



LONG WAILS OF WHY

My painful, glorious path to the leadership of the Sexual Abuse Recovery Ministry

She had always been a such a good girl. That is why when my daughter, upon reaching her teens, started to have angry, violent mood swings and was running away from home, I chalked it up to a teenage faze-a little last outburst before entering adulthood. I decided to sit idly by and wait it out.

But it was when I noticed cuts on her wrists that I knew it wasn't merely teenage angst that was initiating her behavior. My girl was in trouble.

When "the conversation" finally happened, I simply was not prepared for what she was about to tell me. My husband, her stepdad, had been doing to her all the things that lodge deep inside a mother and construct her deepest, darkest fears. I simply had no coping mechanism for what my precious daughter had experienced. She was prey for this man for years—someone I had brought into our home.

It was a mixture of guilt and aghast and regret & horror that shot through my soul...

READ THE FULL STORY AT SDROCK.COM/STORIES HAVE A STORY TO SHARE? VISIT SDROCK.COM/MYSTORY

I Will Rise, Rock Church's Sexual Abuse Recovery Ministry, ensures that each individual who has been sexually abused is nurtured through the healing process, understands God's love for them, and is transformed into who they were created to be.

For more information, visit SDROCK.COM/SEXUALABUSERECOVERY



JOB OPPORTUNITIES

Rock Church is hiring!

Apply now for the following positions:

- Marketing Project Manager
- Facilities Manager
- Human Resources Representative

VIEW ALL OPENINGS AT SDROCK.COM/JOBS

The Rock Pile is now available online! Purchase Bibles, books, decor, and more at rockpileonline.com

Why We Give?

God is the ultimate giver who gave the most precious gift imaginable, His Son, Jesus, to die on the cross for our sins. Our lives are transformed by the gospel of Christ, and the act of giving changes us, making us more like our generous Creator.

TEXT "GIVE" TO 52525

Keep your information up to date:



SENIOR PASTOR, ROCK CHURCH

A former defensive back with the San Diego Chargers, Miles is the Senior Pastor of Rock Church and founder of DoSomethingChurch.org, a vibrant affiliation dedicated to establishing Pervasive Hope in communities through proactive community service.

