# Join the Rock A.R.M.Y.

The A.R.M.Y. is the Rock Church's foundation for growth and membership. Through our A.R.M.Y. spiritual formation steps you will find Accountability, achieve spiritual growth in Reaching the lost, have an opportunity to do something in Ministry, and become a good steward of Yo' Money, time, and talent. Membership is achieved by these simple steps:

Step 1 · Enlist in the A.R.M.Y.

First Name		
Last Name		
Address		
Phone	D.O.B.	
Email		
@		

Step 2 • Become Active by completing one of the four core classes

A Accountability Seminar: Understanding the importance of Accountability.

R Reaching the Lost Seminar: Understanding the importance of Reaching the lost.

M Ministry Seminar: Understanding the importance of Ministry involvement.

Y Rock Financial Life Class: Understanding how to manage your Yo' Money, time, and talent.

For Class information visit www.sdrock.com/army

Step 3 · Complete all 4 classes to become a Graduate and receive your Rock A.R.M.Y. membership card, with benefits!



For more info, visit www.therocksandiego.org/arm

The Mission of the Rock Church...
is to Save, Equip, and Send out a motivated ARMY of believers who

is to Save, Equip, and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.

Pastor: Miles McPherson

Ministry Leadership Team: August Hunter, Prison Ministry x5108 Danny Quimlat, 1825 x5191 Darren Carrington, Marriage and Familyx5125 David Cooper, Multi-site x5238 David Robles, Children's x5226 Dru Teves, Jr High x5129 Gary Beneventi, Small Groups x5130 George Clerie, Rock U/Impact 195x5248 Jerry Ray, Stewardship x5138 Lorri Greene, Sports x5175 Marcus Preciado, Sports x5279 Mark Bell, High School. x5229 Mark Richardson, Outreach Ministries x5147 Mickey Stonier, Save, Equip, Send x5146 Mingo Palacios, 1825\_ x5157 Ricky Page, Save. x5159 Shawn Wagner, Spiritual Formation. x5298 Stefanie Kelly, Worship Arts. x5171 Stephen Goble, Outreach Ministries x5247 x5166 Tommy Moseley, Send

#### **SERVICES TIMES**

Sunday • 8 AM • 10 AM • 12 PM • 5 PM • 7 PM

Interpreting for the deaf is available at the 10 AM service.

Pebbles Pathway • 8 AM • 10 AM • 12 PM • 5 PM

Children's service for infants through 5th grade. Special Needs available at 10 AM and 12 PM. To ensure the best worship experience for everyone, we ask that you do not bring children under the age of 5 into the main sanctuary.

Junior High • 10 AM • 12 PM • 5 PM (grades 6-8)

High School • Wednesday 7 PM (grades 9-12)

North County Service Times • 5 PM • 7PM

Children's service available at 5 PM

#### Rockpile Bookstore · www.rockpilebookstore.com · 619.764.5280

Monday - Friday 10 AM - 7 PM • Saturday 10 AM - 3 PM • Sunday 7:30 AM - 2 PM and 4 - 9 PM

#### Rock Academy and Preschool · www.therockacademy.org

The Rock Academy is a WASC-accredited, college preparatory K-12 school. For more info, call 619.764.5200.

The preschool is a fully licensed, infant-to-5-year preschool.

For more info, call 619.764.5205.

#### Rock Thrift Store · www.rockthriftstore.com

Monday - Saturday 9 AM - 7 PM • Sunday 9 AM - 6 PM • Donations Accepted Daily 9 AM - 6 PM 3191-B & E Sports Arena Blvd. San Diego, CA 92110 • Phone: 619.876.4187

Need prayer? Visit www.sdrock.com/prayer

Follow us on Twitter: www.twitter.com/therocksandiego

Listen to us on the Radio KPRZ 1210 • M-F 4:30 PM

**619.226.ROCK • www.therocksandiego.org • www.therocknorthcounty.org** www.therockuniversity.org • www.therockacademy.org • www.milesahead.com



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SENDOUT A MOTIVATED ARMY OF BELIEVERS

**★WHO ENGAGE EVERY SEGMENT OF** 

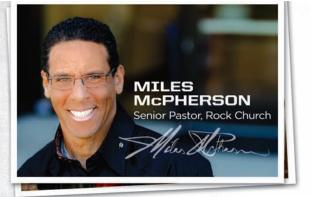
SOCIETY

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**FEBRUARY 27, 2010** 



Born in Brooklyn in 1960, Miles grew up on Long Island, NY with a dream to play in the NFL. He started playing Pop Warner football at age 10, was a standout in high school and a four-year starter at the University of New Haven in Connecticut. In 1981, he became the university's first All American football player. In 1982, he became the first player in the school's history to be drafted into the NFL.

Even though his dream had come true, there was still an emptiness in his heart. While using cocaine on the team plane, a teammate shared the gospel with him. Several months later, after his second year on the San Diego Chargers, Miles gave his life to Jesus Christ and was delivered from his cocaine habit in a single day. On that same day, he was also reunited with his girlfriend and they married five months later.

In 2000, he started the Rock Church, which is currently one of the nation's largest churches with a weekly attendance of over 12,000. He is also the author of *Do Something, Make your Life Count* and founder of Miles Ahead, an international youth evanglistic ministry.

FIND OUT MORE AT MILESMCPHERSON.COM

#### **ROCK CHURCH** SAN DIEGO

8 AM · 10 AM · 12 PM · 5 PM · 7 PM www.therocksandiego.org

**ROCK CHURCH** NORTH COUNTY 5 PM • www.therocknorthcounty.org

#### **LIVE STREAM**

8 AM · 10 AM · 12 PM · 5 PM · 7 PM PST www.therocksandiego.org/live

**ROCK TV** 11 PM · SAN DIEGO CW6 www.milesmcpherson.com

ROCK RADIO 4:30 PM · M-F · 1210 KPRZ



In 2010, the Rock Church completed **706.313 hours** 

of city-transforming ministry service.

