

SUPPORT YOUR CHURCH

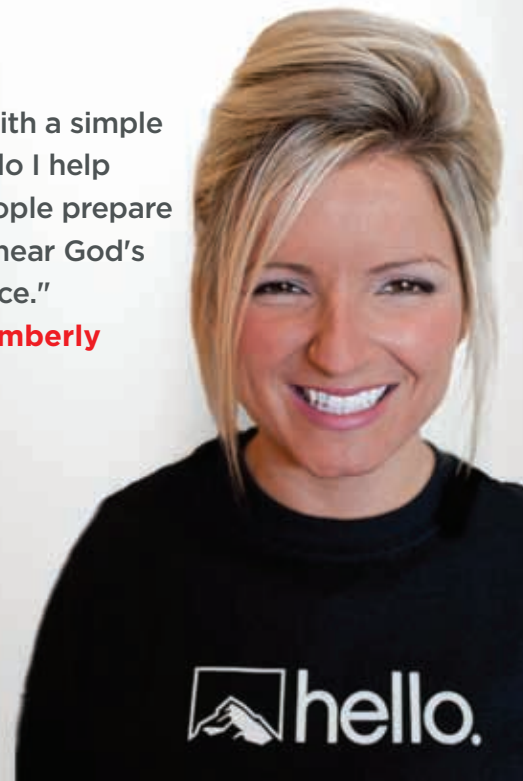
VOLUNTEER SUNDAYS

We invite you to join one of our teams, get connected within the Rock community and be a part of the Sunday experience. Sign up today at sdrock.com/serve

Altar Call // Facilities // Follow Up // Rock Kids
// Rockpile Bookstore // Rock Thrift Store // Hospitality // Parking // Production // Security
// Special Events // Student Ministries

"With a simple hello I help people prepare to hear God's voice."

-Kimberly



SDROCK.COM/SERVE

The Mission of the Rock Church...
is to Save, Equip and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.



Miles McPherson is the Senior Pastor of the Rock Church and author of Do Something! Make Your Life Count. He is also the founder of DoSomethingWorld.org, which unites churches, governments and organizations across the globe to be a catalyst for change in their own communities. The Rock is one of the largest churches in the US and home to over 100 outreach ministries. In 2011, the Rock Church donated 235,286 hours of community service to the City of San Diego.

SERVICES TIMES

Sunday • 8AM • 10AM* • 12PM • 5PM • 7PM // **North County** 5PM • 7PM
**Interpreting for the deaf is available at the 10AM service.*

Children's Services • 8AM • 10AM • 12PM • 5PM // **North County** 5PM
Children's service for infants through 5th grade. Special Needs available at 10 AM and 12 PM.

Junior High • 10AM • 12PM • 5PM // **High School** • 5PM & 7PM

RockTV: Sundays • 11PM • **San Diego 6** // **Rock Radio: KPRZ 1210** • M-F 4:30PM

Rockpile Bookstore
www.rockpilebookstore.com • 619.764.5282

Monday - Friday 10AM - 9PM
Saturday 10AM - 6PM
Sunday 7:30AM - 9PM

Rock Thrift Store
www.rockthriftstore.com • 619.876.4187

Monday - Saturday 9AM - 7PM
Sunday 9AM - 6PM
Donations Accepted Daily 9AM - 6PM
3191-B & E Sports Arena Blvd.

Rock Academy and Preschool • www.therockacademy.org
The Rock Academy is a WASC-accredited, college preparatory K-12 school. Call 619.764.5200
The preschool is a fully licensed, infant-to-5-year preschool. Call 619.764.5205

Need prayer? Visit www.sdrock.com/prayer
Twitter: www.twitter.com/therocksandiego **Facebook:** www.facebook.com/therocksandiego
619.226.ROCK • www.sdrock.com • www.therocknorthcounty.org

WAYS TO GIVE:

**GIVE
NOW**

Drop off your gift envelope in the lobby.



