

FEATURED  
STORY



MARK BEAMISH WITH DAVE FRANCO

# INSTRUCTIONS FOR LIFE

A lost young man opens the Bible and finds a map

When my dad had died of cancer when I was 16, his sudden, permanent departure left me feeling even more incomplete than I already did as a confused teen. That's why the things that I had grown up to believe as important, suddenly weren't anymore. Like school. What was the point?

So, my brothers and I would get up in the morning and load our surf boards into our early 60s, blue, Ford Fairlane, and head on down to the beach knowing that we'd get to school when we darn well felt like it. Because in the water, sliding down the front of the waves off the north side of the pier felt exciting. Most of life didn't present anything like that. My hair was long, my body was tanned. The blondes who were also on the beach, with their long hair and tanned bodies looked good too, and for a young guy hoping for a little respite from a painful life, it was the perfect arrangement to take advantage of. And so, regrettably, I did.

READ THE FULL STORY AT [SDROCK.COM/STORIES](http://SDROCK.COM/STORIES)  
HAVE A STORY TO SHARE? VISIT [SDROCK.COM/MYSTORY](http://SDROCK.COM/MYSTORY)



## Why We Give?

God is the ultimate giver who gave the most precious gift imaginable, His Son, Jesus, to die on the cross for our sins. Our lives are transformed by the gospel of Christ, and the act of giving changes us, making us more like our generous Creator.

### WAYS TO GIVE

VISIT [SDROCK.COM/GIVE](http://SDROCK.COM/GIVE)  
TEXT "GIVE" TO 52525

Keep your information up to date:  
TEXT "UPDATE" TO 52525

### VOLUNTEER OPPORTUNITIES

## Cancer C.A.R.E.

Whether you are coping with a cancer diagnosis, know someone who has cancer, or you have a heart to help those fighting this disease- we are here to serve and support. Cancer C.A.R.E. is currently in need of volunteers to encourage others going through a difficult time.

SIGN UP BY EMAIL, [INFO@ROCKCANCERCARE.ORG](mailto:INFO@ROCKCANCERCARE.ORG)  
FOR MORE INFO, VISIT [SDROCK.COM/CANCERCARE](http://SDROCK.COM/CANCERCARE)



SENIOR PASTOR, ROCK CHURCH

## Miles McPherson

A former defensive back with the San Diego Chargers, Miles is the Senior Pastor of Rock Church and founder of DoSomethingChurch.org, a vibrant affiliation dedicated to establishing Pervasive Hope in communities through proactive community service.

Follow Miles on social media

@MILESMCPHERSON

/PASTOR.MILES.MCPHERSON

### LOCATIONS

Point Loma  
San Ysidro  
San Marcos  
City Heights  
East County  
Online  
Microsites

### STAY CONNECTED

/therocksandiego  
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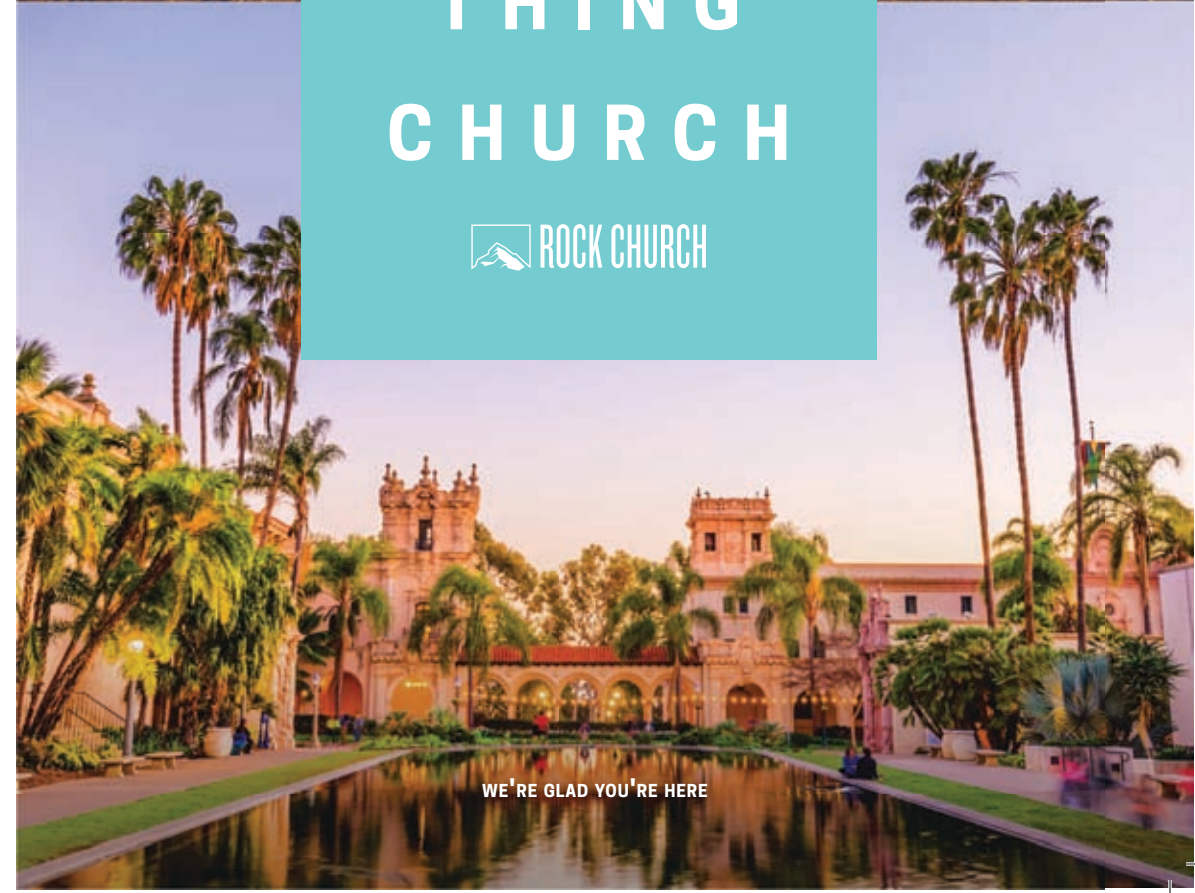


