Join the Rock A.R.M.Y.

The A.R.M.Y. is the Rock Church's foundation for growth and membership. Through our A.R.M.Y. spiritual formation steps, you will find Accountability, achieve spiritual growth in Reaching the lost, have an opportunity to do something in Ministry and become a good steward of Yo' Money, time, and talent. Membership is achieved by these simple steps:

Step 1 · Enlist in the A.R.M.Y.

First Name		
Last Name		
Address		
Phone	D.O.B.	
Email		
@		

Step 2 • Become Active by completing one of the four core classes

A Accountability Seminar: Understanding the importance of Accountability.

R Reaching the Lost Seminar: Understanding the importance of Reaching the lost.

M Ministry Seminar: Understanding the importance of Ministry involvement.

Y Rock Financial Life Class: Understanding how to manage Yo' money, time, and talent.

For Class information visit www.sdrock.com/army

Step 3 · Complete all 4 classes to become a *Graduate* and receive your Rock A.R.M.Y. membership card, with benefits!



-or more info, visit www.therocksandiego.org/arn

The Mission of the Rock Church...

is to Save, Equip and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.



GIVE ONLINE

It's easy. It's efficient. It's effective. Make a one-time gift or set up a recurring gift with just a few clicks. Plus, have the option of viewing your giving history. **SDROCK.COM/GIVE**

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SERVICES TIMES

Sunday • 8 AM • 10 AM* • 12 PM • 5 PM • 7 PM // **North County** 5 PM • 7PM **Interpreting for the deaf is available at the 10 AM service.*

Children's Services • 8 AM • 10 AM • 12 PM • 5 PM // North County 5 PM Children's service for infants through 5th grade. Special Needs available at 10 AM and 12 PM.

To ensure the best worship experience for everyone, we ask that you do not bring children under the age of 5 into the main sanctuary.

Junior High • 10 AM • 12 PM • 5 PM // High School • Wednesday 7 PM

RockTV: Sundays • 11 PM • San Diego 6 // Rock Radio: KPRZ 1210 • M • F 4:30 PM

Rockpile Bookstore

www.rockpilebookstore.com • 619.764.5282

Monday - Friday 10 AM - 7 PM **Saturday** 10 AM - 3 PM **Sunday** 7:30 AM - 2 PM and 4 - 9 PM Rock Thrift Store www.rockthriftstore.com • 619.876.4187

Monday - Saturday 9 AM - 7 PM

Sunday 9 AM - 6 PM

Donations Accepted Daily 9 AM - 6 PM

3191-B & E Sports Arena Blvd.

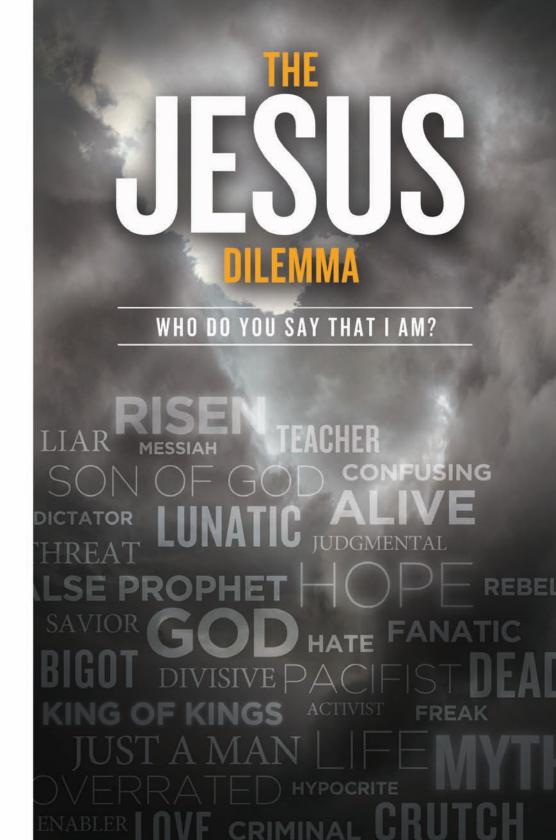
Rock Academy and Preschool • www.therockacademy.org

The Rock Academy is a WASC-accredited, college preparatory K-12 school. Call 619.764.5200 The preschool is a fully licensed, infant-to-5-year preschool. Call 619.764.5205

Need prayer? Visit www.sdrock.com/prayer

Twitter: www.twitter.com/therocksandiego Facebook: www.facebook.com/therocksandiego

619.226.ROCK • www.therocksandiego.org • www.therocknorthcounty.org



Rock Church 10th Annual Marriage Getaway

Join Pastor Miles, his wife, Debbie, and guest speakers as we equip you with new ways to Rev Up your marriage.

