STAY CONNECTED

Fill out this form and drop it at the Info Booth in the lobby. ☐ Updating my information ☐ I'm NEW! Home Phone Campus: Pt. Loma North County ☐ Male □ Female ☐ Single ☐ Widow(er) ☐ Divorced ☐ Military ☐ Police ☐ Firefighter Name(s) and birthday(s) of household member(s): facebook.com/ Find us on Facebook at facebook.com/therocksandiego Follow us on twitter at twitter.com/therocksandiego How did you hear about us? ☐ Friend or Family ☐ On the News ☐ Radio ☐ Social Media ☐ Drive By

Receive Rock News! Text "SDROCK [your email]" to 95495.

The Mission of the Rock Church...

is to Save, Equip and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.



Miles McPherson is the Senior Pastor of the Rock Church and author of Do Something! Make Your Life Count. He is also the founder of DoSomethingWorld.org, which unites churches, governments and organizations across the globe to be a catalyst for change in their own communities. The Rock is one of the largest churches in the US and home to over 100 outreach ministries. In 2011, the Rock Church donated 235,286 hours of community service to the City of San Diego.

SERVICES TIMES

Sunday • 8AM* • 10AM* • 12PM* • 5PM* • 7PM Interpreting for the deaf is available at the 10AM service.

*Rock Kids services are for Infants through 5th grade. Special Needs available at 10 AM and 12 PM.

Junior High • 10AM • 12PM • 5PM // **High School** • 5PM & 7PM For other Rock Church campuses, visit sdrock.com.

RockTV: Sundays • 11PM • San Diego 6 // Rock Radio: KPRZ 1210 • M-F 4:30PM

OTHER RESOURCES

Rockpile Bookstore

rockpilebookstore.com • 619.764.5282

Preschool

therockacademy.org • 619.764.5205 Fully licensed, infant-to-5-year preschool.

Need prayer? Visit: sdrock.com/prayer

Rock Thrift Store

rockthriftstore.com • 619.876.4187.

Rock Academy

therockacademy.org • 619.764.5200 WASC-accredited, college preparatory K-12 school.



Free WiFi Rock Guest WiFi

WAYS TO GIVE:



CAN'T MAKE IT TO THE ROCK NEXT WEEK. WATCH US ONLINE OR ON THE GO!

619.226.ROCK • SDROCK.COM/LIVE

Weekly Edition • May 6, 2012



SOME

getaway

JUNE 1-3 • RANCHO MIRAGE

Get healing, relaxation, marriage tools, insights, time away from the kids...

Don't miss this chance to rejuvenate your marriage and have a lot of fun doing it!

LAST DAY TO REGISTER



Register now at sdrock.com/e9703





TALK TRUTH

Help us bring the hands and feet of Christ to the people of Tijuana. Cost \$75; online registration via sdrock.com/ministries/tijuanahousebuilding or e-mail tjhousebuilding@gmail.com for questions.



KARATE CLASSES

Rock Karate Ministry offers FREE classes and/or the belts system, SATURDAYS: Age: 4-6 YRS - 11:00AM-11:35AM, Age: 7-12 YRS - 11:45AM-12:30PM and Age: 13 to adult - 12:35PM-1:30PM. Classes at the Rock. More info email Mike at karate@sdrock.com

TRACK & FIELD

C L U B T E A M

All ages are invited to join. Club Team certified through USA Track & Field and compete by age groups. Visit lobby table today or email: Calvin, former Olympic Gold Medalist at trackclub@sdrock.com



ExposedRESOURCES







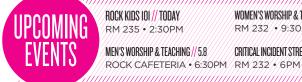
SOUL CRAVINGS BY: ERWIN MCMANUS



SOUL DETOX RV: CREC CROESCHE



RV: FRANCIS CHAN



ROCK KIDS IN! // TODAY RM 235 • 2:30PM WOMEN'S WORSHIP & TEACHING // 5.10 RM 232 • 9:30AM

CHRISTIANITY EXPLORED CLASS // 5.10 RM 223 • 6:30PM

CRITICAL INCIDENT STRESS MANAGEMENT // 5.10 / MOTHER'S DAY SALE // 5.13 ROCKPILE . ALL DAY



THE SUPERHERO **FOOD DRIVE**

Be a SUPERHERO! Fill up your Pervasive Hope bag with canned goods and help us provide 25,000 meals to hungry people in SD benefiting San Diego Food Bank. Donations collected throughout May. Drop off canned goods in the red barrels! sdrock.com/fooddrive



Come to the first week of i195 Spring term FREE and find out how to reach the nations for God. May 8 - II. Receive teaching, worship and a FREE gourmet meal. Visit www.il95.org or call 619.764.5249 for times and locations. All incoming students in 2012 receive an iPad2 pre-programmed with tools to change the world!

il95.org



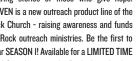
sdrock.com/eI0I93

the IOAM, I2PM & 5PM services.



AMPD JR HIGH EVENT LAUNCHING SEASON

Sunday, May 27 Student Ministries transition Sharing stories of those who give hope! event for 5th & 8th graders moving into AMPD WOVEN is a new outreach product line of the Junior High & EPIC High School. Food, bounce Rock Church - raising awareness and funds inflatables, and students! Join us outside during for Rock outreach ministries. Be the first to wear SEASON I! Available for a LIMITED TIME only! On sale now in the Rockpile and online



at wovenapparel.org. Together, repairing the fabric of the world!

wovenapparel.org

IF YOU HAVE ANY QUESTIONS, STOP BY THE INFO DESK. ENJOY THE SERVICE!



twitter.com/therocksandiego



mall groups are a great way to connect with other members of the Rock family, form community and grow deeper in your faith.

They also provide an opportunity to spread Pervasive Hope to the neighborhoods where you live and work through community service projects and outreach efforts.

We have small groups that meet every night in over 60 zip codes around San Diego County.

