Do something at sdrock.com/dosomethingworld

### **ADOPTION®INFERTILITY**

**Safe in Heaven** is a ministry dedicated to providing support for families who have experienced the devastating loss of a baby. We meet the first Thursday of every month. For more info, please contact Ryan and Michelle Icenhower at safeinheavenministry@gmail.com or go to sdrock.com/ministries/adopt.

#### Blended Step Family STEP UP 4 GOD CONFERENCE

Join us for *Getting to Know God's Love for the StepFamily*, March 12, 9 AM - 4 PM in the Rock Church Café. Hear Debbie and Ray Alsdorf speak on their book *Beyond the Brady Bunch*. We will also offer a Women's and Men's Workshop. Live worship with Stefanie Kelly.

Visit us in the lobby or at sdrock.com/ministries/blendedfamilies.



FEBRUARY 28 7:30 PM ROOM 354

A mime is worth ten thousand words! Be used by God to bring the gospel to San Diego. We are beginning a new season. Come check out our information meeting! No experience necessary.

Visit us in the lobby today during all five services!



Join us Saturday, March 5 at 10 AM in the Rock Park for a CANCER C.A.R.E. haircut marathon! All hair and money that is donated will benefit Children's Hospital, Rock Cancer C.A.R.E. ministry, Locks of Love & HOPE for Alicia Bailey. This is YOUR opportunity to help us care for kids. women and men with cancer!

## 1 A ATHLETICS

I AM Athletics is beginning another evening Boot Camp workout class on March 1. Workouts are Tuesday, Wednesday and Thursday evenings at 6:15 PM sharp in the Rock Park. If you want to get in shape...come visit our lobby table!

Register at www.therocksandiego.org/ministries/personaltraining

### This week at the Rock

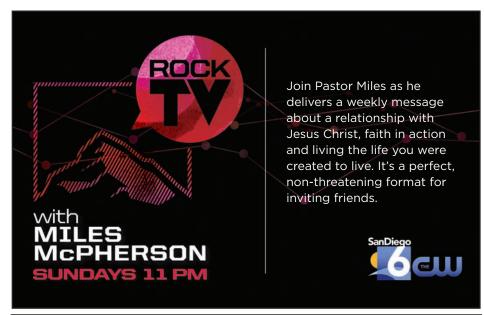
For more event information and locations, visit www.sdrock.com/events or call 619.226.ROCK.

#### **Christian Essentials for Parents**

This class is for parents who would like to learn more about the basics of Christianity with the purpose of passing it onto their children. We believe the parent is the primary discipler for their child and this class is designed to equip you to teach your child. For more information, vsit sdrock.com/eventcalendar/8213 or contact Jennifer at jennifer.perry@therocksandiego.org.

#### **Junior High Services**

Join us for Junior High services every Sunday at 10 AM, 12 noon or 5 PM. It's fun and interactive! We meet in the Junior High Room on the 3rd floor. For more information, contact Dru at dru.teves@therocksandiego.org or call 619.226.7625.



# SIMPLY WORSHIP IN THE SANCTUARY

Come as you are to Simply Worship in the Sanctuary on March 8 at 7 PM. Enjoy an intimate setting as gifted musicians lead the church in an extended time of worship. All ages welcome. Visit sdrock.com/eventcalendar/8275/ for more information.



#### PASTORAL CRISIS INTERVENTION 2

Take the **Pastoral Crisis Intervention 2** class beginning March 9 in RM 235 where advanced concepts and field applications for Christ-centered intervention are covered. \$55 to attend. Visit sdrock.com/eventcalendar/8088

#### **Announcements**

#### **Children's Choir Rehearsals**

Children's Choir will be performing for Palm Sunday Services on April 17. Rehearsals will be every Thursday from 6-7 PM, March 17 through April 14 in RM 232. We're also looking for an administratively gifted volunteer to support our Children's Choir Director. Please visit www.sdrock/ministries/worship/palmsunday if you feel called to this important ministry role!

#### **Children's Ministry**

Do you love God and love kids? Children's Ministry has a wide variety of opportunities to serve: music & dance, production & technical, teaching, drama, graphic arts, and so much more! Your first step is an Orientation on Sunday, March 6, 2:30 PM in RM 232, where you can find out more about your areas of interest. Use your gifts and do something for kids!



The Royal: Law Enforcement is now available on DVD for \$14.99! Visit the Rockpile and purchase your copy. It includes three life-changing messages from Pastor Miles' series on understanding the Bible!

# MRACLE 139

Our Special Needs ministries are growing! Miracle 139 (for kids to age 18) and Luv-Em-Up (for adults) would like to invite you to learn more about our ministries to those with special needs here at the Rock. Please come find our table in the lobby.

# DATE RIGHT SANDEGO MARCH 15 • 6:30 PM • ROCK CHURCH

You're invited to an event that will teach you how to add more enjoyment and romance to your marriage. Gary Chapman, author of *The 5 Love Languages*, shows us how to increase the adventure and excitement by speaking the words your spouse longs to hear. It's not just a date. It's the date your marriage became more fun. Cost is \$12/person in advance, or \$15 at the door. **Childcare** is available.



### **STAY**CONNECTED

TO THE ROCK!

Fill out this form and drop it at the Info Booth in the lobby  Updating my information I'm NEW!			
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Name(s) and birthday(s) of household member(s			
NEW WAYS TO CONNECT	twitter: @ Find us o facebook Follow us	n Facebook at .com/therocksan on twitter at ter.com/therocks	diego
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Receive Rock News! Text "SDROCK I vour email1" to 95495.