Fill out this form and drop it at the Info Booth in the lobby. ☐ Updating my information ☐ I'm NEW! Home Phone Campus: Pt. Loma North County ☐ Male □ Female ☐ Single ☐ Widow(er) ☐ Divorced ☐ Military ☐ Police Firefighter Name(s) and birthday(s) of household member(s): facebook.com/ Find us on Facebook at facebook.com/therocksandiego Follow us on twitter at twitter.com/therocksandiego How did you hear about us? ☐ Friend or Family ☐ On the News ☐ Radio Social Media Drive By

## The Mission of the Rock Church...

is to Save, Equip and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.



Miles McPherson is the Senior Pastor of the Rock Church and author of Do Something! Make Your Life Count. He is also the founder of DoSomethingWorld.org, which unites churches, governments and organizations across the globe to be a catalyst for change in their own communities. The Rock is one of the largest churches in the US and home to over 100 outreach ministries. In 2011, the Rock Church donated 235,286 hours of community service to the City of San Diego.

# **SERVICES TIMES**

Sunday • 8AM\* • 10AM\* • 12PM\* • 5PM\* • 7PM Interpreting for the deaf is available at the 10AM service.

\*Rock Kids services are for Infants through 5th grade. Special Needs available at 10 AM and 12 PM.

Junior High • 10AM • 12PM • 5PM // High School • 5PM & 7PM For other Rock Church campuses, visit sdrock.com

RockTV: Sundays • 11PM • San Diego 6 // Rock Radio: KPRZ 1210 • M-F 4:30PM

# **OTHER RESOURCES**

Rockpile Bookstore

rockpilebookstore.com • 619.764.5282

therockacademy.org • 619.764.5205 Fully licensed, infant-to-5-year preschool.

Need prayer? Visit: sdrock.com/prayer

**Rock Thrift Store** 

rockthriftstore.com • 619.876.4187.

Rock Academy

therockacademy.org • 619.764.5200 WASC-accredited, college preparatory K-12 school.



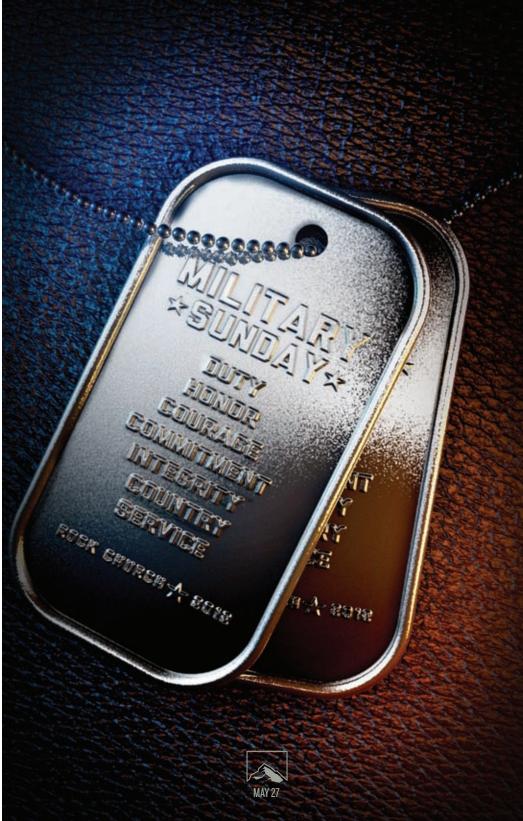
Free WiFi Rock Guest WiFi

# **WAYS TO GIVE:**

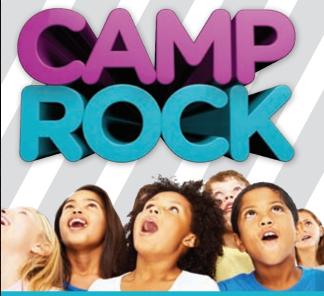


CAN'T MAKE IT TO THE ROCK NEXT WEEK. WATCH US ONLINE OR ON THE GO!

619.226.ROCK • SDROCK.COM/LIVE



**ROCK KIDS PRESENTS** 



# IT'S THE **BEST WEEK OF SUMMER! JUNE 25-28**

Bring your kids who are entering kindergarten through 5th grade in the 2012-2013 school year for high energy, fun and interactive activities.

