- 6. Read Mark 6:35-42. What change in activities happened with the disciples before then after Jesus multiplied the loaves and fish?

Leader note: The disciples went from being *advisors* and *accountants* (urging Jesus to send them away, counting the fish & loaves) to *servants*, handing out the food to the crowd.



If your group is large, suggest breaking up in smaller groups for these questions:

7. What lack of something is keeping you from doing something?

8. What area of your life is 'empty'? What can we pray for God to fill it? In other words, what lack of something is keeping you from doing something?

Take it Home:

Allow the Holy Spirit to speak to you and to bring his love and comfort into your life:

- 1. Ask the Holy Spirit to reveal to you any area in your life that is empty and needs God to fill it.
- 2. Then ask him what the truth is about that situation
- 3. Renounce any lie that you've believed based on that, confess any sin that you've held on to, and embrace God's truth
- 4. Thank him for his love and spend some time enjoying his presence

