

# UPDATE YOUR INFO!

Name ..... DOB .....

Address .....

City ..... State ..... Zip .....

Home Phone ..... Cell .....

Email .....

@ .....

Campus:  Pt. Loma  North County

- Male  Female  Married  
 Single  Widow(er)  Divorced  
 Military  Police  Firefighter

Name(s) and birthday(s) of household member(s):  
 .....  
 .....

## HOW DID YOU HEAR ABOUT US?

- Friend or Family  On the News  Radio  
 Social Media  Drive By  Web

Other .....  
 .....

TO SUBSCRIBE TO ENEWS, GO TO SDROCK.COM!

The Mission of the Rock Church is to Save, Equip and Send.



**Miles McPherson** is the Senior Pastor of the Rock Church and author of "Do Something! Make Your Life Count." He is also the founder of DoSomethingChurch.org, a vibrant affiliation of churches around the world dedicated to establishing Pervasive Hope in their communities through proactive community service. The Rock is one of the largest churches in the US and home to over 100 outreach ministries. In 2011, the Rock Church donated 235,286 hours of community service to the City of San Diego. FOLLOW MILES ON TWITTER: @MILESMCPHERSON

## SERVICES TIMES

**Sunday** • 8AM\* • 10AM\* • 12PM\* • 5PM\* • 7PM  
*Interpreting for the deaf is available at the 10AM service. Spanish translation available at the 12PM service.*  
*\*Rock Kids services are for Infants through 5th grade. Special Needs available at 10 AM and 12 PM.*

**High School // Junior High** • 10AM • 12PM • 5PM  
 For other Rock Church campuses, visit [sdrock.com](http://sdrock.com).

**RockTV: Sundays** • 11PM • **San Diego 6** // **Rock Radio: KPRZ 1210** • M-F 4:30PM

## OTHER RESOURCES


**Rockpile Bookstore & Dlush Lounge**  
[rockpilebookstore.com](http://rockpilebookstore.com) • 619.764.5282

**Rock Thrift Store**  
[rockthriftstore.com](http://rockthriftstore.com) • 619.876.4187.

**Preschool**  
[therockacademy.org](http://therockacademy.org) • 619.764.5205  
 Fully licensed, infant-to-5-year preschool.

**Rock Academy**  
[therockacademy.org](http://therockacademy.org) • 619.764.5200  
 WASC-accredited, college preparatory K-12 school.

**Impact195**  
 The Rock's School of Discipleship and Evangelism  
[i195.org](http://i195.org) • 619.764.5249

**Need prayer?** Contact [prayerrequest@sdrock.com](mailto:prayerrequest@sdrock.com)  
 **Free WiFi**  
 Rock Guest WiFi

## WAYS TO GIVE:

**GIVE NOW**

Drop off your gift envelope in the lobby.



**GIVE ONLINE**

For fast and convenient gifts visit [sdrock.com/give](http://sdrock.com/give)



