# UPDATE YOUR INFO!

Name	DOB		
Address			
City	State Zip		
Home Phone	Cell		
Email			
@			

Campus: 
Pt. Loma North County

🔲 Male	Female	Married
Single	☐ Widow(er)	Divorced
Military	Police	Firefighter

Name(s) and birthday(s) of household member(s):

#### HOW DID YOU HEAR ABOUT US?

Friend or Family	On the News	🔲 Radio
Social Media	Drive By	🗌 Web
Other		

The Mission of the Rock Church is to Save, Equip and Send.



Miles McPherson is the Senior Pastor of the Rock Church and author of "Do Something! Make Your Life Count." He is also the founder of DoSomethingChurch.org, a vibrant affiliation of churches around the world dedicated to establishing Pervasive Hope in their communities through proactive community service. The Rock is one of the largest churches in the US and home to over 100 outreach ministries. In 2011, the Rock Church donated 235,286 hours of community service to the City of San Diego. FOLLOW MILES ON TWITTER: @MILESMCPHERSON

**Rock Thrift Store** 

**Rock Academy** 

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rockthriftstore.com • 619.876.4187.

therockacademy.org • 619.764.5200

Rock Guest WiFi

Free WiFi

WASC-accredited, college preparatory K-12 school.

Need prayer? Contact prayerrequest@sdrock.com

#### SERVICES TIMES

Sunday • 8AM\* • 10AM\* • 12PM\* • 5PM\* • 7PM Interpreting for the deaf is available at the 10AM service. Spanish translation available at the 12PM service.

\*Rock Kids services are for Infants through 5th grade. Special Needs available at 10 AM and 12 PM.

High School //Junior High • 10AM • 12PM • 5PM For other Rock Church campuses, visit sdrock.com.

RockTV: Sundays • 11PM • San Diego 6 // Rock Radio: KPRZ 1210 • M-F 4:30PM

#### **OTHER RESOURCES**

**Rockpile Bookstore & Dlush Lounge** rockpilebookstore.com • 619.764.5282

Preschool therockacademy.org • 619.764.5205 Fully licensed, infant-to-5-year preschool.

#### Impact195

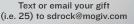
The Rock's School of Discipleship and Evangelism i195.org • 619.764.5249

#### WAYS TO GIVE:



HANKS







#### CAN'T MAKE IT TO THE ROCK NEXT WEEK? WATCH US ONLINE OR ON THE GO!

TO SUBSCRIBE TO ENEWS, GO TO SDROCK.COM!

619.226.ROCK • SDROCK.COM/LIVE

WEEK 7

THE

### NG WHAT JESUS STARTED

## RELATIONSHIP CONFERENCE



SINGLE DATING - O R -MARRIED

One of the key factors in successful relationships is understanding one another. Come hang out with us and get some answers from Jeff & Shaunti Feldhahn, authors of For Men Only and For Women Only.

Sign up by February 20 for a chance to win an iPad Mini or a free trip to the 2013 The Marriage Getaway!

## MARCH 2, 2013 // 9AM - 1PM Rock Church



Rancho Sordo Mudo, a Bible-based deaf residential school in Mexico, is home to over 50 kids each school year. They are in urgent need of food donations. Join us in helping them by bringing food items to the Deaf Ministry table in the lobby today and help us bless the children with their most basic needs. For more info, go to sdrock.com/e11687.

#### MARCH1 **IER'S LOVE IN ROOM 253** SUPPORT GROUP

Never Knew a Father's Love is partnering with author Dawn Oree to offer this life-changing, "Powerful Life Course." Participants will get the chance to go beyond the impact of growing up without a father's love and transform their lives! Join us March in room 253. For more information, contact Dawn Oree at dawnnae@gmail.com or come see us in the lobby today!

#### FRFF 2 2 A I D PHOTOGRAPHY

Did you get a new camera for Christmas and want to learn how to use it? Photopeeps is starting our Intro to Photography class on Feb 20 at 7PM in room 353. Learn basic tools to take fun, creative photos of the world around you. For more info, email photo@sdrock.com or visit us in the lobby today!

