

# Join the Rock A.R.M.Y.

The A.R.M.Y. is the Rock Church's foundation for growth and membership. Through our A.R.M.Y. spiritual formation steps you will find Accountability, achieve spiritual growth in Reaching the lost, have an opportunity to do something in Ministry, and become a good steward of Yo' Money, time, and talent. Membership is achieved by these simple steps:

## Step 1 • Enlist in the A.R.M.Y.

First Name

Last Name

Address

Phone

D.O.B.

Email

@

## Step 2 • Become Active by completing one of the four core classes

- A

Accountability Seminar: Understanding the importance of Accountability.
- R

Reaching the Lost Seminar: Understanding the importance of Reaching the lost.
- M

Ministry Seminar: Understanding the importance of Ministry involvement.

**Y** Rock Financial Life Class: Understanding how to manage your Yo' Money, time, and talent.

For Class information visit [www.sdrock.com/army](http://www.sdrock.com/army)

**Step 3 • Complete all 4 classes to become a Graduate and receive your Rock A.R.M.Y. membership card, with benefits!**



For more info, visit [www.therocksandiego.org/army](http://www.therocksandiego.org/army).

The Mission of the Rock Church...  
is to Save, Equip, and Send out a motivated ARMY of believers who  
engage every segment of society while remaining true to our DNA.

**Pastor:** Miles McPherson

<b>Ministry Leadership Team:</b>	
<b>August Hunter</b> , Prison Ministry	x5108
<b>Danny Quimlat</b> , 1825	x5191
<b>Darren Carrington</b> , Marriage and Family	x5125
<b>David Cooper</b> , Multi-site	x5238
<b>David Robles</b> , Children's	x5226
<b>Dru Teves</b> , Jr High	x5129
<b>Gary Beneventi</b> , Small Groups	x5130
<b>George Clerie</b> , Rock U/Impact 195	x5248
<b>Jerry Ray</b> , Stewardship	x5138
<b>Lorri Greene</b> , Sports	x5175
<b>Marcus Preciado</b> , Sports	x5279
<b>Mark Bell</b> , High School	x5229
<b>Mark Richardson</b> , Outreach Ministries	x5147
<b>Mickey Stonier</b> , Save, Equip, Send	x5146
<b>Mingo Palacios</b> , 1825	x5157
<b>Ricky Page</b> , Save	x5159
<b>Shawn Wagner</b> , Spiritual Formation	x5298
<b>Stefanie Kelly</b> , Worship Arts	x5171
<b>Stephen Goble</b> , Outreach Ministries	x5247
<b>Tommy Moseley</b> , Send	x5166

## SERVICES TIMES

**Sunday • 8 AM • 10 AM • 12 PM • 5 PM • 7 PM**  
Interpreting for the deaf is available at the 10 AM service.

**Pebbles Pathway • 8 AM • 10 AM • 12 PM • 5 PM**  
Children's service for infants through 5th grade. Special Needs available at 10 AM and 12 PM.  
*To ensure the best worship experience for everyone, we ask that you do not bring children under the age of 5 into the main sanctuary.*

**Junior High • 10 AM • 12 PM • 5 PM (grades 6-8)**

**High School • Wednesday 7 PM (grades 9-12)**

**North County Service Times • 5 PM • 7PM**  
Children's service available at 5 PM.

**Rockpile Bookstore • [www.rockpilebookstore.com](http://www.rockpilebookstore.com) • 619.764.5280**  
Monday - Friday 10 AM - 7 PM • Saturday 10 AM - 3 PM • Sunday 7:30 AM - 2 PM and 4 - 9 PM

**Rock Academy and Preschool • [www.therockacademy.org](http://www.therockacademy.org)**  
The Rock Academy is a WASC-accredited, college preparatory K-12 school.  
For more info, call 619.764.5200.  
The preschool is a fully licensed, infant-to-5-year preschool.  
For more info, call 619.764.5205.

