

Fill out this form and drop it at the Info Booth in the lobby.

### Updating my information I'm NEW!

Name	DOB
Address	
City	State Zip
Home Phone	Cell
Email	
@	

## Campus: Pt. Loma North County

🗌 Male	Female	Married
Single	☐ Widow(er)	Divorced
Military	Police	Eirefighter

Name(s) and birthday(s) of household member(s):

```
facebook.com/
twitter: @ .....
```

Find us on Facebook at facebook.com/therocksandiego

Follow us on twitter at twitter.com/therocksandiego

How did you hear about us?

Friend or Family	🗌 On the News	🗌 Radio
🗌 Social Media	🗌 Drive By	🗌 Web
Other		

Receive Rock News! Text "SDROCK [your email]" to 95495.

### The Mission of the Rock Church...

is to Save, Equip and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.



Miles McPherson is the Senior Pastor of the Rock Church and author of Do Something! Make Your Life Count. He is also the founder of DoSomethingWorld.org, which unites churches, governments and organizations across the globe to be a catalyst for change in their own communities. The Rock is one of the largest churches in the US and home to over 100 outreach ministries. In 2011, the Rock Church donated 235,286 hours of community service to the City of San Diego.

# SERVICES TIMES

Sunday • 8AM\* • 10AM\* • 12PM\* • 5PM\* • 7PM Interpreting for the deaf is available at the 10AM service.

\*Rock Kids services are for Infants through 5th grade. Special Needs available at 10 AM and 12 PM.

Junior High • 10AM • 12PM • 5PM // High School • 5PM & 7PM For other Rock Church campuses, visit sdrock.com.

RockTV: Sundays • 11PM • San Diego 6 // Rock Radio: KPRZ 1210 • M-F 4:30PM

# **OTHER RESOURCES**

**Rockpile Bookstore** rockpilebookstore.com • 619.764.5282 **Rock Thrift Store** rockthriftstore.com · 619.876.4187.

Rock Academy

Preschool therockacademy.org • 619.764.5205 Fully licensed, infant-to-5-year preschool.

WASC-accredited, college preparatory K-12 school. R Free WiFi Rock Guest WiFi

therockacademy.org • 619.764.5200

**Need prayer?** Visit: sdrock.com/prayer

WAYS TO GIVE: Drop off your envelope in the lobby.

🖉 CAMPAIGN GOAL: \$30 MILLION >>>

🔵 PLEDGED TO DATE: \$20.6 MILLION 🗡

CASH RECEIVED TO DATE: SI 03 MILLION



Text or email amount to sdrock@mogiv.com



619.226.ROCK • SDROCK.COM/LIVE

CAN'T MAKE IT TO THE ROCK NEXT WEEK. WATCH US ONLINE OR ON THE GO!

HOPE MONTHLY UPDATE: MAY 2012

# **CITY HEIGHTS**

# **REGISTER TO**

Join us on Saturday, June 23, from 7AM - IPM as we paint and landscape Colina del Sol Park and Recreation Center. SDROCK.COM/EI0237





Award-winning author Judy Duarte is back to fellowship with and educate the Rock Church Writers Ministry. Join us Thursday, June 21 in Rm 355 from 6:30PM - 8:30PM.

# LUV-EM-UP

Luv-Em-Up Ministry serves the physically and developmentally disabled. Learn how you can support or volunteer for this joyful ministry by visiting their table in the lobby today. For info, visit sdrock.com/ministries/luvemup.

Are you single and 30+? Plug into the MACs Ministry (Mature Accountable Christian Singles) for fun summer 2012 events and happenings. We meet every other Saturday at 6:30PM in RM 232 at the Rock. Visit us here: sdrock.com/ministries/macs or come see us in the lobby.

# FOOD FOR YOUR TEMPLE

# THURSDAYS & SATURDAYS

Nutrition has been linked to cancer prevention, pain relief, ADHD therapy and more. Join the Nutrition Ministry Thursdays 6:30PM - 9PM and Saturdays 11AM - 12:30PM to learn what God's food can do for your body, His temple! For info, email nutrition@sdrock.com.

