STAY CONNECTED

Upda	ating my	information 🔲 l'I	m NEW!
Name DOB			
Address			
City		State	Zip
Home Phone		Cell	
Email			
<u>@</u>			
☐ Male ☐ Single ☐ Military		Female Widow(er) Police	☐ Married ☐ Divorced ☐ Firefighter
•••••			ehold member(s):
NEW WAYS TO CONNECT	facebook.com/ twitter: @ Find us on Facebook at facebook.com/therocksandiego Follow us on twitter at twitter.com/therocksandiego		
Frier	nd or Fam	ir about us? nily	_

Receive Rock News! [your email]"

The Mission of the Rock Church...

is to Save, Equip and Send out a motivated ARMY of believers who provide Pervasive Hope according to our DNA.



Miles McPherson is the Senior Pastor of the Rock Church and author of "Do Something! Make Your Life Count." He is also the founder of DoSomethingWorld.org, which unites churches, governments and organizations across the globe to be a catalyst for change in their own communities. The Rock is one of the largest churches in the US and home to over 100 outreach ministries. In 2011, the Rock Church donated 235,286 hours of community service to the City of San Diego.

SERVICES TIMES

Sunday • 8AM* • 10AM* • 12PM* • 5PM* • 7PM Interpreting for the deaf is available at the 10AM service.

*Rock Kids services are for Infants through 5th grade. Special Needs available at 10 AM and 12 PM.

Junior High • 10AM • 12PM • 5PM // **High School** • 5PM For other Rock Church campuses, visit sdrock.com.

RockTV: Sundays • 11PM • San Diego 6 // Rock Radio: KPRZ 1210 • M-F 4:30PM

OTHER RESOURCES

Rockpile Bookstore rockpilebookstore.com • 619.764.5282

Preschool

therockacademy.org • 619.764.5205 Fully licensed, infant-to-5-year preschool.

Need prayer? Visit: sdrock.com/prayer

Rock Thrift Store

rockthriftstore.com • 619.876.4187.

Rock Academy

therockacademy.org • 619.764.5200 WASC-accredited, college preparatory K-12 school.

?

Free WiFi Rock Guest WiFi

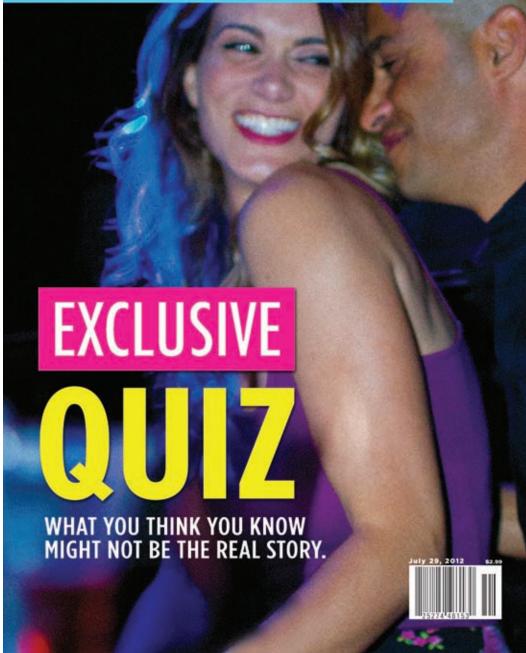
WAYS TO GIVE:

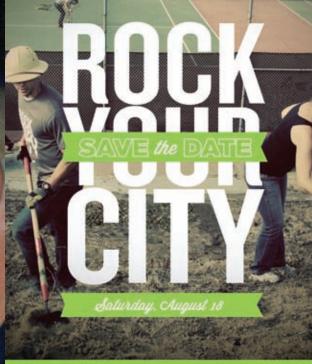


CAN'T MAKE IT TO THE ROCK NEXT WEEK? WATCH US ONLINE OR ON THE GO!

619.226.ROCK • SDROCK.COM/LIVE







Beautify

Help beautify school campuses throughout San Diego County!

Invest

Show students we care about their future.

Volunteer

Opportunities are available for all ages, so bring the whole family!

SCHOOL SITES: Mann Middle School, Lincoln High School, Gompers Preparatory Academy, Millennial Tech Middle School, Knob Hill Elementary School (San Marcos)

SDROCK.COM/E10592





ODAY // 8:30AM - 2:30PM

Last year, the Rock Church saved over 600 lives by giving blood. Help us reach 1,000 by donating blood TODAY. The blood drive is from 8:30AM - 2:30PM in Rock Park. Make your life count!

HOMELESS MINISTRY

_ _ _ _ _ _ _ _ _

Each year, Bread of Life hosts a six-week G.O.A.L.S. Fitness boot camp to raise funds for the homeless. Join professional trainers Aug 6 - Sept 10 in two- and three-day weekly sessions. All fitness levels welcome. Contact us directly at 619.286.0703 for more information or visit us in the lobby today!

