# Join the Rock A.R. M.Y.

The A.R.M.Y. is the Rock Church's foundation for growth and membership. Through our A.R.M.Y. spiritual formation steps you will find Accountability, achieve spiritual growth in Reaching the lost, have an opportunity to do something in Ministry, and become a good steward of Yo' Money, time, and talent. Membership is achieved by these simple steps:

Step 1 · Enlist in the A.R.M.Y.

First Name	 	 
Last Name	 	 
Address		 
Phone	D.O.B.	 
Email	 	 
@		

# Step 2 • Become *Active* by completing one of the four core classes

A Accountability Seminar: Understanding the importance of Accountability. Class is October 4.

Reaching the Lost Seminar: Understanding the importance of Reaching the lost. **Begins October 11**.

M Ministry Seminar: Understanding the importance of Ministry involvement. Class is October 10.

Y Rock Financial Life Class: Understanding how to manage your Yo' Money, time, and talent. **Began August 27**.

Step 3 · Complete all 4 classes to become a *Graduate* and receive your Rock A.R.M.Y. membership card, with benefits!



For more info, visit www.sdrock.com/arm

The Mission of the Rock Church... is to Save, Equip, and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.

Pastor: Miles McPherson

#### Ministry Leadership Team: August Hunter, Prison Ministry x5108 Danny Quimlat, 1825 x5191 Darren Carrington, Marriage and Family x5125 David Cooper, Multi-site x5238 David Robles, Children's x5226 Dru Teves, Youth x5129 Gary Beneventi, Small Groups x5130 George Clerie, Rock U/Impact 195 x5248 Jerry Ray, Stewardship x5138 Mark Bell, High School x5229 Mark Richardson, Outreach Ministries x5147 Mickey Stonier, Save, Equip, Send x5146 Mingo Palacios, 1825 x5157 Ricky Page, Save x5159 Shawn Wagner, Spiritual Formation x5298 Stefanie Kelly, Worship Arts x5171 Stephen Goble, Outreach Ministries x5247

#### **SERVICES TIMES**

Tommy Moseley, Send

Sunday • 8 AM • 10 AM • 12 PM • 5 PM • 7 PM

Interpreting for the deaf is available at the 10 AM service.

Pebbles Pathway • 8 AM • 10 AM • 12 PM • 5 PM

Children's service for infants through 5th grade. Special Needs available at 10 AM and 12 PM. To ensure the best worship experience for everyone, children under the age of 5 will not

x5166

Junior High • 10 AM • 12 PM • 5 PM (grades 6-8)

High School • Wednesday 7 PM (grades 9-12)

North County Service Times • 5 PM • 7PM

Children's service available at 5 PM.

be permitted in the main sanctuary.

#### Rockpile Bookstore · www.rockpilebookstore.com · 619.764.5280

Monday - Friday 1 PM - 7 PM • Saturday 10 AM - 3 PM • Sunday 7:30 AM - 2 PM and 4 - 9 PM

### Rock Academy and Preschool · www.therockacademy.org

The Rock Academy is a WASC-accredited, college preparatory K-12 school. For more info, call 619.764.5200.

The preschool is a fully licensed, infant-to-5-year preschool. For more info, call 619.764.5205.

#### Rock Thrift Store · www.rockthriftstore.com

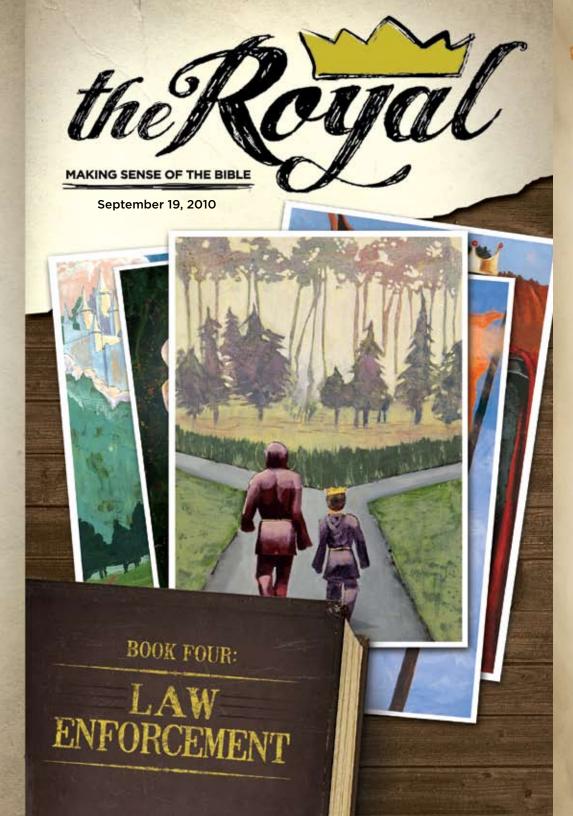
Monday - Saturday 9 AM - 7 PM • Sunday 9 AM - 6 PM • Donations Accepted Daily 9 AM - 6 PM 3191-B & E Sports Arena Blvd. San Diego, CA 92110 • Phone: 619.876.4187

Need prayer? Visit www.sdrock.com/prayer

Follow us on Twitter: www.twitter.com/therocksandiego

Listen to us on the Radio KPRZ 1210 • M-F 4:30 PM

**619.226.ROCK • www.therocksandiego.org • www.therocknorthcounty.org** www.therockuniversity.org • www.therockacademy.org • www.milesahead.com



connect, belong, grow

## **+JOIN A SMALL GROUP!**

Find Community in a Large Church www.sdrock.com/smallgroups

For more info, contact john.darrow@therocksandiego.org or call 619.764.5185.