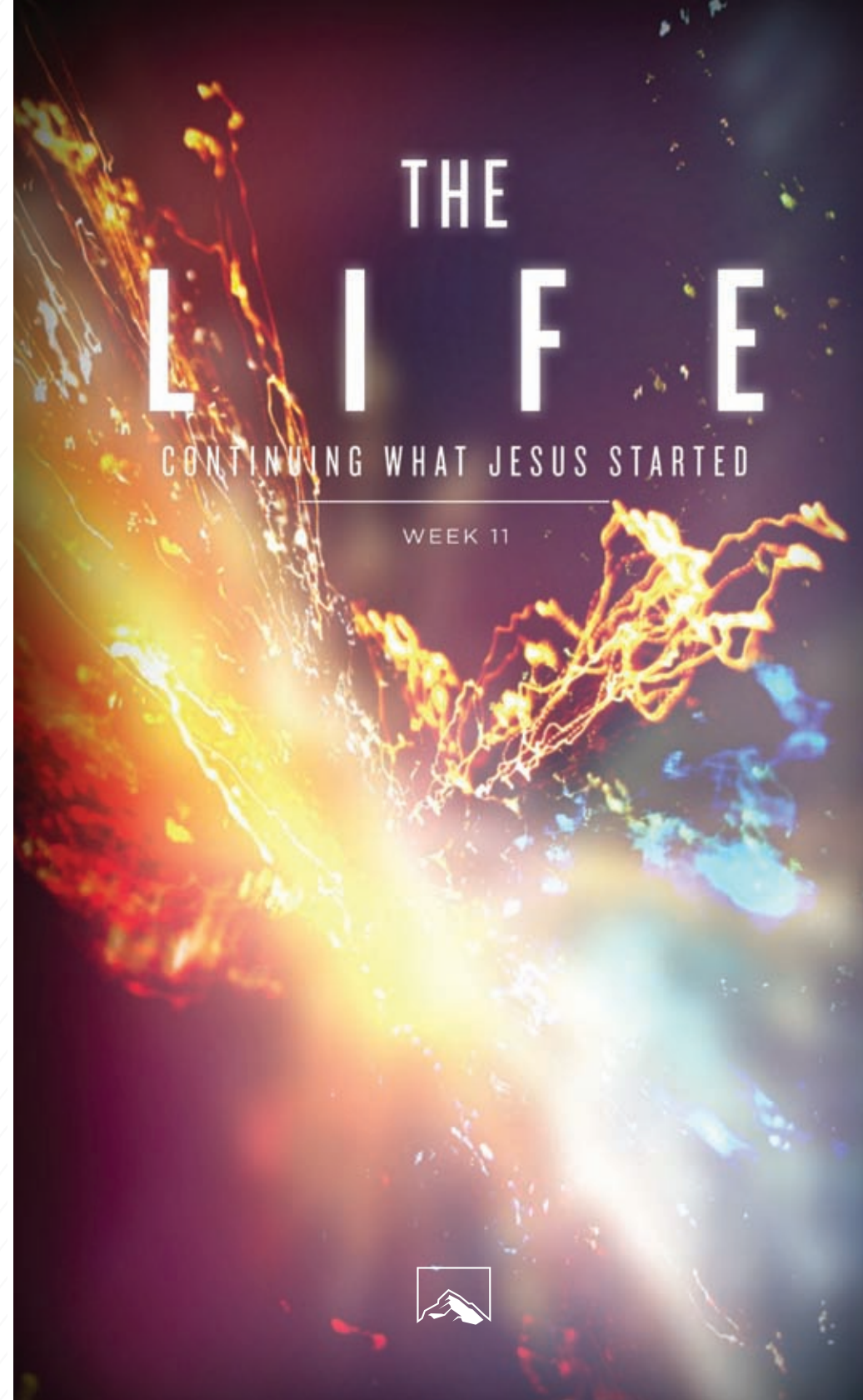
**TEXT GIVE 2**

Text or email your gift (i.e. 25) to [sdrock@mogiv.com](mailto:sdrock@mogiv.com)



CAN'T MAKE IT TO THE ROCK NEXT WEEK? WATCH US ONLINE OR ON THE GO!

619.226.ROCK • SDROCK.COM/LIVE



# THE LIFE

CONTINUING WHAT JESUS STARTED

WEEK 11



# GOOD FRIDAY

AT PETCO PARK  
 {PARK IN THE PARK}

## MARCH 29, 12PM SERVICE

Deaf interpretation

### WHAT TO EXPECT

- Great Worship
- Message by Pastor Miles
- Prayer & Encouragement
- Kids Activities
- Youth Area
- Food Trucks
- Resources & Support
- Blood Drive

### WHAT TO BRING

Blankets, chairs, family & friends, non-perishable food items

### DONATION ITEMS NEEDED

**March 17 & 24:**

Bring non-perishable food items, clothes, hygiene items (travel or full size), gift cards (grocery or gas) to Rock Park or the Launchpad in the parking lot on Historic Decatur Road.

FOR MORE INFO AND TO VOLUNTEER, GO TO [SDROCK.COM/GOODFRIDAY](http://SDROCK.COM/GOODFRIDAY)



OUTREACH

## BLOOD DRIVE

MARCH 24

This year, the Rock Church has committed to saving 1,300 lives through blood donation. We reached our goal last year and saved 1,176 lives! Sign up today in the lobby to secure your spot for next weekend's blood drive.

## Doll Ministry

The doll ministry needs willing hands to stuff and sew dolls for children in crisis. We give all of our dolls to the police and sheriff's departments to give to children who are present at either a car accident or a difficult situation. For more info, email us at [doll@sdrock.com](mailto:doll@sdrock.com) or visit us in the lobby today.

## HEAVENLY HANDS

Has God given you the talent to make things with your hands or do you have a desire to learn how? Then this ministry is for you! Join us for an informational meeting on Mar 23 in the community room at 9:30AM or stop by the lobby table for more info. You can also email us at [heavenlyhands@sdrock.com](mailto:heavenlyhands@sdrock.com).

## LUV EM UP

Join us as we Luvemup on Apr 6. We are providing fun, food, games and fellowship with adults with disabilities. Sign up as a volunteer or learn how you can support the event in other ways. Visit us in the lobby today or contact us at [life.dayprogram@gmail.com](mailto:life.dayprogram@gmail.com).

## SEXUAL ABUSE RECOVERY

Join us on Apr 4 at 6:30PM in Room 352 to hear personal testimony of God's redeeming love and experience the healing found in God's Word. Men and women seeking to heal from the effects of childhood sexual abuse are invited. For more info, email us at [iwillstand4u@sdrock.com](mailto:iwillstand4u@sdrock.com) or visit us in the lobby today.



