

Join the Rock A.R.M.Y.

The A.R.M.Y. is the Rock Church's foundation for growth and membership. Through our A.R.M.Y. spiritual formation steps you will find Accountability, achieve spiritual growth in Reaching the lost, have an opportunity to do something in Ministry, and become a good steward of Yo' Money, time, and talent. Membership is achieved by these simple steps:

Step 1 • Enlist in the A.R.M.Y.

First Name

Last Name

Address

Phone D.O.B.

Email

@

Step 2 • Become Active by completing one of the four core classes

A Accountability Seminar: Understanding the importance of Accountability.

R Reaching the Lost Seminar: Understanding the importance of Reaching the lost.

M Ministry Seminar: Understanding the importance of Ministry involvement.

Y Rock Financial Life Class: Understanding how to manage your Yo' Money, time, and talent.

For Class information visit www.sdrock.com/army

Step 3 • Complete all 4 classes to become a Graduate and receive your Rock A.R.M.Y. membership card, with benefits!



For more info, visit www.therocksandiego.org/army.

The Mission of the Rock Church... is to Save, Equip, and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.

Pastor: Miles McPherson

Ministry Leadership Team:

August Hunter, Prison Ministry	x5108
Danny Quimlat, 1825	x5191
Darren Carrington, Marriage and Family	x5125
David Cooper, Multi-site	x5238
David Robles, Children's	x5226
Dru Teves, Jr High	x5129
Gary Beneventi, Small Groups	x5130
George Clerie, Rock U/Impact 195	x5248
Jerry Ray, Stewardship	x5138
Lorri Greene, Sports	x5175
Marcus Preciado, Sports	x5279
Mark Bell, High School	x5229
Mark Richardson, Outreach Ministries	x5147
Mickey Stonier, Save, Equip, Send	x5146
Mingo Palacios, 1825	x5157
Ricky Page, Save	x5159
Shawn Wagner, Spiritual Formation	x5298
Stefanie Kelly, Worship Arts	x5171
Stephen Goble, Outreach Ministries	x5247
Tommy Moseley, Send	x5166

SERVICES TIMES

Sunday • 8 AM • 10 AM • 12 PM • 5 PM • 7 PM
Interpreting for the deaf is available at the 10 AM service.

Pebbles Pathway • 8 AM • 10 AM • 12 PM • 5 PM
Children's service for infants through 5th grade. Special Needs available at 10 AM and 12 PM.
To ensure the best worship experience for everyone, we ask that you do not bring children under the age of 5 into the main sanctuary.

Junior High • 10 AM • 12 PM • 5 PM (grades 6-8)

High School • Wednesday 7 PM (grades 9-12)

North County Service Times • 5 PM • 7PM
Children's service available at 5 PM.

Rockpile Bookstore • www.rockpilebookstore.com • 619.764.5280
Monday - Friday 10 AM - 7 PM • Saturday 10 AM - 3 PM • Sunday 7:30 AM - 2 PM and 4 - 9 PM

Rock Academy and Preschool • www.therockacademy.org
The Rock Academy is a WASC-accredited, college preparatory K-12 school.
For more info, call 619.764.5200.
The preschool is a fully licensed, infant-to-5-year preschool.
For more info, call 619.764.5205.

Rock Thrift Store • www.rockthriftstore.com
Monday - Saturday 9 AM - 7 PM • Sunday 9 AM - 6 PM • Donations Accepted Daily 9 AM - 6 PM
3191-B & E Sports Arena Blvd. San Diego, CA 92110 • Phone: 619.876.4187

Need prayer? Visit www.sdrock.com/prayer

Follow us on Twitter: www.twitter.com/therocksandiego

Listen to us on the Radio KPRZ 1210 • M-F 4:30 PM

619.226.ROCK • www.therocksandiego.org • www.therocknorthcounty.org
www.therockuniversity.org • www.therockacademy.org • www.milesahead.com

THE DO SOMETHING CHURCH



January 23, 2011

PRO DAY

SUNDAY, JANUARY 30 // ROCK CHURCH // ALL SERVICES



Join baseball superstar
ADRIAN GONZALEZ

former heavyweight champion
CHRIS BYRD

...and other pros as they share stories of faith at the highest levels of sports.





In 2010, the Rock Church completed **706,313 hours** of city-transforming ministry service.

Do something at sdrock.com/dosomethingworld

HUMAN TRAFFICKING AWARENESS NIGHT

Thursday, January 27 • 7 PM • Rock Church Cafeteria

The FBI has identified San Diego as a high density area for child prostitution. Join Hidden Treasures, San Diego law enforcement and Breaking Chains for info, startling stats, and how to address this evil.

Contact hiddentreasures.sd@gmail.com or call 858.248.1067 for more info.

DISCOVERING GOD'S CALL ON YOUR PROFESSIONAL LIFE

Thursday, January 27 • 6:30 PM • Jr. High Room

Align your career with your gifts! Christian Career Coaches help uncover your calling, teach you how to write a resume, interview, and utilize people you know to land your next job.

For more info, contact Paige Cohen at pcohen@khec.com.

