

# STAY CONNECTED

Fill out this form and drop it at the Info Booth in the lobby.

Updating my information  I'm NEW!

Name ..... DOB .....

Address .....

City ..... State ..... Zip .....

Home Phone ..... Cell .....

Email .....

@ .....

Campus:  Pt. Loma  North County

- Male  Female  Married  
 Single  Widow(er)  Divorced  
 Military  Police  Firefighter

Name(s) and birthday(s) of household member(s):

.....  
 .....

NEW WAYS TO CONNECT

facebook.com/ .....

twitter: @ .....

Find us on Facebook at  
[facebook.com/therocksandiego](http://facebook.com/therocksandiego)

Follow us on twitter at  
[twitter.com/therocksandiego](http://twitter.com/therocksandiego)

How did you hear about us?

- Friend or Family  On the News  Radio  
 Social Media  Drive By  Web

Other .....

Receive Rock News! Text "SDROCK [your email]" to 95495.

**The Mission of the Rock Church...**  
 is to Save, Equip and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.



**Miles McPherson** is the Senior Pastor of the Rock Church and author of Do Something! Make Your Life Count. He is also the founder of DoSomethingWorld.org, which unites churches, governments and organizations across the globe to be a catalyst for change in their own communities. The Rock is one of the largest churches in the US and home to over 100 outreach ministries. In 2011, the Rock Church donated 235,286 hours of community service to the City of San Diego.

## SERVICES TIMES

**Sunday** • 8AM\* • 10AM\* • 12PM\* • 5PM\* • 7PM  
*Interpreting for the deaf is available at the 10AM service.*

*\*Rock Kids services are for Infants through 5th grade. Special Needs available at 10 AM and 12 PM.*

**Junior High** • 10AM • 12PM • 5PM // **High School** • 5PM & 7PM  
 For other Rock Church campuses, visit [sdrock.com](http://sdrock.com).

**RockTV: Sundays** • 11PM • **San Diego 6** // **Rock Radio: KPRZ 1210** • M-F 4:30PM

## OTHER RESOURCES

**Rockpile Bookstore**  
[rockpilebookstore.com](http://rockpilebookstore.com) • 619.764.5282

**Rock Thrift Store**  
[rockthriftstore.com](http://rockthriftstore.com) • 619.876.4187.

**Preschool**  
[therockacademy.org](http://therockacademy.org) • 619.764.5205  
 Fully licensed, infant-to-5-year preschool.

**Rock Academy**  
[therockacademy.org](http://therockacademy.org) • 619.764.5200  
 WASC-accredited, college preparatory K-12 school.

Need prayer? Visit: [sdrock.com/prayer](http://sdrock.com/prayer)



## WAYS TO GIVE:

<h3>GIVE NOW</h3> <p>Drop off your gift envelope in the lobby.</p> 	<h3>GIVE ONLINE</h3> <p>For fast and convenient gifts visit <a href="http://sdrock.com/give">sdrock.com/give</a></p> 	<h3>TEXT GIVE 2</h3> <p>Text or email your gift (i.e. 25) to <a href="mailto:sdrock@mogiv.com">sdrock@mogiv.com</a></p> 
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**CAN'T MAKE IT TO THE ROCK NEXT WEEK. WATCH US ONLINE OR ON THE GO!**

619.226.ROCK • [SDROCK.COM/LIVE](http://SDROCK.COM/LIVE)



ROCK KIDS PRESENTS

# CAMP ROCK



**IT'S THE BEST WEEK OF SUMMER! JUNE 25-28**

Bring your kids who are entering kindergarten through 5th grade in the 2012-2013 school year for high energy, fun and interactive activities.

**SIGN UP NOW**

TO GET THE EARLY BIRD DISCOUNT!  
[SDROCK.COM/E10131](http://SDROCK.COM/E10131)

\*Volunteers needed.





# OUTREACH

**Wow your Husband**

Join us Wednesday, June 6 from 7-8:30PM at Rock San Diego in Rm 232. Hear a message from best-selling author and speaker, Pam Farrel. Pre-register at: [love-wise.com/wow](http://love-wise.com/wow). Only \$13 - \$15 at the door. Price includes a copy of "52 Ways to Wow Your Husband," door prizes, music, fun, food and friendship. Visit us in the lobby today!