**Rock Thrift Store • [www.rockthriftstore.com](http://www.rockthriftstore.com)**  
Monday - Saturday 9 AM - 7 PM • Sunday 9 AM - 6 PM • Donations Accepted Daily 9 AM – 6 PM  
3191-B & E Sports Arena Blvd. San Diego, CA 92110 • Phone: 619.876.4187

**Need prayer?** Visit [www.sdrock.com/prayer](http://www.sdrock.com/prayer)

**Follow us on Twitter:** [www.twitter.com/therocksandiego](http://www.twitter.com/therocksandiego)

Listen to us on the Radio **KPRZ 1210 • M-F 4:30 PM**

**619.226.ROCK • [www.therocksandiego.org](http://www.therocksandiego.org) • [www.therocknorthcounty.org](http://www.therocknorthcounty.org)**  
[www.therockuniversity.org](http://www.therockuniversity.org) • [www.therockacademy.org](http://www.therockacademy.org) • [www.milesahead.com](http://www.milesahead.com)

★  
THE MISSION OF THE  
ROCK CHURCH  
{IS} SAVE + EQUIP  
{TO}  
AND  
SEND OUT A MOTIVATED  
ARMY  
OF BELIEVERS  
★WHO ENGAGE EVERY SEGMENT OF★  
SOCIETY  
WHILE REMAINING  
←  
{TRUE}  
{TO OUR}DNA



February 6, 2011



# NICK VUJICIC

LIFE WITHOUT LIMBS

SUNDAY • FEBRUARY 27 • ALL SERVICES

Imagine being born without arms. No arms to wrap around a friend, no hands to hold the ones you love, no fingers to experience touch. Now imagine life without legs. No ability to dance, walk, run, or even stand.

Born without limbs and lacking any clear medical explanation for his condition, Nick Vuijicic has pursued life's greater purpose to impact the world. He has had to persevere through a maze of life circumstances that would seem insurmountable to most people. Join us as Nick challenges us to be all that God has created us to be.







In 2010, the Rock Church completed  
**706,313 hours**  
of city-transforming ministry service.

Do something at [sdrock.com/dosomethingworld](http://sdrock.com/dosomethingworld)

## FLASH MOB for CANCER CARE

02.12.11 • 10 AM  
BALBOA PARK

Join Rock Steady and Rock Cancer Care in the Flash Mob to benefit Rock Cancer Care, which helps cancer patients and their families by providing transportation, meal deliveries and visitation. All ages welcome!

Visit [www.rockcancercare.org](http://www.rockcancercare.org) to watch or learn the dance we will be performing that day. Register by February 8 to receive a t-shirt for the event!

## JC's Girls 2ND ANNUAL PORN CONVENTION OUTREACH

We will be reaching out in Love to over 500 people in the porn industry. You can help support this outreach by donating at the JC's Girls table in the lobby or by purchasing one of our "Pink" Bible in the Rockpile Bookstore & dropping it in the Bin.

Visit [jcsgirls.org](http://jcsgirls.org) for more information.

## SILENT VOICES

February 18-20  
6:30 PM

Men, if you've participated in an abortion, this bible study weekend can help you answer how it may have impacted your life, your relationship with God, and how it has defined you as a man.

For more info on our **Women's Study**, contact Sharon Pearce at [svoices@pacbell.net](mailto:svoices@pacbell.net).

## ROCK FANTASY SPORTS STARTING IN MARCH

This ministry is for men/women ages 18+ interested in **Christian-based Fantasy Sports Leagues** (no gambling). Sign-up fees generate funds that go to San Diego and/or Rock Outreach Ministries.

Visit lobby table TODAY or email Delroy at [fantasy@therocksandiego.org](mailto:fantasy@therocksandiego.org).

## B-READY SELF DEFENSE

SATURDAY MORNINGS

You're invited to a **FREE** 4-week self defense training class held at the Rock. Ages 4-Adult receive a complimentary uniform! Training includes: self defense, stranger awareness and karate moves. For more info, contact Michael 760.681.0378 or [selfdefense@therocksandiego.org](mailto:selfdefense@therocksandiego.org).

## This week at the Rock

For more event information and locations, visit [www.sdrock.com/events](http://www.sdrock.com/events) or call 619.226.ROCK.

### Choir Auditions

Vocalists with a song in your heart—pray about singing in Resonate Choir! Auditions are Thursday, March 10. Our specific is need altos and tenors, but all are welcome. For more info, contact Jen Matauc at 619-764-5155 or [jennifer.matauc@therocksandiego.org](mailto:jennifer.matauc@therocksandiego.org).