Volunteer on March 10! 100% of our net proceeds are used to fund volunteer community service projects in San Diego. Volunteer registration is FREE and includes a premium T-shirt, snacks, water, and community service hours! For more info and to register, visit schalfmarathon.com/get-involved or come see us in the lobby today!

#### GET YOUR BLOOD SUGAR TESTED!

The Diabetes Ministry will be checking your blood on Sunday, Feb 24 in the lobby after the 8AM, 10AM, 12PM, and 5PM services. For more info, email us at diabetes@sdrock.com or vivist us in the lobby today!

### THE UNEXPECTED GLIMPSE

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MEN'S BIBLE STUDY // 2.19 CAFETERIA • 6:30PM

WOMEN'S BIBLE STUDY // 2.20 RM 232 • 6:30PM

YOUNG ADULT GATHERING // 2.21 WAREHOUSE • 7PM



>>FOR MORE INFO & EVENTS VISIT SDROCK.COM/EVENTS



Visit Dlush Lounge this weekend to participate in our Valentine's Mystery Raffle. For every \$3 purchase, you get a ticket to win a love-inspired raffle box! You can also share the love on our V-Day Express Yourself Boards.

he nurse at the clinic was exhausted the day Robyn Hammond came in the door. hoping to change her life. When the nurse looked at Robyn's paperwork, she might have been too

tired to give it the proper attention and assumed more than she should have.

And so, with a simple mistake, she walked Robyn and her boyfriend, Vic, into the wrong room, sat Robyn down and gave her a quick look at the one thing that would indeed change her life, but in a way she never expected.

#### **READ MORE ABOUT ROBYN'S STORY AT**

SDROCK.COM/STORIES





## IN TY GROUNDERFAKING &

MARCH 9, 2013 4:30PM 805 JACKMAN ST. EL CAJON. CA 92020

Be a part of what God is doing in East County! Join us for a night of prayer and worship as we break ground at our new location in El Cajon. SDROCK.COM/E11790



CISM: SERVE AS A CHAPLAIN Rock Community Chaplains offer care to the community, workplace, co-workers and families who have personal and professional life challenges. Volunteer to serve on this amazing team! The CISM: Basic Chaplaincy Training Course is a prerequisite and covers the basics of faith-based ministry to help people in a time of crisis. Join us starting March 13 and apply online

at sdrock.com/ministries/chaplains.



MARRIAGE RETREAT IS COMING!

The 12th Annual Marriage Getaway coming! Mark your calendars for June 7-9 for a weekend getaway with Pastor Miles and Debbie McPherson as we reignite passion behind "The Promise". Register now! Early bird special rate of \$362 until April 2. Cost beginning April 3 is \$390. Don't miss it! sdrock.com/el1818

### IF YOU HAVE ANY QUESTIONS, ASK A ROCK SPECIALIST IN THE LOBBY. ENJOY!





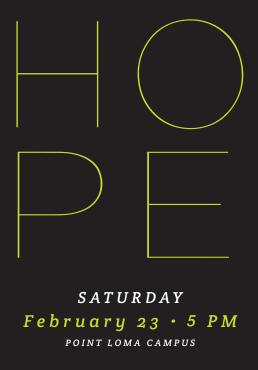
BENEFITS WOUNDED WARRIORS VISIT US IN THE LOBBY TODAY!

#### ROCK U | MARCH CLASSES

Grow in your relationship with God and dive deeper into the Word. Check out one of our 4-week classes at sdrock.com/rocku. Discover your Strengths - Angela Robles Discover your God-given worth - June Hunt Overcome Fear - Kirsten Strawn Foundations 100 - David Williams Foundations 300 - David Looney

🔰 @therocksandiego

#### 4<sup>th</sup> annual celebration of



Pastor Miles and the Rock staff invite you to our annual volunteer appreciation event.

Whether you served in a ministry regularly, supported a quarterly community event or volunteered in your local neighborhood, YOU are invited!

#### WHAT TO EXPECT:

- New York Times Best-selling author of Love Does, Bob Goff will be our guest speaker
- First 1,000 guests will receive a free copy of Love Does
- Delicious cuisine and **FREE** childcare

FOR MORE INFO AND TO RSVP, GO TO SDROCK.COM/E11722