# EAST COUNTY GROUND BREAKING

## UPCOMING EVENTS

MEN'S BIBLE STUDY // 3.19  
CAFETERIA • 6:30PM

WOMEN'S BIBLE STUDY // 3.20  
RM 232 • 6:30PM

JUNIOR HIGH 8-WEEK PURITY SERIES //  
3.12 & 3.13

GUYS • TUESDAYS • JR HIGH RM • 6:30PM  
GIRLS • WEDNESDAYS • RM 235 • 6:30PM

YOUNG ADULT GATHERING // 3.21  
WAREHOUSE • 7PM

BRIDAL FASHION SHOW // 4.4  
ROCK THRIFT STORE • 12PM

JR & SR HIGH BEACH CAMP // 4.1 - 4.3  
IMPERIAL BEACH

>>FOR MORE INFO & EVENTS VISIT  
[SDROCK.COM/EVENTS](http://SDROCK.COM/EVENTS)



## THE LIFE DVD SERIES

Pre-order your copy in the Rockpile for \$9.99!

## FREE BIBLE IMPRINTING

when you buy a Bible \$29 or more at the Rockpile!



Have you ever been to a groundbreaking ceremony? It's usually an event where businessmen, city fathers, press and a little

of the public come out to commemorate the beginning of the development of a building. There are photographers and caterers, and miniature models of what is to be built. That's how the world does a groundbreaking ceremony.

### But the Rock did things differently.

On March 9, 2013, the Rock celebrated the soon-to-be East County campus with a groundbreaking that included a giant party praising God for providing a way for the Rock to bring hope and healing in El Cajon. Come along with writer, Jody Costello, as she gives an account of the extraordinary event that was the East County Rock Church groundbreaking. Prepare to be blessed by stepping into God's plan mid-miracle.

Read more @ [sdrock.com/stories](http://sdrock.com/stories)



4-WEEK CLASSES THAT TRANSFORM YOUR LIFE  
SPRING CLASSES START APRIL 1  
[SDROCK.COM/ROCKU](http://SDROCK.COM/ROCKU)

## EASTER — AT THE — ROCK

SATURDAY, 03/30 • 5PM\* & 7PM\*  
SUNDAY, 03/31 • 8AM\*, 10AM\*, 12PM\*, 5PM\* & 7PM

Deaf interpretation at 10AM on Sunday.

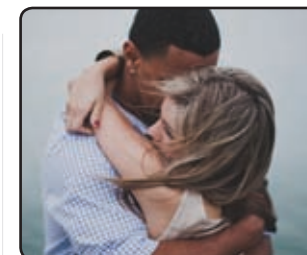
\*Rock Kids, our children's services, are for infants through 5th grade.

[SDROCK.COM/EASTER](http://SDROCK.COM/EASTER)



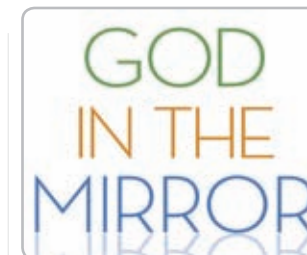
### DONATE YOUR VEHICLE!

Rock Thrift wants your cars, RVs, boats, and motorcycles! If you have a vehicle you would like to donate, contact us at 855.600.7625. We'll even come pick it up for free!



### MARRIAGE RETREAT IS COMING!

The 12th Annual Marriage Retreat is coming! Mark your calendars for June 7-9 for a weekend getaway with Pastor Miles and Debbie McPherson as we reignite passion behind "The Promise." Register now! Early bird special rate of \$365 until April 2. Cost beginning April 3 is \$390. Don't miss it! [sdrock.com/el1818](http://sdrock.com/el1818)



### GOD IN THE MIRROR SERIES

Join us for our next series, God in the Mirror, starting April 21. Pastor Miles will be teaching on how we were created, why we were created, what our true purpose is in life. Don't miss out on this exciting message series!



## GET CONNECTED. HOST A *GOD IN THE MIRROR* COMMUNITY GROUP!

Find community with others and strengthen your walk with God. Sign up and turn in at our kiosk in the lobby to reserve your leader kit today!

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

NEW GROUP  EXISTING GROUP

CAMPUS:  NC  PL  EC

COMMUNITY GROUPS  
[SDROCK.COM/COMMUNITY](http://SDROCK.COM/COMMUNITY)

IF YOU HAVE ANY QUESTIONS, ASK A ROCK SPECIALIST IN THE LOBBY. **ENJOY!**

[therocksandiego](https://www.facebook.com/therocksandiego)

[@therocksandiego](https://twitter.com/therocksandiego)