### Final Cut Editors: Children's Ministry

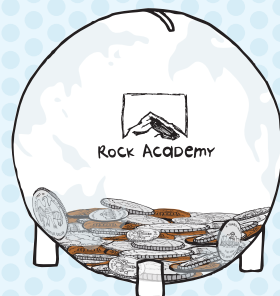
Final Cut editors, camera, and audio personnel are needed to help produce content for our kids in Children's Ministry. You're invited to attend the Children's Ministry Orientation to share your talent, learn from production professionals and talk to our multimedia coordinator. Contact Dan at [dan.brown@therocksandiego.org](mailto:dan.brown@therocksandiego.org) for more info.

# MARRIAGE BUSTERS BUSTED > CLASS

WEDNESDAY, FEBRUARY 16, 2011 • 6:30 PM • HIGH SCHOOL ROOM

Learn to experience a fulfilling Godly love, plus physical and spiritual intimacy the way God intended it to be. This six-week class will teach you how to strengthen your marriage and recognize destructive areas that commonly destroy them.

For more info, visit [www.therocksandiego.org/ministries/marriageandfamily/marriageclass](http://www.therocksandiego.org/ministries/marriageandfamily/marriageclass)



## THE POWER OF CHANGE

ROCK ACADEMY GLOBE BANK DRIVE

Prepare students to change the world with your spare change! Your quarters, dimes, and nickels can help us bank on providing Rock Academy students with the highest quality education so that they can impact others for Christ. Shake out your loose change to help with tuition assistance, new courses, performing arts/music and sports programs. Pick up your globe bank and return on May 22, 2011. For more info, contact April at [april.allen@therockacademy.org](mailto:april.allen@therockacademy.org).

## Announcements

### Ironmen Prep Class

Ironmen Discipleship Prep Class prepares men for Ironmen Discipleship, an intense, year-long course sponsored by Men of the Rock. Join us for Ironmen Prep, Tuesday, February 22, 6:30PM, Rock Church Cafeteria. Weekly time commitment: 1 to 3 hours. For more info, contact Ronnie Holderby at 619.571.3261.

### Marriage Coaches Needed

Fifty percent of marriages fail. What they need is a marriage coach. To be a coach, you don't need to have a perfect marriage, just a willingness to give them the basic tools that we supply on how to experience marriage the way God intended it. Join us February 13 at 2PM in Room 353, or for more info, contact [beverly.kelly@therocksandiego.org](mailto:beverly.kelly@therocksandiego.org).

## 1825 LAUNCH WEEK

The Rock's young adult ministry is relaunching February 21-24 with three nights of gatherings ranging from downtown mixers to weekly community groups. It will be fun and life-changing! Hit the website for all the dates, times and locations. > [www.rock1825.com](http://www.rock1825.com)

# A.R.M.Y. CLASSES

### ACCOUNTABILITY SEMINAR

2.28.2011 // 6:30-8:30 PM // Room 232  
\$15 pre-registration, \$20 in class

### REACHING THE LOST SEMINAR

3.7.2011 // 6:30-8:30 PM // Room 232  
\$15 pre-registration, \$20 in class

### MINISTRY SEMINAR

3.13.2011 // 2:30-4:30 PM // Room 232  
\$15 pre-registration, \$20 in class

Please register for all classes online at  
[www.sdrock.com/army](http://www.sdrock.com/army)

## STAYCONNECTED

TO THE ROCK!

Fill out this form and drop it at the Info Booth in the lobby.

☐ Updating my information ☐ I'm NEW!

Name \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

@ \_\_\_\_\_

Campus: ☐ Pt. Loma ☐ North County

☐ Male ☐ Female ☐ Married  
☐ Single ☐ Widow(er) ☐ Divorced  
☐ Military ☐ Police ☐ Firefighter

Name(s) and birthday(s) of household member(s):

\_\_\_\_\_

\_\_\_\_\_

facebook.com/\_\_\_\_\_

twitter: @ \_\_\_\_\_

Find us on Facebook at  
[facebook.com/therocksandiego](http://facebook.com/therocksandiego)

Follow us on twitter at  
[www.twitter.com/therocksandiego](http://www.twitter.com/therocksandiego)

How did you hear about us?

☐ Friend or Family ☐ On the News ☐ Radio  
☐ Social Media ☐ Driving By ☐ Web

Other \_\_\_\_\_

Receive Rock News! Text "SDROCK [your email]" to 95495.

NEW WAYS TO  
CONNECT