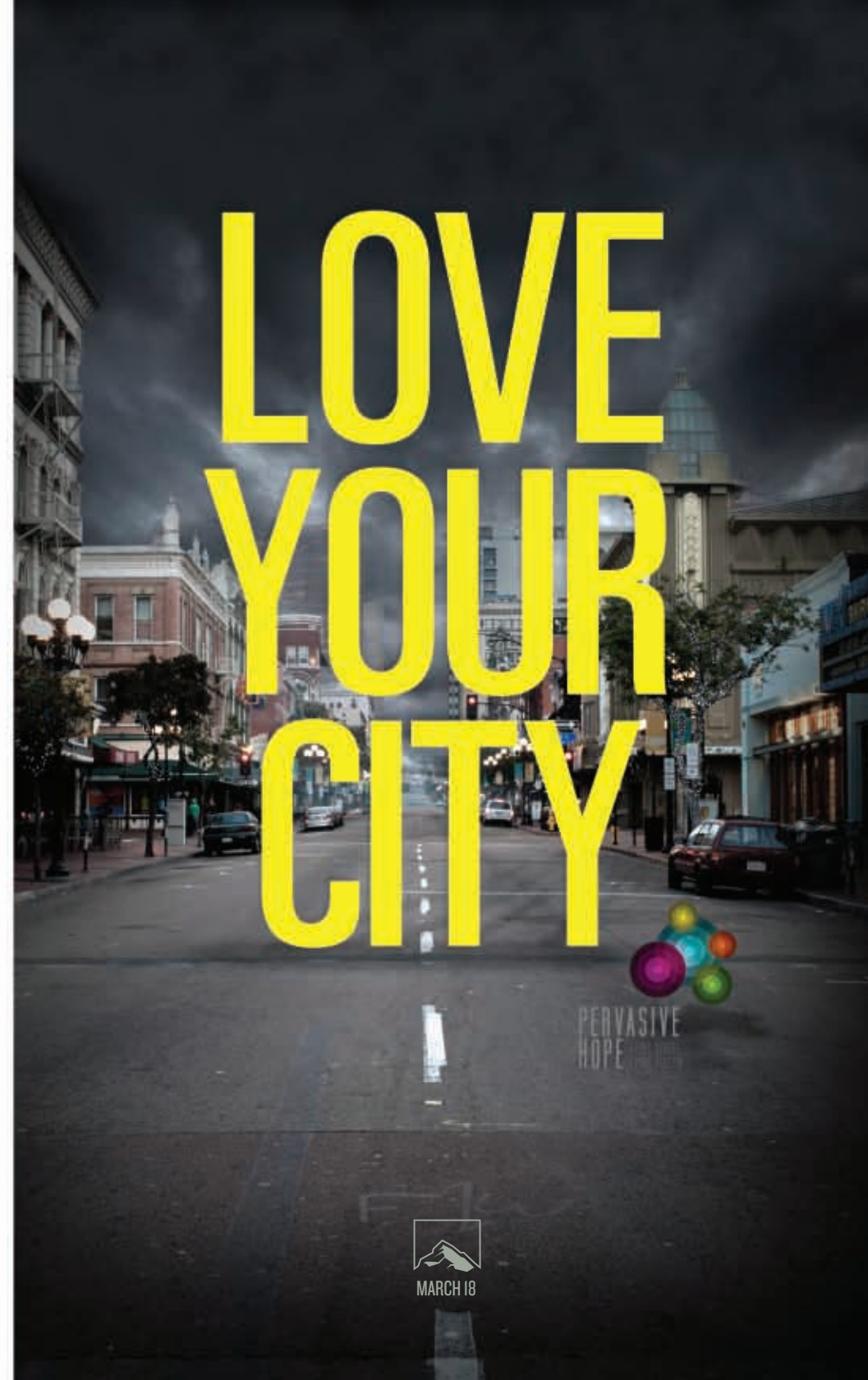
**GIVE
ONLINE**

For fast and convenient gifts visit sdrock.com/give



**TEXT
GIVE 2**

Text or email your gift (i.e. 25) to sdrock@mogiv.com



LOVE YOUR CITY.

EVENT

Join us **Saturday, March 31** from 7AM - 12PM at the Jackie Robinson YMCA. We'll be lovin' our city by painting, landscaping, and reaching out to the community with an Easter Egg Hunt for children Pre-K to 3rd grade and the Gospel message.



REGISTER TODAY AT
SDROCK.COM/E9844





OUTREACH

MIME INFORMATIONAL MEETING

A gesture is worth 10,000 words! Check out our info meeting this Monday in Rm 354 @ 7:30PM. Beginners welcome. For adults and children ages nine and up. We can also use non-performing helpers. For more info, visit us in the lobby or check out sdrock.com/ministries/mime.