# **COACHES MINISTRY BIBLE STUDY**

All coaches welcome, at every level. We're looking forward to GREAT fellowship and exchange of coaching ideas. Mark vour calendar with our Summe dates: June 20, July 25 and August 29. 7PM -8PM @ the Rock. 3rd Floor.

**JUNE 2012 K** HERO C A

> t's rare that someone comes back from something as devastatingly brutal as what Jessica Yaffa went through. Extreme control that borders on imprisonment. Verbal grenades. Hitting. Stalking. Threats. Beatings. Unspeakable violence and violation. If they live, most people will go into survival mode for the rest of their lives. Memories have a way of becoming demons. If there is any normalcy, it is for brief moments before they must return to the battlefield in their mind.

> But Jessica's life does not follow convention. She has not only survived, she is proof that even ashes can find new life.

Today she has represented hope and healing to more than 5,000 victims of domestic violence as the leader of the Rock's H.E.A.L.I.N.G. Ministry. It's the result of one man's intent to destroy his wife and God's intent to cause "everything to work together for the good to those who love God and are called according to his purpose."

### READ JESSICA'S POWERFUL STORY AT:

SDROCK.COM/HEROES



FATHER'S DAY SALE 10% OFF // TODAY

ROCKPILE · ALL 5 SERVICES

CANCER C.A.R.E. SUPPORT GROUP // 6.18

MENS WORSHIP & TEACHING // 6.19

1825 IN BOCK SANCTUARY // 6.19

ROCK RECOVERY MEETING // 6.20

SDROCK.COM/EVENTS

>>FOR MORE INFO & EVENTS VISIT

2ND FLOOR · 6:30PM

CAFETERIA · 6:30PM

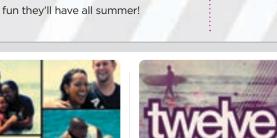
SANCTUARY · 7PM

WORSHIP NIGHT // 6.19

RM 232 · 7PM

RM 351 · 7PM

Now accepting applications for the 2012-13 school year. The Rock Academy is a WASC accredited college preparatory school for K-I2. They also offer a dynamic preschool 6 weeks - 5 years old. For more info on tours, call 619.764.5200 or visit www.therockacademy.org.



**JUNE 25-28** 

Bring your kids K-5th grade in the

2012 - 2013 school year for the most



# BAPTISMS JUNE 18

If you have accepted Christ as your Lord and Savior but have never been baptized. register today to make a joyful public proclamation of faith Monday, June 18, at 6PM. De Anza Cove! For more info, visit www.sdrock.com/events/10328.

# **TWELVE LEADERSHIP TRAINING**

Are you a high school grad, ready for a life-changing, nine-month "gap year" experience? Become one of the Rock's TWELVE! Focus on Christ-likeness, learning ministry while traveling for assemblies and outreaches. Space is limited! Apply at TWELVEEXPERIENCE.ORG. Also, can you open your home to a TWELVE student? Contact Chad at 619.226.ROCK.

# IF YOU HAVE ANY QUESTIONS, STOP BY THE INFO DESK. ENJOY THE SERVICE!





coaches@sdrock.com







# JOIN A SMALL GROUP

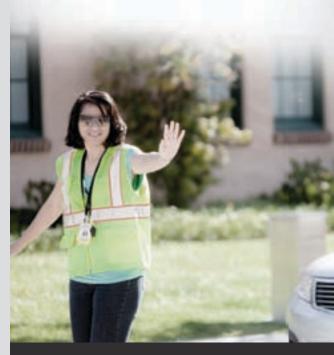
Get connected! If you are not currently a part of a small group and would like to join, host or lead one, contact us at smallgroups@sdrock.com.

twitter.com/therocksandiego

# **SUPPORT YOUR CHURCH** VOI UNTEER SUNDAYS

We invite you to join one of our teams, get connected within the Rock community and be a part of the Sunday experience. Sign up today at sdrock.com/serve.

Altar Call // Facilities // Follow Up // Rock Kids // Rockpile Bookstore // Rock Thrift Store // Hospitality // Parking // Production // Security // Special Events // Student Ministries



# SDROCK.COM/SERVE