



BY MARGARET DIGGS WITH DAVE FRANCO

THIS HAPPENED TO ME

A woman breaks her 30+ year silence and takes back the power.

Finally, after several requests for me to visit, my former junior high music teacher set it up to where his wife would be there when I would be. I agreed to come, but praise and thank God, I had the sense to bring my girlfriend, Denise! When we showed up, he said his wife had stepped out for a while.

Thinking fast on his feet like most predators do, he found a way to separate us and when I found myself alone with him, he pinned me up against a brown kitchen cabinet, smashing my head against it, and there, he held my face and smothered me with the most disgusting, appalling, disrespectful, sickening, revolting, nauseating kiss. *What is this??? Do I deserve this for coming over? What will I tell Denise? Will I tell her or hide it?*

Terrified, I slapped him in the face, pushed him off, and ran out of the room. I told my friend nothing. In the moments after an assault, there is some sort of seeming safety in silence.

But time has moved on—more than 30 years have passed—and now it is time to break that silence. I have realized that in my silence I have agreed to a power imbalance. I have essentially given

READ THE FULL STORY AT [SDROCK.COM/STORIES](https://sdrock.com/stories)
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WHEN WE GATHER

8am, 10am,
12pm, 6pm

Deaf interpretation available at 10am at Point Loma campus.

Spanish service at 4pm at East County campus.

Experience Rock Church online
[SDROCK.COM/LIVE](https://sdrock.com/live)

Why We Give?

God is the ultimate giver who gave the most precious gift imaginable, His Son, Jesus, to die on the cross for our sins. Our lives are transformed by the gospel of Christ, and the act of giving changes us, making us more like our generous Creator.

WAYS TO GIVE

VISIT [SDROCK.COM/GIVE](https://sdrock.com/give)
TEXT “GIVE” TO 52525

Keep your information up to date.
TEXT “UPDATE” TO 52525



SENIOR PASTOR, ROCK CHURCH

Miles McPherson

A former defensive back with the San Diego Chargers, Miles is the Senior Pastor of Rock Church and founder of DoSomethingChurch.org, a vibrant affiliation dedicated to establishing Pervasive Hope in their communities through proactive community service.

Follow Miles on social media

@MILESMCPHERSON

/PASTOR.MILES.MCPHERSON

LOCATIONS

Point Loma
San Ysidro
San Marcos
City Heights
East County
Online
Microsites



MISSION

Save, Equip, Send

VISION

Establish global pervasive hope

STAY CONNECTED

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WE'RE GLAD YOU'RE HERE



CURRENT
SERIES

THE PURSUIT

CHASING THE HEART OF GOD

SDROCK.COM/THEPURSUIT

GLOBAL EVENTS CALENDAR

- February 3**
Superbowl Sunday
No 6pm Service
- February 4**
Rock School of Ministry
Spring Classes Begin
rockschoolofministry.com
- February 7 and 8**
Rock Academy Preview Days
8:30am or 6pm
rockacademy.org
- February 12**
Business Leaders Breakfast
7-8:30am | City Heights
sdrock.com/businessbreakfast
- February 24**
Global Baptisms
After 12pm Service
All Campuses
sdrock.com/baptism
- For more events and info,
visit sdrock.com/events



FEBRUARY 3

Superbowl Sunday

There will be no 6pm service on Superbowl Sunday.
Please plan to attend the 8am, 10am, or 12pm service.

IF YOU ACCEPTED JESUS TODAY, TEXT “SAVED” TO 52525
SHARE THE GOSPEL MESSAGE WITH A FRIEND BY TEXTING
“SHARE” TO 52525

MINISTRY HIGHLIGHT
ROCK SCHOOL OF MINISTRY
Spring Classes Start February 4
Come receive a deeper experience of God as we cultivate a radical pursuit of His Presence, deliver powerful and innovative training, and fully empower you to live your life each day with purpose.
TO LEARN MORE, VISIT ROCKSCHOOLOFMINISTRY.COM



FIND YOUR PURPOSE AND PLACE

LIFE Class

Get plugged into your Rock Church family!
Experience our unique discipleship pathway. For more information and/or to register, **TEXT “LIFE” TO 52525**



WE WANT TO CONNECT WITH YOU

New Here?

We are so excited to have you here!
To receive a special message with your next steps, **TEXT “CONNECT” TO 52525**



VARIOUS LOCATIONS

rGroups

God created us to have meaningful relationships.
Join an rGroup today to enjoy heartfelt community and fellowship in a small group setting. To join or lead an rGroup, **TEXT “RGROUPS” TO 52525**



Become a Do-Something Disciple

A Discipleship Group (dGroup) is a closed group of 3-5 believers who meet together weekly for the purpose of accelerated spiritual transformation. Start your dGroup this week! Be sure to download the study guide, reading questions, and dGroup journal. Enjoy the journey!
TO START A DGROUP, TEXT “DISCIPLE” TO 52525



TRAINING BEGINS FEBRUARY 28

Care Counseling

Start this six-week certification designed to train Care Counselors to provide encouragement, insight, and Biblical guidance to members during times of crisis and personal and family difficulties.

FOR MORE INFORMATION VISIT
SDROCK.COM/CARECOUNSELING



MARCH 25 | 6:30-9:15PM | POINT LOMA

Dave Ramsey’s Smart Money Event

Learn how to get out of debt, build wealth, and change your family tree forever. The Smart Money event will give you the momentum you need to kickstart your financial goals. Reserve your seats today!

TEXT “RAMSEY” TO 52525 AND USE PROMO CODE “THEROCK” FOR \$10 OFF YOUR TICKET.