# LIFE GROUP DISCUSSION GUIDE SUPERMAN – PART 4 HOW TO HEAL

Scripture: Mark 9:14-29

Pastor Miles McPherson, 02 Aug 2015

Pastor Miles began with observations that there are many signs of the times happening around us and it would be wise to be prepared <u>today</u> so we can be better equipped in the <u>future</u> to minister to our neighbors and community. This series on healing was about getting back into alignment with God's kingdom by overcoming the damage and hurt in our <u>past</u> through supernatural healing. We learned today there are many different ways Jesus healed by the authority and power of Heaven. Through the Holy Spirit working in us, we can also be a vessel of God's supernatural work. It is not a formula; it is a relationship. The only pattern Jesus used was that He trusted in God.

## MEMORY VERSES

"Heal me, O Lord, and I shall be healed; save me and I shall be saved, for You are my praise". Jeremiah 17:14

## **DISCUSSION STARTERS**

**1.** As a kid, almost all of us have tried tossing something trash can, (or some other random act of chance) and said to ourselves "If I make this shot, then \_\_\_\_\_\_(some positive thing would happen in the future)". EXAMPLE: If I make this piece of paper into the trash can, then I will get an "A" on the test today.

Share one of the things you have hoped for or predicted would happen based on making that random act of chance.

Compare a random act of chance being the predictor of an unrelated future event with the expectation of supernatural healing when we pray for someone.

2. In light of all the current events taking place around the world and here in the U.S., what would you say or include in a "State of the Christian Union" speech to encourage all the believers?



## STUDY QUESTIONS

READ the Scriptures from Sunday's Sermon:

#### Mark 9:14-29

- 1. Look at verses 14-16. Are there any people around you (unbelievers or religious) who try to hinder your faith or try to dispute with you when you are sharing the Gospel or the love of Christ? Share your experience.
- 2. Why do we wait to ask God for healing as a last resort?
- **3.** After asking God for healing, how do we show trust?
- 4. What are examples of being 'politically correct' verses being Biblically correct?
- **5.** How can we be examples of living Biblically compared to submitting to the pressure of being 'politically correct'?

BREAK UP INTO SMALLER GROUPS OF 2 OR 3 and share the following questions.

- **6.** In verse 24, the father asks Jesus to "help his unbelief". What areas do we have unbelief and how can we encourage those when there is some unbelief?
- 7. How can we be a fighter for God and not just a church attendee?
- **8.** Was there a time when there was frustration, anger or bitterness toward God that was causing some level of unbelief? How did you overcome that?

## PUT IT INTO PRACTICE

Activity 1 Have you ever said or heard someone say, "This is just how I am"? Discuss how this can go against God's desire to realign to His Kingdom purpose.

Activity 2 Ask if there are any volunteers to have hands put on them for healing (Physical, Emotional, Relational or Spiritual). Follow the prayer for healing model below.



## TAKE IT HOME!

### 4. Review Prayer for Healing Model:

- 1. Ask or describe what needs to be healed. Mark 9:21
- 2. Ask if you believe that God can heal. Mark 9:23

Say: "Jehovah Rapha, The Lord Who Heals, 'Loves you" Exodus 15:26

- 3. Ask if repentance is needed for anything like bitterness, a lack of faith, or resentment Mark 9:24
- 4. Invite the Holy Spirit to heal and restore.
- 5. Ask how you/or the person you are praying for feels. (it is OK if no instant response)

Listen to the praise song "I am healed" by Donald Lawrence: <a href="https://www.youtube.com/watch?v=FjDpAwG3Lts">https://www.youtube.com/watch?v=FjDpAwG3Lts</a>

#### **More Resources:**

Right Now Media https://www.rightnow.org

