

Rock Sports exists to create opportunities using sports as a platform for evangelism and develops an enviroment that creates an awareness of how fitness helps fulfill God's purpose in one's life.

First Name		
Last Name		
Address		
Phone	D.O.B.	
Email		
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I would like more information on:

Baseball	Mountain Bike
Basketball	Personal Training
□ Billiards	□ Rhythm of Joy Dance
Boxing	Rock Climbing
Cheer	Rock Roadsters
Fantasy Sports	□ Rock Runners & Triathletes
□ Fitness & Nutrition	Rockin' Horse Saddle Club
Football	□ Sailing
Four-wheel Drive Expedition	Salsa Dance
Golf	□ Self Defense
□ Hiking	□ Skateboard
🗆 Нір Нор	□ Ski/Snowboard
Island Praise and Dance	□ Soccer
🗆 Kayak	□ Softball
Martial Arts	Spiritual Wellness
	□ Surf
□ Motorcycle	Tennis
	□ Volleyball

The Mission of the Rock Church... is to Save, Equip, and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.

Pastor: Miles McPherson

Ministry Leadership Team:	
August Hunter, Prison Ministry	x5108
Danny Quimlat, 1825	x5191
Darren Carrington, Marriage and Family	x5125
David Cooper, Multi-site	x5238
David Robles, Children's	x5226
Dru Teves, Jr High	x5129
Gary Beneventi, Small Groups	x5130
George Clerie, Rock U/Impact 195	x5248
Jerry Ray, Stewardship	x5138
Lorri Greene, Sports	x5175
Marcus Preciado, Sports	x5279
Mark Bell, High School	
Mark Richardson, Outreach Ministries	x5147
Mickey Stonier, Save, Equip, Send	x5146
Mingo Palacios, 1825	
Ricky Page, Save	
Shawn Wagner, Spiritual Formation	x5298
Stefanie Kelly, Worship Arts	
Stephen Goble, Outreach Ministries	
Tommy Moseley, Send	

SERVICES TIMES

Sunday • 8 AM • 10 AM • 12 PM • 5 PM • 7 PM Interpreting for the deaf is available at the 10 AM service.

Pebbles Pathway • 8 AM • 10 AM • 12 PM • 5 PM

Children's service for infants through 5th grade. Special Needs available at 10 AM and 12 PM. To ensure the best worship experience for everyone, we ask that you do not bring children under the age of 5 into the main sanctuary.

Junior High • 10 AM • 12 PM • 5 PM (grades 6-8)

High School • Wednesday 7 PM (grades 9-12)

North County Service Times • 5 PM • 7PM Children's service available at 5 PM

Rockpile Bookstore · www.rockpilebookstore.com · 619.764.5280

Monday - Friday 10 AM - 7 PM • Saturday 10 AM - 3 PM • Sunday 7:30 AM - 2 PM and 4 - 9 PM

Rock Academy and Preschool . www.therockacademy.org

The Rock Academy is a WASC-accredited, college preparatory K-12 school. For more info, call 619.764.5200. The preschool is a fully licensed, infant-to-5-year preschool. For more info, call 619.764.5205.