## DRUMLINE

We're dedicated to reaching the community through drum performance. If you play, used to play or want to learn more, visit [sdrock.com](http://sdrock.com), [facebook.com/RockDrumLine](https://facebook.com/RockDrumLine) or visit us in the lobby.



## COLLEGE & HIGH SCHOOL GIRLS

College and high school girls, if you love to cheer, come join the Cheer Ministry for an informational meeting & mini practice on Saturday morning, June 2 at the Rock, Rm 235, 11:30AM - 1PM. For more info, email [cheer@sdrock.com](mailto:cheer@sdrock.com).

## Runners & Triathletes Ministry VOLUNTEERS NEEDED

Join the Runners & Triathletes Ministry and VOLUNTEER to assist with the San Diego Rock 'n' Roll Marathon (June 2) and/or Philip Rivers 5K (June 16). Many positions available. Visit the LOBBY TABLE TODAY or go to: [www.sdrock.com/ministries/runners](http://www.sdrock.com/ministries/runners).



## UPCOMING EVENTS

30% OFF ROCKPILE FOR ALL MILITARY // 5.27  
ROCKPILE • ALL 5 SERVICES

MENS WORSHIP & TEACHING // 5.29  
CAFETERIA • 6:30PM

1825 IN SANCTUARY // 5.29  
SANCTUARY • 7PM

WOMENS WORSHIP & TEACHING // 5.31  
COMMUNITY ROOM • 6:30PM

CHRISTIANITY EXPLORED CLASS // 5.31  
RM 223 • 6:30PM



6.16 • LIBERTY STATION NTC PARK • 1PM - 4PM.

>>FOR MORE INFO & EVENTS VISIT  
[SDROCK.COM/EVENTS](http://SDROCK.COM/EVENTS)

When you're a champion swimmer, one has to endure ridiculous amounts of pain to get through one lung-crunching practice, let alone a lifetime full. Perhaps it's that appetite for the "extreme" that drew Andrew, a world-class swimmer and future Navy SEAL, into a level of alcoholism that most would never let themselves believe was even a remote possibility.

Now all he had to do was to take stock of what and who he had become, and fight his way out of his addiction. Just one problem. He didn't even know he had an addiction.

READ MORE ABOUT ANDREW'S STORY HERE

[SDROCK.COM/STORIES](http://SDROCK.COM/STORIES)



The Rock Church wants to honor all service members past and present along with their families. Join us between services for a special reception hosted by the Military Ministry in the community room to meet Pastor Miles and retired Navy SEAL, Jeff Bramstedt.



## COUNSELOR'S TRAINING

Care for the needs of our church and community! You must attend all three training sessions to apply to be a Rock Care Counselor. June 7 - 9. Pre-registration is required. FREE. Visit [sdrock.com/ministries/careandconcern/laycounselortraining](http://sdrock.com/ministries/careandconcern/laycounselortraining) for times and locations.



## SUPERHERO FOOD DRIVE

Be a SUPERHERO! Fill up your Pervasive Hope bag with canned goods and help us provide 25,000 meals to hungry people in San Diego. Benefiting the San Diego Food Bank, donations will be collected throughout May. Drop off canned goods in the red barrels! [sdrock.com/e9990](http://sdrock.com/e9990)



## SAVE THE DATE

Join us on Saturday, June 23 from 7AM - 1PM as we paint and landscape Colina del Sol Park and Recreation Center. Details on how you can sign up to volunteer coming soon!

# SUPPORT YOUR CHURCH

## VOLUNTEER SUNDAYS

We invite you to join one of our teams, get connected within the Rock community and be a part of the Sunday experience. Sign up today at [sdrock.com/serve](http://sdrock.com/serve)

- Altar Call // Facilities // Follow Up // Rock Kids
- Rockpile Bookstore // Rock Thrift Store
- Hospitality // Parking // Production // Security
- Special Events // Student Ministries



IF YOU HAVE ANY QUESTIONS, STOP BY THE INFO DESK. ENJOY THE SERVICE!

[facebook.com/therocksandiego](https://facebook.com/therocksandiego)

[twitter.com/therocksandiego](https://twitter.com/therocksandiego)

[SDROCK.COM/SERVE](http://SDROCK.COM/SERVE)