Cancer Care Flash Mob Benefit

Saturday, February 12 // 10 AM // Balboa Park

Join Rock Steady and Rock Cancer Care in the Flash Mob to benefit Rock Cancer Care, which helps cancer patients by providing transportation, meal deliveries and visitation. All ages welcome.

Visit www.rockcancer.org to watch or learn the dance we will be performing that day. Register by February 8 to receive a t-shirt.

SUPERFEST

February 5 // 4 PM // DEL NORTE HIGH SCHOOL

Don't miss the chance for you and your family to connect with pro athletes such as **Adrian Gonzalez, Heath Bell, Jacques Cesaire** and others. They will share about how to play and live like a champion. Get there on time to hear **Pro-Performance** tips on football, baseball, basketball, soccer and more.

For more info, visit www.superfestsd.com

HOOPS THERE IT IS

Price includes gym, refs, Rock jersey, 8 games + playoffs.

ROCK BASKETBALL LEAGUE

REGISTER:
www.therocksandiego.org/ministries/basketball

MEN: Wednesday nights.
WOMEN: Monday nights.

For more info, visit the lobby table today.

This week at the Rock


For more event information and locations, visit www.sdrock.com/events or call 619.226.ROCK.

1825 Launch Week

1825 is relaunching with 5 nights of ministry beginning Sunday, February 20, 2011. Gatherings range from downtown mixers to weekly community groups. Hit the website for all the dates, times and locations. www.rock1825.com

Men's Breakfast

The first men's breakfast of the year is Saturday, February 26, 9 AM. Come worship with Tony Molina and the Ironmen Band and special guest speaker, Joe Vaine. Hear his powerful testimony, stories of miracles in the African bushland, and more. Don't miss this!



DOES THE BIBLE ADDRESS YOUR FINANCES?

Learn God's purpose, plan and principles for handling money and possessions, plus scriptural foundations and practical steps for becoming financially free and living a life of contentment. Applying financial principles to your marriage and family.

Register at sdrock.com/army, \$20 pre-registration, \$30 in class.




Services are available **LIVE online every week.** Watch on your computer, iPhone, iPad or Android.

www.sdrock.com/live

Announcements

Women's Breakfast

Join us for a time of fellowship, worship and food on Saturday, February 5, 9 AM at the Impact 195 office. Special guest speaker Lisa Gordon will share **11 Strategies to Pick Up Your Mat & Walk** that will help identify obstacles in your life. Cost: \$20.00. RSVP to 619.846.4659 and for more info, contact Teresa tholde1872@aol.com or 619.571.3260. Address: 2590 Truxtun #104

Children's Volunteer Opportunity

Do you love God and love kids? Children's Ministry has a wide variety of opportunities to serve: music & dance, production & technical, teaching, drama, graphic arts and more! For more info, visit www.therocksandiego.org/ministries/childrens/volunteer/

1825 IN THE SANCTUARY

THURSDAY, JANUARY 27, 6:30 PM

1825 Young Adult Ministry is throwing their first worship event of 2011 in the Rock Sanctuary. Join us for a night of interactive experiences, intimate worship and an inspiring message.

ALL MARRIED Café

We invite all husband and wife married couples to join us in doing what so many have forgotten how to do—**HAVE FUN TOGETHER!**

Newly-married and veterans, this is for you. Dance, laugh and learn valuable marriage tools! **MARRIAGE. GAME ON!**

WWW.SDROCK/MINISTRIES/MARRIAGEANDFAMILY

BEGINS JANUARY 28 // RM 232 // 6:30 PM EVERY OTHER FRIDAY NIGHT

Marriage Busters Busted: class

WEDNESDAY, FEBRUARY 16, 2011 • 6:30 - 8:30 PM

Learn to experience a fulfilling Godly love, physical and spiritual intimacy the way God intended it to be. This six week class will teach you how to strengthen your marriage and recognize destructive areas that commonly destroy them.

For more info, go to www.therocksandiego.org/ministries/marriageandfamily/marriageclass

ROCK ACADEMY ENROLLMENT

Great News! The Rock Academy is now accepting applications for the 2011-2012 school year. The Rock Academy is a WASC accredited college preparatory school offering education for kindergarten through high school, as well as a dynamic preschool serving children aged 18 month through 5.

Come for a campus tour on Saturday, February 12 at 9 AM in room 254. Ask about our new robotics program.

For more info, call 619.764.5200 or visit www.therockacademy.org.



STAYCONNECTED

TO THE ROCK!

Fill out this form and drop it at the Info Booth in the lobby.

Updating my information I'm NEW!

Name DOB

Address

City State Zip

Home Phone Cell

Email

@

Campus: Pt. Loma North County

Male Female Married
 Single Widow(er) Divorced
 Military Police Firefighter

Name(s) and birthday(s) of household member(s):

.....

facebook.com/.....

twitter: @

Find us on Facebook at facebook.com/therocksandiego

Follow us on twitter at www.twitter.com/therocksandiego

How did you hear about us?

Friend or Family On the News Radio
 Social Media Driving By Web

Other

Receive Rock News! Text "SDROCK [your email]" to 95495.

NEW WAYS TO CONNECT