## <u>S</u>MALL <u>G</u>ROUP <u>Q</u>UESTIONS

<u>Miles McPherson</u> December 24-25, 2005

## <u>A</u>NNOUNCEMENTS

**Care & Concern:** During the winter months, we receive more calls from individuals and families needing assistance. Although we have a benevolence fund available, the needs have already greatly surpassed our available resources. If you would like to donate grocery or gas cards, or even "adopt" a family for Christmas, contact <u>carib@therocksandiego.org</u> or x233.

An Update on Israel: Spend an evening with our former Small Group Pastor, Dan Stolebarger, as he gives us an update on what is going on in Israel. Recently Pastor Dan had the opportunity to tour Gaza before the pull out, as well as being invited to the Jerusalem Summit. Join us on **Tuesday, December 27** at 7 PM in the Sanctuary for an update on the US based Road Map to Peace and learn what you as a Christian can do for Israel today. To register, visit <u>www.therockuniversity.org</u>.

**Pre-New Year's Event:** Join us on **Friday, December 30** for a benefit dinner for the upcoming Women's Leadership Retreat. This retreat will be a weekend for the women on staff, pastor's wives, small groups, SISTERS, and Baby Rock leaders to be blessed for all they do to serve at the Rock. For just \$25 per person, you will help send our women of the Rock to this retreat at no cost to them. To register, contact karensutton@cox.net.

**New Small Group Leader Training:** If it is time for you to step up into a leadership role within small groups, join us for our New Leader Training. Two training times are available: Sunday, January 8 at 1:30 PM in the back of the sanctuary *or* Monday, January 9 at 7 PM in the Altar Call/Prayer Room. (You only need to attend one of the trainings.) To sign up, or for more information, contact carolyny@therocksandiego.org or x247.

**Rock Marriage Mentor Couples:** We're committed to helping couples and families live Christ-centered lives that will stand the test of time and leave a Godly legacy for future generations. Our Marriage Mentors will come alongside younger couples and help them to experience all that God has for their marriage and family. If you have been married for at least seven years and would like more information about serving as a mentor couple, stop by the Info Booth after service or email <u>melissak@therocksandieog.org</u> or x242.

**Romans, Part I:** Have you ever wondered what happens to people who die and have never heard the gospel? What about all the "good people"? Can a Christian lose his salvation? Pastor John Leeder will take you through a verse by verse study through Romans in three, six week sessions. This class will equip you to engage a culture that believes truth is relative rather than absolute. Learn to ask people what they believe and why, then challenge thir thinking with the concrete truth of God's Word. Session 1 begins **January 9** in the sanctuary. For more information, or to register, visit <u>www.rockuniversity.org</u>.

One of the best things about this time of year is that it's easier to be reflective. Every other time of the year life is so busy that it's hard to stop and just think about how it's all going. At the end of one year, though, and the beginning of another we stand at a crossroad and find it easier simply to think about our lives. That's what we are inviting you to do this week; quiet yourself and, as a group, take some time to "look back" and then "look forward."



One more thing: When we fail to stop and think about where we've been and how life is going, we often get into ruts (habits) that aren't healthy or productive. Most often we never intend to drop into these ruts; we just get there by default because we didn't choose another path. Take a little time to think about some of the habits you've developed in 2005 and whether or not you want to continue them in 2006.

- 1. Read Deuteronomy 4:9, 8:10-14. In these verses what does God tell His people to be sure to do?
- 2. What are some of the things you think God wants you to remember from 2005? Why are those things important to remember?
- 3. Think about some of the different parts of your life; your family, your spiritual life with God, your finances, your important relationships, your physical health. Are there any unhealthy ruts you've dropped into during 2005 that you'd like to get out of?
- 4. Are there any lifestyle choices from 2005 that you would like to be sure to continue and build on in 2006? What were some of the healthy and productive things you did in 2005 that you want to continue and build on in 2006?
- 5. Many people find it difficult to stay on track with their goals for a given year. How do you intend to stick to some of the changes that you would like to make for 2006?