JUNE 3-5

WESTIN RESORT & SPA in RANCHO MIRAGE



\$350 PER COUPLE

sdrock.com/marriagegetaway



sdrock.com/marriagegetaway



NEVER KNEW A FATHER'S LOVE

PRE-MOTHER'S DAY BREAKFAST

SATURDAY, MAY 7, 8 AM • APPLEBEE'S

7510 HAZARD CENTER DR.

We're serving breakfast for the special women in your life! Come let us wait on you hand and foot during NKAFL's flapjack fundraiser. It is gonna be a blast and D-licious!! \$10. For more info, email neverknewafatherslove@yahoo.com, or call Perri Storey at 313.443.5170

SD FOSTER YOUTH | POKER RUN STYLE

SATURDAY • MAY 21 • 10 AM

VISIT THE LOBBY TABLE TODAY!

WWW.ROCKNRIDE2011.COM



SAN DIEGO

FRIDAY, MAY 6 7 AM - 4 PM ROCK SANCTUARY Learn to cast the vision for your organization from world-renowned leaders: John Maxwell, Seth Godin, Dave Ramsey and others.

For more info, sponsorships and tickets, contact Cyrus at 858.733.1136 or cyrus@businesslifeministry.org www.sandiegoleadercast.com







PADRES FELLOWSHIP NIGHT

is Friday, June 10! Watch the Padres play the Washington Nationals and enjoy post game testimonies by players and coaches.

TICKETS ARE AVAILABLE 50% OFF FOR THE ROCK CHURCH

.......... www.padresfellowshipnight.com

This week at the Rock

Mime Ministry: Practice

Monday // 5.2

6 PM Prison Ministry: Dessert Fellowship MTG Jr. High Classroom

Tuesday / **/** 5.3

7 PM

9:30 AM Women's Ministry: SHINE Sr. High Youth Room 6:45 PM Prison Ministry: Juvenile Hall Juvenile Hall

Wednesday // 5.4

6:15 PM Prison Ministry: Juvenile Hall Juvenile Hall 7 PM Rock Recovery Ministry: Open Meeting Rm 351

Thursday // 5.5



CISM: GRIEF FOLLOWING TRAUMA

Rm 354

In the course of nearly everyone's life, they will encounter somebody grieving the loss of a loved one. Church members, chaplains, counselors, mental health professionals and pastors will benefit from the practical guidelines and strategies from this CISM training.

www.sdrock.com/eventcalendar/8393

Friday // 5.6

6 PM Jr. High Ministry: Friday Nite Live Rock Park 7 PM Teen Moms' Ministry: Fellowship/Support Group Library

Saturday // 5.7

7:30 AM Rock Runners & Triathletes Ministry: Training Run 2-10 Mi. Rock Church

Sunday // 5.8

All Services Jesus Dilemma: 6 Week Series

Main Sanctuary

Announcements*

Women's Spring Luncheon

This year's Women's Spring Luncheon is Saturday, May 14, 11:30 AM - 2:30 PM at Crowne Plaza Hotel in Mission Valley with special guest Sarah MacIntosh. Join us for lunch, raffle prizes and to meet new friends! Purchase tickets at Sisters in Christ (Wednesday, at 6:30 PM, Rm 232) or online: sdrock.com/ministries/womens/womenstea

Intercessory Prayer

Do you have a heart for prayer? Join other Rock prayer warriors as we intercede in Rm 352 during all church services on Sundays. Contact Amy at serviceintercession@therocksandiego. org for more information.



A WARM MOTHER'S DAY WELCOME

SUNDAY, MAY 8 // 7:30 AM - 9 PM

Moms, it's your day. Have a free cup of coffee as our gift to you! Stop by our Coffee Station inside the Rockpile!

We invite you to **ROCK THE HOUSE.** Join us for the first week of class. Come experience challenging teaching, amazing worship and a free meal.

TUESDAY, MAY 10 - FRIDAY, MAY 13 9 AM - 1 PM OR 5:30 PM - 9:30 PM Day or Night classes are available. Next term starts May 10.

APPLY TODAY THEROCKUNIVERSITY.ORG

EVERY SUNDAY IN MAY • 7 AM TO 7 PM DROP ALL DONATIONS IN THE ROCK CHURCH LOBBY We will be collecting items in the Rock Church lobby every Sunday in the Month of May! For information on what to donate, visit www.sandiegofoodbank.org. Contact Stephen in the Outreach Department at stephen.goble@therocksandiego.org with questions.

STAYCONNECTED

TO THE ROCK!

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Other				

Receive Rock News! Text "SDROCK [your email]" to 95495.