MISSION  
Save, Equip, Send

VISION  
Establish global pervasive hope



DO  
SOME-  
THING  
CHURCH



WE'RE GLAD YOU'RE HERE



Current Series  
[SDROCK.COM/ATTHEMOVIES](http://SDROCK.COM/ATTHEMOVIES)

SATURDAYS | DE ANZA COVE

## VOLLEYBALL MINISTRY

Enjoy the San Diego sun with us through friendly competition of volleyball! We desire to facilitate a welcoming environment to cultivate a nurturing Bible-based group of players who support one another in spiritual growth.

TO LEARN MORE, VISIT [SDROCK.COM/VOLLEYBALL](http://SDROCK.COM/VOLLEYBALL)



WE WANT TO CONNECT WITH YOU

## New Here?

We are so excited to have you here! To receive a special message with your next steps, **TEXT "CONNECT" TO 52525**



JULY 26 | 7PM | POINT LOMA

## Floodgate

Come worship our Heavenly Father as one church family. All our campuses are coming together to enjoy a Spirit-filled evening of praise led by our Floodgate worship team. Doors open at 6:30pm. Arrive early for seating and to spend time together! **FOR MORE INFO, VISIT [SDROCK.COM/FLOODGATE](http://SDROCK.COM/FLOODGATE)**

## GLOBAL EVENTS CALENDAR

July

**At The Movies Summer Series**  
All Campuses

July 9-12

**Rock Kids Summer Camp**  
Pinecrest Christian Conference Center  
[sdrock.com/kidscamp](http://sdrock.com/kidscamp)

July 11

**Rock School of Ministry Vision Night**  
7pm | City Heights Campus  
[rockschoolofministry.com](http://rockschoolofministry.com)

July 12-14

**Marriage Getaway**  
Hyatt Regency Indian Wells  
Text "GETAWAY" to 52525

July 26

**Floodgate**  
7pm | Rock Church Point Loma  
[sdrock.com/floodgate](http://sdrock.com/floodgate)

For more events and info, visit [sdrock.com/events](http://sdrock.com/events)



JULY 12-14 | HYATT REGENCY INDIAN WELLS RESORT AND SPA

## 2019 Marriage Getaway

Enjoy a relaxing weekend away while enriching your marriage. Experience conference sessions with best-selling authors, Jeff and Shaunti Feldhahn, who wrote the *For Women Only* and *For Men Only* book series. This getaway sells out every year, so be sure to register now!

**SIGN UP TODAY, TEXT "GETAWAY" TO 52525**

**IF YOU ACCEPTED JESUS TODAY, TEXT "SAVED" TO 52525**  
**SHARE THE GOSPEL MESSAGE WITH A FRIEND BY TEXTING "SHARE" TO 52525**

FIND YOUR PURPOSE AND PLACE

## LIFE Class

Get plugged into your Rock Church family! Experience our unique discipleship pathway. For more information and/or to register, **TEXT "LIFE" TO 52525**



VARIOUS LOCATIONS

## Join or lead an rGroup

Are you looking for community? rGroups are a great place to connect with others and build meaningful relationships. God didn't create you to live this Christian life on your own. Get plugged in!

**TEXT "RGROUPS" TO 52525 TO SIGN UP**

## Become a Do Something Disciple

A Discipleship Group (dGroup) is a closed group of 3-5 believers who meet together weekly for the purpose of accelerated spiritual transformation through discipleship and accountability. Download the study guide, reading questions, and dGroup journal. Enjoy the journey!

**TO START A DGROUP, TEXT "DISCIPLE" TO 52525**



AUGUST 9-11

MURRIATA HOT SPRINGS CHRISTIAN CONFERENCE CENTER

## 2019 Annual Women's Retreat

Join us for a relaxing time to be refreshed and restored in the Lord while enjoying thought-provoking conference sessions, unique workshops, powerful worship, pools/hotsprings, and more!

**\*SPANISH TRANSLATION IS AVAILABLE.**  
**TO REGISTER, TEXT "RETREAT" TO 52525**