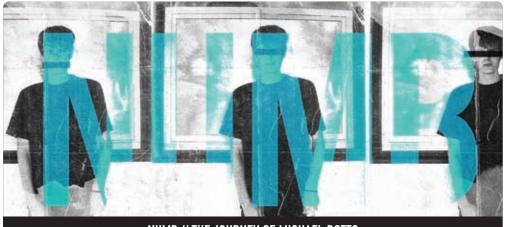
Do you know someone who could use prayer and a card of encouragement, hope, and love? Is that person you? Let us know your need and we'll send a tangible expression of hope. Contact us at hopesent@sdrock.com or at sdrock.com/ministries/hopesent.

•BASEBALL TRYOUTS•

If you have college or professional baseball experience and are looking for a ministry to serve in, the Baseball Ministry is looking for YOU! Tryouts for our three teams (playing in the SDABL 18+, 25+, and 35+ divisions) will be held Aug 4. For more information, contact John Cruz at 619,208,4602 or baseball@sdrock.com.



FRIDAY, AUGUST 17 AND 31 AT 6PM IN THE ROCK CAFETERIA NOEXPERIENCE NECCESARY! ZUMBA@SDROCK.COM.



NUMB // THE JOURNEY OF MICHAEL DOTTS

DISASTER RESPONSE ORIENTATION // TODAY COMMUNITY ROOM · 11:15AM

DISASTER RESPONSE ORIENTATION // 7.31 RM 223 · 6:30PM

> YOUNG ADULT GATHERING // 7.31 SANCTUARY · 7PM

> > WOMEN'S BIBLE STUDY // 8.1 RM 232 · 6:30PM

> > > MEN'S PRAYER // 8.4 CAFETERIA · 8AM

MENS "COURAGEOUS" STUDY & BREAKFAST // 8.4 CAFETERIA · 9AM

ROCK KIDS VOLUNTEER ORIENTATION // 8.5 RM 235 · 2:30PM

>>FOR MORE INFO & EVENTS VISIT

FAITHWORKS // 8.9

COMMUNITY ROOM · 6:30PM

SDROCK.COM/EVENTS

meth bender and there is only one thing on his mind: more.

he comes down, it has been three days since he has eaten or slept. He is laving in a motel bed he doesn't remember going to. And yet even though his body cries out for food and sleep, Michael is just coming off a

The journey of Michael Dotts, although he is just in his mid-twenties, is long and full of extraordinary pain.

In fact, it is so extreme that you might believe that someone with his experiences always had a penchant for living on the edge. Brash, Hard, Throwing caution to the wind.

But that isn't the case

Although Michael descended in to a hard-to-believe nightmare of drug abuse-requiring his body to hold up under remarkable strain, and his parents to hold up under unfathomable sorrow and fear-all that the man, who started out as a sweet, fourteen-year-old boy, was really after was to take the pain of a terrible memory and find a way to numb it.

READ MICHAEL'S INCREDIBLE JOURNEY AT

SDROCK.COM/STORIES

NEW SERIES

BEGINNING AUGUST 5

Have you ever watched a movie and realized there was a deeper meaning behind the story? In this new messages series, we will unpack why great movies work and how they reveal God's truth. After all, we are all characters on a journey that will end in an amazing finale that only God could direct and produce!





WORSHIP: OPEN AUDITIONS

Do you love to worship the Lord? The Worship Arts Ministry is holding open auditions for the band and choir. Opportunities exist for all levels. For deadlines and more information, visit sdrock.com/ministries/worship.



EXPOSED DVD ON SALE NOW

What you think about others may not be the real story! In this seven-week series, Pastor Miles asks, "Are we loving, or judging?" For a limited time, pick up your copy for only \$9.99 at the Rockpile or at rockpilebookstore.com



IN THE MOVIES: FAMILY EDITION

Join us for family movie nights in the Rock sanctuary starting Aug 10! It's fun for all ages as we watch Toy Story 3, Everybody's Hero, and Dolphin Tale. More info coming soon.

SUPPORT YOUR CHURCH

We invite you to join one of our teams, get connected within the Rock community and be a part of the Sunday

experience. Sign up today at sdrock.com/serve

Altar Call // Facilities // Follow Up // Rock Kids // Rockpile Bookstore // Rock Thrift Store // Hospitality // Parking // Prayer // Production // Security // Special Events // Student Ministries // Worship Arts

VISIT ROCK PARK TO SIGN UP



IF YOU HAVE ANY QUESTIONS, STOP BY THE INFO DESK. ENJOY THE SERVICE!



facebook.com/therocksandiego



SDROCK.COM/SERVE