GRIEFSHARE

Are you grieving the loss of a loved one? GriefShare Ministry offers answers to the questions that may be threatening your peace. Move from mourning to joy once again! New sessions start April 1. For more info, visit us in the lobby.

MOVIE SCREENING: COURAGEOUS

Join Never Knew A Father's Love for a special screening of Courageous in the Rock cafeteria, Friday, March 23rd, 2012 at 6:30PM. For more info about this ministry, visit sdrock.com/ministries/neverknewafatherslove.

FANTASY SPORTS

Our Christian-based Fantasy Leagues (no-gambling) are for men and women ages 18+. Register for \$10 by March 20 for MLB Fantasy League at sdrock.com/ministries/fantasysports.



WOMEN'S SPIRITUAL & PHYSICAL FITNESS

The Spiritual Wellness Ministry classes feature PraiseMoves®, the Christian alternative to yoga, a stretching and strengthening exercise to Scripture. Saturdays from 8:15AM - 9:30AM (beginners) & 9:45AM - 11AM (Intermediate/Advanced) at the Rock. Visit: sdrock.com/ministries/spiritualwellness/ or visit our lobby table TODAY.



MARCH 2012 ROCK HERO ROBIN ZIEGLER

UPCOMING EVENTS

TOUR ROCK ACADEMY // 3.22
ROCK CHURCH · 4PM

PRAYER TEAM ORIENTATION // 3.25
RM 235 · 2PM - 3:30PM

ATTN: TEENS & ADULTS
ROCK KIDS WORSHIP AUDITIONS // 3.25
JR HIGH ROOM · 2PM

ALL MARRIED CAFE // 3.30
CAFETERIA · 7PM - 8:45PM

**18
25**
YOUNG ADULTS
ROCK CHURCH
SAN DIEGO
SANCTUARY
3.27 | 7PM

>>FOR MORE INFO & EVENTS VISIT
SDROCK.COM/EVENTS

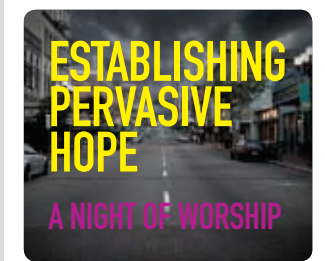
When a person dies—whether by murder or natural causes, the scene usually includes survivors who are experiencing trauma to nearly every aspect of their being. Deep emotional, psychological, spiritual pain—even physical at times.

It is the kind of setting that is so full of pain, most outsiders would never go near it. Imagine the searing discomfort, the painful silence, the awkwardness.

It's the kind of scene that calls for a person who can walk in and fearlessly take control and add calm and wisdom, even as she wipes away tears.

Enter Robin Ziegler.

WATCH ROBIN'S HEROING STORY AT
sdrock.com/heroes



SANCTUARY | MARCH 20
Join Pastor Miles for a special night of worship with Evan Wickham on Tuesday, March 20, 7PM in the sanctuary. FREE Childcare will be provided for this event. Please register by March 13, so we can best support your child's needs.

sdrock.com/e9729



ROCK CHURCH | MARCH 24
The Rock Solid Woman Discipleship ministry is for all women who want to grow closer to God. We are a one year intense discipleship ministry offering structured study and accountability. First Session Begins March 24, 2012 in Room 232 at The Rock Church. We will be meeting together on the 2nd and 4th Saturday's of the month from 9AM to 11AM.

sdrock.com/ministries/womens/rsw



ROCK CAFETERIA | MARCH 27
Is God calling u to step up your walk? Ironmen is a one year long discipleship curriculum for the christian who is serious about taking their walk to the next level. Join us every Tuesday night at the Rock from 6:30PM - 8:30PM. Soak in the blessing of live worship, great teaching, discussion and prayer. Don't miss it! Bring a friend!

sdrock.com/ironmen

IF YOU HAVE ANY QUESTIONS, STOP BY THE INFO DESK. ENJOY THE SERVICE!

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STAY CONNECTED

Fill out this form and drop it at the Info Booth in the lobby.

Updating my information I'm NEW!

Name DOB

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City State Zip

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Campus: Pt. Loma North County

- Male Female Married
- Single Widow(er) Divorced
- Military Police Firefighter

Name(s) and birthday(s) of household member(s):
.....
.....

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How did you hear about us?

- Friend or Family On the News Radio
- Social Media Drive By Web

Other

Receive Rock News! Text "SDROCK [your email]" to 95495.

NEW WAYS TO CONNECT