# **SIGN UP NOW**

TO GET THE EARLY BIRD DISCOUNT! SDROCK.COM/E10131

\*Volunteers needed.

Receive Rock News! Text "SDROCK [your email]" to 95495.

# DUTREACH

# Wow your Husband Join us Wednesday, June 6 from 7-8:30PM at

Rock San Diego in Rm 232. Hear a message from best-selling author and speaker, Pam Farrel. Preregister at: love-wise.com/wow. Only \$13 - \$15 at the door. Price includes a copy of "52 Ways to Wow Your Husband," door prizes, music, fun, food and friendship. Visit us in the lobby today!

We're dedicated to reaching the community through drum performance. If you play, used to play or want to learn more, visit sdrock.com, facebook.com/RockDrumLine or visit us in the lobby.

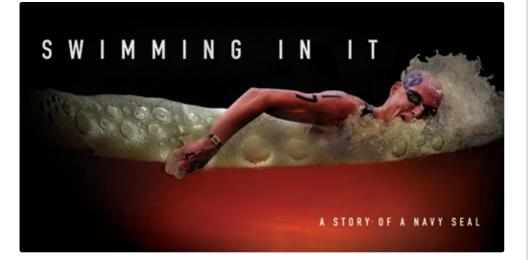


# **COLLEGE & HIGH SCHOOL GIRLS**

College and high school girls, if you love to cheer, come join the Cheer Ministry for an informational meeting & mini practice on Saturday morning, June 2 at the Rock, Rm 235, 11:30AM - 1PM. For

# Runners & Triathletes Ministry

Join the Runners & Triathletes Ministry and VOLUNTEER to assist with the San Diego Rock 'n' Roll Marathon (June 2) and/or Philip Rivers 5K (June 16). Many positions available. Visit the LOBBY TABLE TODAY or go to: www. sdrock.com/ministries/runners.



# 30% OFF ROCKPILE FOR ALL MILITARY // 5.27

ROCKPILE • ALL 5 SERVICES

# MENS WORSHIP & TEACHING // 5.29

CAFETERIA · 6:30PM

# 1825 IN SANCTUARY // 5.29

SANCTUARY • 7PM

# WOMENS WORSHIP & TEACHING // 5.31 COMMUNITY ROOM • 6:30PM

CHRISTIANITY EXPLORED CLASS // 5.31 RM 223 · 6:30PM



6.16 · LIBERTY STATION NTC PARK · 1PM - 4PM.

>>FOR MORE INFO & EVENTS VISIT SDROCK.COM/EVENTS

When you're a champion swimmer, one has to endure ridiculous amounts of pain to get through one lung-crunching practice, let alone a lifetime full. Perhaps it's that appetite for the "extreme" that drew Andrew, a world-class swimmer and future Navy SEAL, into a level of alcoholism that most would never let themselves believe was even a remote possibility.

Now all he had to do was to take stock of what and who he had become, and fight his way out of his addiction. Just one problem. He didn't even know he had an addiction.

**READ MORE ABOUT ANDREW'S STORY HERE** 

SDROCK.COM/STORIES







# COUNSELOR'S TRAINING

Care for the needs of our church and community! You must attend all three training sessions to apply to be a Rock Care Counselor. June 7 - 9. Pre-registration is required. FREE. Visit sdrock.com/ministries/careandconcern/ lavcounselortraining for times and locations.

# SUPERHERO FOOD DRIVE

Bank, donations will be collected throughout May. Drop off canned goods in the red barrels! sdrock.com/e9990



# SAVE THE DATE

Be a SUPERHERO! Fill up your Pervasive Join us on Saturday, June 23 from 7AM - IPM Hope bag with canned goods and help us as we paint and landscape Colina del Sol Park provide 25,000 meals to hungry people in and Recreation Center. Details on how you San Diego. Benefiting the San Diego Food can sign up to volunteer coming soon!

# **SUPPORT** YOUR CHURCH

We invite you to join one of our teams, get connected within the Rock community and be a part of the Sunday experience. Sign up today at sdrock.com/serve

Altar Call // Facilities // Follow Up // Rock Kids

// Rockpile Bookstore // Rock Thrift Store // Hospitality // Parking // Production // Security

// Special Events // Student Ministries



SDROCK.COM/SERVE

IF YOU HAVE ANY QUESTIONS, STOP BY THE INFO DESK. ENJOY THE SERVICE!



