

+TELL US YOUR IDEA

[illegible]

+TELL US ABOUT YOU

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**GIVE
NOW**

**GIVE
ONLINE**

TEXT GIVE 2



ROCK IN THE COMMUNITY



10.02.1



**IT JUST GOT EASIER
TO COME TO THE ROCK!**

MAN CAMP 2011

OCTOBER 21-23

MORE OF HIM, LESS OF ME

PINE VALLEY BIBLE CENTER

WHY I LOVE OUTREACH

"GETTING TO USE YOUR PASSIONS TO BRING OTHERS TO JESUS!" -STUDIO G KIDS

"BEING AN EXTENTION OF GOD'S LOVE, WITH KINDNESS, COMPASSION AND PRAYER. BEING ABLE TO SERVE THE LORD..."HIS WILL BE DONE."
- QUILTING WITH PURPOSE

"I GET TO SEE LIVES TRANSFORMED AND I GET TO STAY SOBER AT THE SAME TIME."
- ROCK RECOVERY

"MINISTRY BECOMES YOUR FAMILY, YOUR COMMUNITY, A PLACE YOU GROW WITH GOD TOGETHER WITH PEOPLE WHO SHARE YOUR SAME PASSION." -HIKING MINISTRY

>>>SDROCK.COM/OUTREACH

ROCK IN THE COMMUNITY



SPOTLIGHT >> DOMESTIC VIOLENCE MINISTRY

I married too young... he was also a very broken individual. The marriage was marked by sporadic physical abuse and continuous verbal and emotional abuse. I knew that I needed to leave but to give you an idea of how hard it is to pull away, it still took me 10 years. There's guilt, self-loathing, fear and devastating heartbreak.

After you leave is the most difficult time. You're plagued with self-doubt and the judgment of people who actually think violence is a normal part of marriage. Do we really think so little of ourselves that we confuse love with abuse?

I discovered HEALING Ministries and it changed my life. It has helped me put the trauma into perspective. We ask, why did this individual hurt me? How did I end up here? Why did I allow this to continue? How do I forgive this person and move forward? We also acknowledge that some of our questions may never be fully answered.

Some of our group sessions are marked with joyous laughter, some with uncontrollable weeping. Everyone is there to support each other because each of us knows every step forward comes with shedding some pain of the past. So the hugs are just as plentiful as the tears. It's been humbling to see women come in crying and shaking like a wounded animal to seeing them rebuild her lives, and even help others.

I've met women in this group who I know will be my lifelong friends. Of course God's healing power is at the center of the group. I've come to know God as the Great Restorer and as Abba Father. A big part of what was holding me back from leaving my marriage was fear; fear of my abuser or fear of what others would think.

*** I DON'T HAVE THE FEAR ANYMORE.**

>>>FOR MORE STORIES VISIT SDROCK.COM/STORIES

WIRED FOR LOVE: NEXT STEPS

EVENTS

For Men Only (FMO)

Are you struggling with pornography or sexual impurity? You are not alone. If you're tired of trying to win this battle in your own strength, come check out one of the FMO groups on Tuesdays at 7PM or Wednesdays at 6:30PM. For more information, visit our website at sdrock.com/fmo.

For Women Only (FWO) Support Group

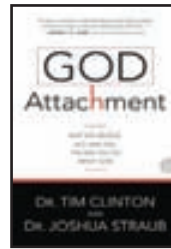
Are you in need of healing from betrayal of a partner's behavior due to adultery or addiction to porn? Come join us on Tuesday & Wednesday nights at 6:30PM where you will find real and practical ways to grow through your heartache. For more info, visit sdrock.com/unleashedhearts or email us confidentially at unleashedhearts@gmail.com.

BOOKS

VISIT THE ROCKPILE



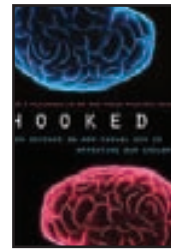
I Don't Want Your Sex for Now



God Attachment



5 Love Languages



Hooked

FIND YOUR GROUP

SDROCK.COM/SMALLGROUPS

Connect.Grow.Serve.

STAY CONNECTED

Fill out this form and drop it at the Info Booth in the lobby.

☐ Updating my information ☐ I'm NEW!

Name DOB

Address

City State Zip

Home Phone Cell

Email

@

Campus: ☐ Pt. Loma ☐ North County

☐ Male ☐ Female ☐ Married
☐ Single ☐ Widow(er) ☐ Divorced
☐ Military ☐ Police ☐ Firefighter

Name(s) and birthday(s) of household member(s):

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NEW WAYS TO CONNECT