## BECOME A LEADER OR HOST!

Do you want to help others grow through God's Word, fellowship and ministry?

Become a Rock Church Small Group leader! Here's how:

- Visit www.sdrock.com/smallgroups
- Click on the "Lead a Small Group" link
- Fill out and submit the application
  Upcoming Leader Trainings
- Sunday, September 12, Chapel, 2 PM
- · Sunday, October 3, Cafeteria, 2 PM
- Sunday November 7, 2010, Cafeteria, 2 PM
- Sunday, December 5, 2010, Cafeteria, 2 PM

#### For more info, contact

Scotty at scotty.james@therocksandiego.org or 619.764.5161 or

Nicole at nicole.moser@therocksandiego.org or 619.764.5239.

www.sdrock.com/smallgroups



As of Sunday, August 8,

#### 423,293 HOURS

of city-transforming ministry service have been completed. Help us reach our 2010 goal of 700,000 hours. Visit sdrock.com/dosomethingworld

## **BUSINESS LIFE MINISTRY**

Wednesday, September 22 • 6:30 PM

Business people - Learn SEO myths and clutter, 7 things your online presence needs and more about social networking. 3944 Murphy Canyon Road, #C103, SD, CA 92123 \$10/per person.

For more info, contact Cyrus cyrusrapinan@yahoo.com or call 858.733.1136.

# ANNUAL PROLIFE BANQUET

Friday, September 24 • 6:30 PM

Silent Voices is celebrating 26 years of ministry! The speaker will be Melody Green, co-founder of Last Days Ministries with late husband, singer-songwriter Keith Green.
Volunteers for the banquet needed!

For more info, contact svoices@pacbell.net or call 619.422.0756.

## **RALLY RIDE**

#### September 25 • 9 AM • National City

Dust off that motorcycle, and join us for the 3rd annual Rally Ride! We're riding to raise awareness for our next BIG Rock n' Ride Benefit Event for Foster Youth. Best yet, it's FREE and FUN so bring all your ridin' buddies! Meet us at Sweetwater Harley Davidson in National City, 3201 Hoover Ave.

For more info, contact rocknride@therocksandiego.org or call 619.764.5158.

## **SURF MINISTRY**

Fridays • 8 AM or 5 PM

Come surf and study with us! Either Fridays, 8 AM, Cafe 976, 976 Felspar St., Pacific Beach (Bible Study then surf); or Fridays, 5 PM, Tower 33, La Jolla Shores (Surf then Bible study).

For more info, contact surf@therocksandiego.org or call 619.203.4451.

# IT'S NOT JUST PUPPETRY, IT'S MINISTRY!

Saturday, September 25 • 10 AM • RM 224

Are you passionate about reaching children and families for Christ? Catch PUPPET FEVER! Come to the JC Living Hope Puppets Ministry informational meeting on WE WILL HAVE SO MUCH FUN!

For more info, contact 858.752.7770, or venalws@yahoo.com.

## Announcements

For more event information and locations, visit www.sdrock.com/events or call 619.226.ROCK.

#### Love God and Kids?

Children's Ministry has opportunities to serve: in music/dance, production/technical, teaching, drama, graphic arts, and more! First step: orientation, Sunday, October 3, 2:30 PM, RM 232. For more info, contact jennifer.perry@therocksandiego.org or call 619.764.5218.

### **Kids' Small Groups**

Kids Small Groups start October 13! Your 3rd-5th graders will grow in faith while being challenged to become do something kids. Sign-up deadline is October 3. For more info and to register, visit www.sdrock.com/ministries/childrens/ksg or call Christina Paiva at 619.764.5211.

# LADIES FALL GET TOGETHERS

#### COME AND SHINE

Tuesdays starting September 21 • 9:30 AM • RM 235

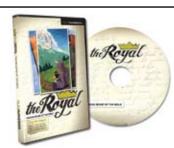
Women of all ages are invited to join us for "Shine." We will be studying "The Secret of Contentment." Childcare available.

#### SISTERS IN CHRIST

Wednesdays • 6:30 PM • RM 232

Worship, prayer, and fellowship in a small group setting for all women. If you need guidance for everyday living, join us!

For more info, contact womensministry@therocksandiego.org or call Karen at 858.361.7779.





## **BOOK ONE: WARRIORS**

DVD now available! Includes four messages from Book One/Warriors in Pastor Miles McPherson's series on understanding the Bible. Visit the Rockpile Bookstore today and purchase your copy for only \$19.99!



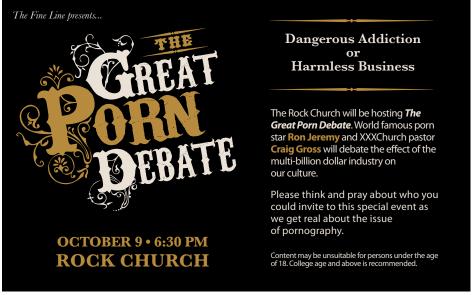
# **Announcements**

#### **Rock Thrift Store Needs Volunteers**

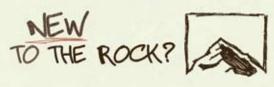
Come, experience the joy of volunteering and reaching out to the community. We need team leaders, merchandising, stockers and cashiers every day of the week. For more info or to sign up, visit rockthriftstore.com or call 619.876.4187.

#### Men's Retreat: Be the One

Rock men, join us October 22-24 at the Pine Valley Bible Conference. Learn from Dr. Tim Elmore. Worship with Tony Molina and the Ironmen Band. SIgn-up at Warriors on Tuesday nights. For more info or to register, visit www.sdrock.com/e7227 or call 619.290.0081.







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Receive Rock News! Text "SDROCK [your email]" to 95495.