Miles McPherson

Follow Miles on social media

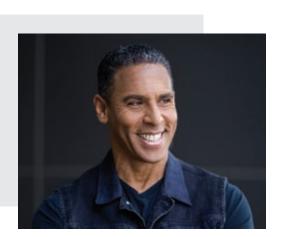
f /PASTOR.MILES.MCPHERSON

LOCATIONS

Point Loma San Ysidro San Marcos City Heights East County Online Microsites

STAY CONNECTED

- f /therocksandiego



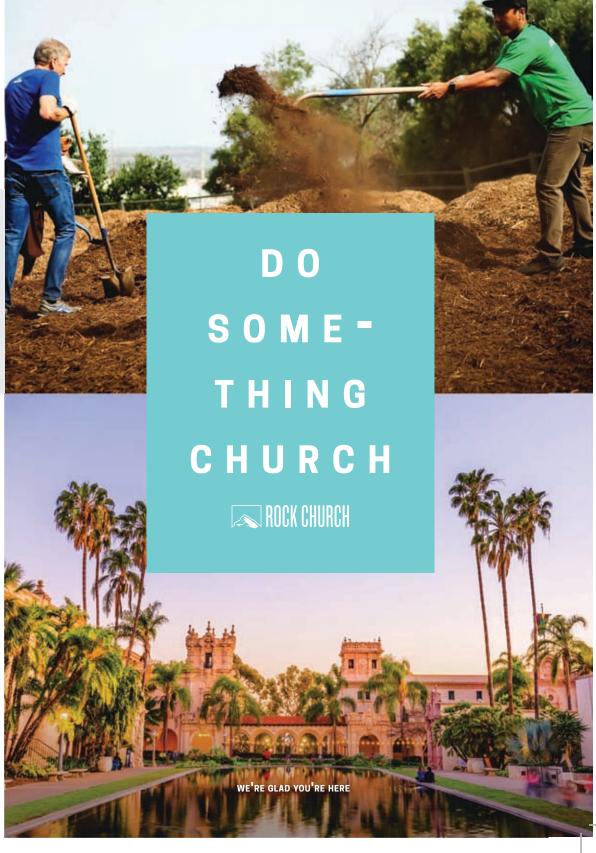
MISSION

Save, Equip, Send

Establish global

pervasive hope





WAYS TO GIVE

VISIT SDROCK.COM/GIVE

TEXT "UPDATE" TO 52525

WHEN BAD THINGS HAPPEN...

Current Series
SDROCK.COM/WHENBADTHINGSHAPPEN

GLOBAL EVENTS CALENDAR

June 24-28

Middle and High School Summer Camps

sdrock.com/youthcamp

June 24-28

At the Movies Build Week

All Campuses

June 30

At the Movies Begins

All Campuses

July 9-12

Rock Kids Summer Camp

Pinecrest Christian Conference Center sdrock.com/kidscamp

July 12-14

Marriage Getaway

Hyatt Regency Indian Wells sdrock.com/marriagegetaway

For more events and info, visit sdrock.com/events



OUR ANNUAL SUMMER SERIES, BEGINS NEXT SUNDAY

At the Movies

Join us all week at every campus as we transform our church lobbies into movie sets! Each campus has a different movie theme, and we need your help to design, build, paint, and set up. Bring the whole family; we have kid-friendly projects too! Register today to serve with your campus.

TO SIGN UP, TEXT "ATM" TO 52525

"SHARE" TO 52525

IF YOU ACCEPTED JESUS TODAY, TEXT "SAVED" TO 52525 SHARE THE GOSPEL MESSAGE WITH A FRIEND BY TEXTING JULY 12-14 I HYATT REGENCY INDIAN WELLS RESORT AND SPA

MARRIAGE GETAWAY 2019

Join us for a relaxing weekend away and a chance to invest in and enrich your marriage. Experience encouraging conference sessions, powerful worship date nights, and more.

HURRY, LESS THAN 20 TICKETS AVAILABLE!
REGISTER TODAY BY TEXTING "GETAWAY" TO 52525





WE WANT TO CONNECT WITH YOU

New Here?

We are so excited to have you here!
To receive a special message with your next steps, TEXT "CONNECT" TO 52525



FIND YOUR PURPOSE AND PLACE

LIFE Class

Get plugged into your Rock Church family! Experience our unique discipleship pathway. For more information and/or to register,

TEXT "LIFE" TO 52525



VARIOUS LOCATIONS

Join or lead an rGroup

Are you looking for community? rGroups are a great place to connect with others and build meaningful relationships. God didn't create you to live this Christian life on your own. Get plugged in!

TEXT "RGROUPS" TO 52525 TO SIGN UP



A Discipleship Group (dGroup) is a closed group of 3-5 believers who meet together weekly for the purpose of accelerated spiritual transformation through discipleship and accountability. Download the study guide, reading questions, and dGroup journal. Enjoy the journey!

TO START A DGROUP, TEXT "DISCIPLE" TO 52525





JULY 11 I 7PM I CITY HEIGHTS CAMPUS

Rock School of Ministry Vision Night

Do you want to live up to your potential and fulfill your purpose? Come out for a special evening to experience God and find out more about the Rock School of Ministry! Discover your God-given calling and get equipped to live it out.

FOR MORE INFO. VISIT ROCKSCHOOLOFMINISTRY.COM



JULY 9-12 I PINECREST CHRISTIAN CONFERENCE CENTER

Rock Kids Summer Camp

3rd-6th graders are invited to camp where they will build relationships and experience energetic worship while learning about Jesus. They will also enjoy games, crafts, the swimming pool, skatepark, and more!

REGISTER TODAY BY TEXTING "KIDSCAMP" TO 52525