Rock Thrift Store · www.rockthriftstore.com

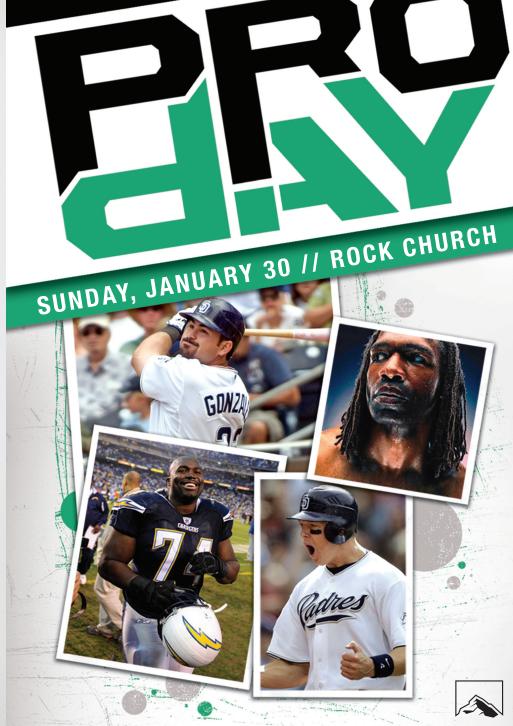
Monday - Saturday 9 AM - 7 PM • Sunday 9 AM - 6 PM • Donations Accepted Daily 9 AM - 6 PM 3191-B & E Sports Arena Blvd. San Diego, CA 92110 • Phone: 619.876.4187

Need prayer? Visit www.sdrock.com/prayer

Follow us on Twitter: www.twitter.com/therocksandiego

Listen to us on the Radio KPRZ 1210 • M-F 4:30 PM

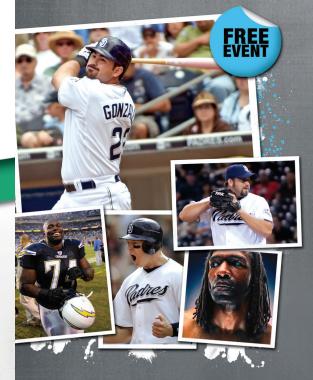
619.226.ROCK • www.therocksandiego.org • www.therocknorthcounty.org www.therockuniversity.org • www.therockacademy.org • www.milesahead.com







Saturday, February 5, 2011 // 4 PM // Del Norte High School



with Adrian Gonzalez, Heath Bell, Nick Hundley, Jacques Cesaire, Chris Byrd, and more...plus a Special Message by **Miles McPherson**

 PRO PERFORMANCE TIPS // AUTOGRAPHED PRIZES SILENT AUCTION // KIDS ZONE

CONCERT by DREW and EVERYDAY SUNDAY

Hosted by the **Rock Church** and San Diego's North County Faith Community

free tickets available at www.superfestsd.com









In 2010, the Rock Church completed 706,313 hours of city-transforming ministry service.

Do something at sdrock.com/ dosomethingworld



FEBRUARY 12 • 10 AM • BALBOA PARK

Join Rock Steady and Rock Cancer Care in the Flash Mob to benefit Rock Cancer Care, which helps cancer patients and their families by providing transportation, meal deliveries and visitation. All ages welcome!

Visit www.rockcancercare.org to watch or learn the dance we will be performing that day. Register by February 8 to receive a t-shirt for the event!



There's no doubt that divorce is painful. The good news is you don't have to go through it alone. Find help, discover hope, and experience healing with **DivorceCare**. Join us on March 3 for the beginning of a 13 week, life-changing series. The cost is \$35 and the workbook is included. Visit us in the lobby for more information!



Are you a current or former college or pro athlete? We would like to get to know you and allow you to use your expertise or athletic platform to evangelize and help others.

If interested, email marcus.preciado@therocksandiego.org.



ROCK BASKETBALL

LEAGUE

1EN: Wednesday nights

OMEN: Monday nights

Price includes gym, refs, Rock jersey, 8 aames + plavoffs.

www.therocksandiego.org/

nistries/basketball

For more info, visit the lobby table today.

This week at the Rock

financially free and living a life of contentment.

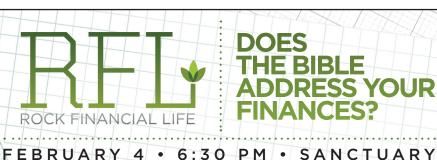
cations, visit www.sdrock.com/events or call 619.226.ROCK.

Rock Academy Enrollment

The Rock Academy is accepting applications for the 2011-2012 school year. The Rock Academy is a WASC accredited college preparatory school offering education for kindergarten through high school, as well as a dynamic preschool serving children aged 18 month through 5 years. Campus tour is Saturday, February 12, at 9 AM in room 254. For info, call 619.764.5200 or visit therockacademy.org.

