



## LIFE GROUP DISCUSSION GUIDE

### TRUE LOVERS - PART 4

Luke 10:38-42

[WWW.SDROCK.COM/TRUELOVERS](http://WWW.SDROCK.COM/TRUELOVERS)

Pastor Miles McPherson – 10 May 2015

Today's message was about Quality Time; loving our God effectively; His way. Pastor Miles, explained that there is a correlation between how we love others and how we love God.

He also, impressed upon us that quality time is both for us and God; yet, ultimately the benefit is for us (to align with His Plan). Get excited!!!

For many of us we get caught up in the mechanics of Quality Time. This happens when we believe that time spent reading, praying, or worshipping is a tool or formula to achieve something else with God. It may be blessings, greater love or appreciation from Him. This results in us becoming disillusioned when circumstances don't go our way, or condemned when we don't follow through in our time with Him. Quality Time isn't the means to a greater goal, it is the goal! God's desire is for you to spend time with Him. It's not what you're doing that God is concerned about, He just wants you to be fully present, without distraction.

### MEMORY VERSES

Psalms 16:11 (NKJV)

You will show me the path of life;  
In Your presence *is* fullness of joy;  
At Your right hand *are* pleasures forevermore.

### DISCUSSION STARTERS

Look at Psalm 16:11. In the context of this verse, what are the purposes of spending Quality Time with God?

How can I improve my Quality Time with God and get past "the mechanics"? For instance, reading the Word, praying requests, singing songs, and etc without truly connecting with God in devotion?

Who has traveled overseas to another country? How many hours? Pastor Miles asked in his sermon if we would sit for hours (not that God requires it) to get that one Word from God? Share your thoughts.



## STUDY QUESTIONS

READ the Scriptures from Sunday's Sermon:

**Luke 1:38-42; John 8:28; John 5:19; and John 17:26**

1. The word does not imply that doing things or serving for the Lord is wrong, yet what is the benefit or blessing of just taking the time to sit at Jesus' feet?
2. Jesus says as we lift Him up or put Him first, we will not be alone and we will get the answer we need. Share a time when you received an answer from God, put it to action and were able to see God at work and you "marveled"?
3. As believers, do we have to figure it all out on our own? Explain.
4. What did Jesus declare for us to the Father? What is the benefit of Jesus declaration of the Father to us? Can we do anything in and of ourselves?
5. Share what God has shown you to do and it is a struggle? Can someone share some encouragement to him or her?

## PUT IT INTO PRACTICE

Activity 1: Everyone closes their eyes, sits silently, and asks God by way of your heart to speak to the group. Share what was impressed on your heart?

Activity 2: Imagine starting your day early alone with God. What would it look like if then God organized and coordinated your day?

Activity 3: Take out your smart phone, day planner, calendar and schedule recurring time with God. Share what you believe would be the best place to have quality time with God?

## TAKE IT HOME!

1. Take the 5 Love Languages Discovery Test at <http://www.5lovelanguages.com/profile/> or download the free app, E-books and study guides.
2. As you spend uninterrupted Quality Time in God's presence this week, write down/journal what the Lord speaks.  
Also, capture your response.

## WANT MORE?

Here are some great resources from Right Now Media to expand upon.

<https://www.rightnow.org/Content/VideoElement/98146>

<https://www.rightnow.org/Content/VideoElement/98130>

