



BY: CANDICE BUCKETT WITH DAVE FRANCO

HAIR AND SOUL

Hair stylist, Candice Buckett, conducts makeovers that touch ladies deep inside.

She hasn't had her hair done, or even touched, in years, maybe ever.

It turns out that she is the homeless woman who hasn't seen a mirror in a decade. Or the military wife with a house full of kids, a husband who is deployed, and not a moment for herself. Or the woman who is so poor, every penny is spent on her children—and it's still not enough. Or the prostitute trying to get out of the industry.

These are the women that Candice Buckett and her team of hair stylists love to serve by giving free haircuts that start by looking into the ladies' eyes and listening to them talk about their frustrations and hopes for their hair. Sometimes it's more than these women can wrap their minds around. Nobody has catered to them in their entire lives which has rather shaped their self-perceptions: that they were undeserving of that kind of loving attention.

And while Candice and her team of volunteers..

READ THE FULL STORY AT SDROCK.COM/STORIES
HAVE A STORY TO SHARE? VISIT SDROCK.COM/MYSTORY



WHEN WE GATHER

8am, 10am,
12pm, 6pm

Deaf interpretation available at 10am at Point Loma.

Spanish service has a new time beginning March 10:
Sundays at 2:30pm, East County.

Experience Rock Church online at SDROCK.COM/LIVE

Why We Give?

God is the ultimate giver who gave the most precious gift imaginable, His Son, Jesus, to die on the cross for our sins. Our lives are transformed by the gospel of Christ, and the act of giving changes us, making us more like our generous Creator.

WAYS TO GIVE

VISIT SDROCK.COM/GIVE

TEXT "GIVE" TO 52525

Keep your information up to date.

TEXT "UPDATE" TO 52525



SENIOR PASTOR, ROCK CHURCH

Miles McPherson

A former defensive back with the San Diego Chargers, Miles is the Senior Pastor of Rock Church and founder of DoSomethingChurch.org, a vibrant affiliation dedicated to establishing Pervasive Hope in their communities through proactive community service.

Follow Miles on social media

@MILESMCPHERSON

/PASTOR.MILES.MCPHERSON

LOCATIONS

Point Loma
San Ysidro
San Marcos
City Heights
East County
Online
Microsites

STAY CONNECTED

/therocksandiego

@therocksandiego

@therocksandiego

/therocksandiego



MISSION
Save, Equip, Send

VISION
Establish global
pervasive hope



HELP MAKE AN IMPACT IN SAN DIEGO

Rock Your City Event

Saturday, March 9 | All Locations



CURRENT SERIES

THE PURSUIT

CHASING THE HEART OF GOD

SDROCK.COM/THEPURSUIT

GLOBAL EVENTS CALENDAR

March 9
Rock Your City Event
All Campuses | sdrock.com/Ryce

March 14 and 15
Rock Academy Preview Days
March 14 at 6pm
March 15 at 8:30am
Point Loma | rockacademy.org

March 23
XO Marriage Conference
9am-4pm | Point Loma

March 25
Dave Ramsey's Smart Money Conference
6:30-9:15pm | Point Loma

May 16-18
Do Something Church Conference
East County
dosomethingchurch.org

For more events and info, visit sdrock.com/events

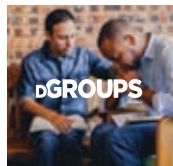


MINISTRY HIGHLIGHT

Youth Fishing

Fishing season is on the horizon and the team is excited to teach our youth the ins and out of fishing. Youth Fishing is a community outreach that introduces young people to Jesus and nurtures them through fishing fun and Bible lessons in a caring, family-centric atmosphere.

LEARN MORE AT SDROCK.COM/FISHING



Become a Do-Something Disciple

A Discipleship Group (dGroup) is a closed group of 3-5 believers who meet together weekly for the purpose of accelerated spiritual transformation through discipleship and accountability. Download the study guide, reading questions, and dGroup journal. Enjoy the journey!

TO START A DGROUP, TEXT "DISCIPLE" TO 52525

IF YOU ACCEPTED JESUS TODAY, TEXT "SAVED" TO 52525
SHARE THE GOSPEL MESSAGE WITH A FRIEND BY TEXTING "SHARE" TO 52525

Rock Your City

Help make an impact in San Diego.

Get involved and join in community service projects across San Diego to bless and beautify the city. Multiple opportunities will be available through each Rock Church Campus. This is a family-friendly event.

TO SIGN UP TO SERVE AT ANY OF THESE LOCATIONS, TEXT "RYCE" TO 52525.



SAN MARCOS

8am-12pm
Boys & Girls Club of San Marcos
1 Positive Pl.
San Marcos, CA 92069

POINT LOMA

7am-11am
SDPD Tactical Training Center
4230 Spruance Rd.
San Diego, CA 92101

EAST COUNTY

7am-10:30am
Cajon Valley Middle School
550 E Park Ave
El Cajon, CA 92020

SAN YSIDRO

7am-11am
San Ysidro High School
5353 Airway Rd
San Diego, CA 92154

CITY HEIGHTS

7am-11am
Manzanita Canyon
4300 Thorn Street
San Diego, CA 92105



WE WANT TO CONNECT WITH YOU

New Here?

We are so excited to have you here! To receive a special message with your next steps, **TEXT "CONNECT" TO 52525**



FIND YOUR PURPOSE AND PLACE

LIFE Class

Get plugged into your Rock Church family! Experience our unique discipleship pathway. For more information and/or to register, **TEXT "LIFE" TO 52525**



VARIOUS LOCATIONS

rGroups

God created us to have meaningful relationships. Join an rGroup today to enjoy heartfelt community and fellowship in a small group setting. To join or lead an rGroup, **TEXT "RGROUPS" TO 52525**