Final Cut Editors: Children's Ministry

Final Cut editors, camera, and audio personnel are needed to help produce content for the Children's Ministry. You're invited to attend the Children's Ministry Orientation to share your talent, learn from production professionals and talk to our multimedia director.



Learn God's purpose, plan and principles for handling money and possessions, plus scriptural foundations and practical steps for becoming

Register at sdrock.com/army, \$20 pre-registration, \$30 in class





Pastor Miles will explore the big questions humankind has wrestled with through the ages: does God exist, what does science say, and if there is a God...why did he create us?

Announcements

Women's Breakfast

Join us for a time of fellowship, worship and inspiration on Saturday, February 5, 9 AM in Room 205. Special guest speaker Lisa Gordon will share 11 Strategies to Pick Up Your Mat & Walk that will help identify obstacles in your life. Cost: \$20.00. To R.S.V.P., contact Lisa at 619-846-4659 or lisa@ pearlsofwisdomseminars.com.



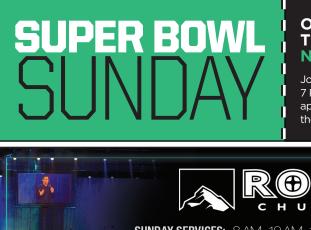
NICK VUJICIC

Born without limbs and lacking any clear medical explanation for his condition, Nick Vujicic has pursued life's greater purpose to impact the world. He has had to persevere through a maze of life circumstances that would seem insurmountable to most people. Join us as Nick challenges us to be all that God has created us to be.

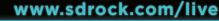
ROCK ACODEMY

THE POWER OF CHANGE

Prepare students to transform the world with your spare change! Your guarters, dimes and nickels can help us bank on providing Rock Academy students with the highest quality education so they can impact others for Christ. Pick up your globe bank at the lobby booth on February 6 or February 20 and return on May 22. 2011. For info. contact april.allen@therockacademv.org.



SUNDAY SERVICES: 8 AM · 10 AM · 12 PM · 5 PM · 7 PM (PST) Available on your computer or mobile device.

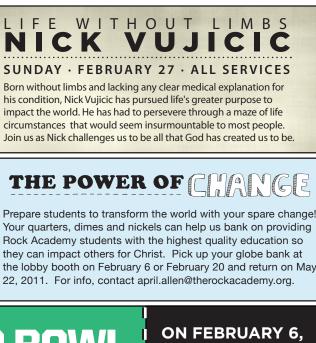


STAYCONNECTED

TO THE ROCK!

Marriage Coaches Needed

Fifty percent of marriages fail. What they need is a coach to give them encouragement, hope and basic instruction. To be a coach, you don't need to have a perfect marriage, just a willingness to share how God intended it to be. Basic materials supplied. Join us February 13 at 2 PM in Room 353, or for more info, contact beverly.kelly@therocksandiego.org.



THERE WILL BE **NO 5 PM SERVICE.**

Join us at 8 AM. 10 AM. 12 PM or 7 PM. The 7 PM service will start approximately 30 minutes after the Super Bowl concludes.





Fill	out	this	form	and	drop	it	at	the	Info	Booth	in	the	lobby	1.

Updating my information I'm NEW!

Name		DOB				
Address						
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Home Phone	Cell					
Email						
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🗌 Male	E Female	☐ Married				
Single	☐ Widow(er)	Divorced				
Military	Police	Eirefighter				
Name(s) and birthday(s) of household member(s):						
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Find us on Facebook at facebook.com/therocksandiego

Follow us on twitter at www.twitter.com/therocksandiego

How did you hear about us?

Friend or Family	🗌 On the News	🗌 Radio
Social Media	Driving By	🗌 Web
Other		

Receive Rock News! Text "SDROCK [vour email]" to 95495.