

Rock Small Groups
connect,
belong,
grow



No prior experienced needed.
We'll train you!

With thousands attending Sunday services, the Rock Church wants each person to get connected to a community and grow spiritually. A great way to do that is through Small Groups--which need leaders and hosts!

- Leading a Small Group is a great way to
- grow in your walk with the Lord
 - encourage others in their relationship with Jesus Christ
 - serve the Rock Church
 - serve San Diego Count

Sign up today for more information:

First Name

Last Name

Address

Phone D.O.B.

Email

@



The Mission of the Rock Church...
is to Save, Equip, and Send out a motivated ARMY of believers who
engage every segment of society while remaining true to our DNA.

Pastor: Miles McPherson

Ministry Leadership Team:

August Hunter, Prison Ministry	x5108
Danny Quimlat, 1825	x5191
Darren Carrington, Marriage and Family	x5125
David Cooper, Multi-site	x5238
David Robles, Children's	x5226
Dru Teves, Youth	x5129
Gary Beneventi, Small Groups	x5130
George Clerie, Rock U/Impact 195	x5248
Jerry Ray, Stewardship	x5138
Mark Bell, High School	x5229
Mark Richardson, Outreach Ministries	x5147
Mickey Stonier, Save, Equip, Send	x5146
Mingo Palacios, 1825	x5157
Ricky Page, Save	x5159
Shawn Wagner, Spiritual Formation	x5298
Stefanie Kelly, Worship Arts	x5171
Stephen Goble, Outreach Ministries	x5247
Tommy Moseley, Send	x5166
Zack Jones, Rock Sports/Community Events	x5170

SERVICES TIMES

Sunday • 8 AM • 10 AM • 12 PM • 5 PM • 7 PM

Interpreting for the deaf is available at the 10 AM service.

Pebbles Pathway • 8 AM • 10 AM • 12 PM • 5 PM

Pebbles Pathway children's service for infants through 5th grade available.

Special Needs available at 10 AM and 12 PM

Junior High • 10 AM • 12 PM • 5 PM (grades 6-8)

High School • Wednesday 7 PM (grades 9-12)

To ensure the best worship experience for everyone, children
under the age of 5 will not be permitted in the main sanctuary.

Listen to us on the Radio KPRZ 1210 • M-F 4:30 PM

Rockpile Bookstore

Monday - Friday 2 PM - 7 PM • Saturday 9 AM - 3 PM • Sunday 7:30 AM - 2 PM and 4 - 9:30 PM
2277 Rosecrans St. San Diego, CA 92106 • Phone: 619.764.5280

Rock Academy

WASC Accredited, College Preparatory K-12th School

Fully-Licensed 18 Month - 5 Year Preschool

For more info, visit www.therockacademy.org or call 619.764.5200.

Dr. Richard Andujo, Principal

K-12th Grade: 619.764.5200

Sheila Ellis, Preschool Director

619.764.5205

Need prayer? Visit www.sdrock.com/prayer

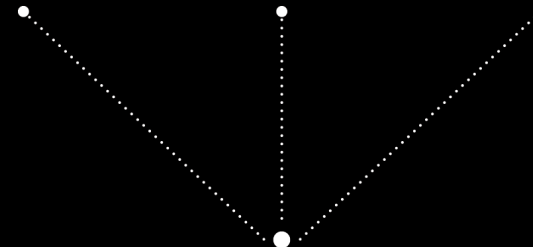
Follow us on Twitter: www.twitter.com/therocksandiego

619.226.ROCK • www.therocksandiego.org

www.therockuniversity.org • www.therockacademy.org • www.milesahead.com



DISCOVERING THE WILL OF GOD



May 9, 2010

FOOD DRIVE

EVERY SUNDAY IN MAY • 7 AM TO 7 PM

DROP OFF ALL DONATIONS IN THE VONS PARKING LOT

This summer, 27% of San Diegans will go hungry.
You can do something about it! Help us fill 30
semis full of nonperishable food for the San
Diego Food Bank. We are in need of volunteers
on Sundays to help us load the trailers.

ITEMS TO BRING

- canned meat & tuna
- canned soups
- canned fruits & vegetables
- canned beans
- dry cereal or rice
- mac & cheese & spaghetti

For more info, contact stephen at 619.764.5247 or
stephen.goble@therocksandiego.org.





As of Sunday, March 9,
73,769 HOURS
of city-transforming ministry
service have been completed.
Help us reach our 2010 goal
of 700,000 hours.
Visit www.idosomething.org.

FOSTER CARE SEMINAR

SATURDAY, MAY 15 • 9 AM-2 PM • ROCK CHURCH

Discover the joys and challenges of foster care. Workshops and breakout sessions for prospective and new foster parents and agency personnel. Children's program available.

For more info, visit us in the lobby. Call Erika at 619.764.5133 or email erika.payne@therocksandiego.org.



FREE!

JESUS GEEKS FREE COMPUTER DIAGNOSTICS
MONDAYS • 6:30 PM • RM 352

Get a computer checkup by the Rock Church Computer Services Ministry. Donations accepted! Funds raised support Jesus Geeks outreach. If you're a technician, use your geeky skills and join the Jesus Geeks.

For more, contact geeks@therocksandiego.org or call 619.764.5200.



ROCK 'N' ROLL MARATHON
VOLUNTEERS NEEDED

We need 350 volunteers for the San Diego Rock 'n' Roll Marathon Sunday, June 6! Sign up at the Runners & Triathlons Ministry table in the Rock Lobby.

For more info, contact 619.518.3725 or racevolunteers@therocksandiego.org.

Future Rock Sports Ministry...

Are you interested in starting a Sports Ministry? Rock Sports would love to talk to you. For more info, contact lorri.greene@therocksandiego.org or call 619.764.5175.

This Week at the Rock

For more event information and locations, visit www.sdrock.com/events or call 619.226.ROCK.

Monday, May 10

MAY
10-12
• 2010 •

MARK YOUR CALENDAR

A Call to Pray and Fast • Rock Sanctuary • 7 PM

Join Rock pastors and ministry leaders as we seek the Lord together for three days of prayer and fasting for our church, community, and mission. Worship will be lead by Evan Wickham and other special guests.

Communion will be served each night.



Tuesday, May 11

8:30 AM	Men's Ministry: Warriors & Ironmen	Rock Café
7 PM	1825 Ministry: Young Adult Café	Rm 235

Wednesday, May 12

6:30 PM	Women's Ministry: Sisters in Christ Potluck Dinner	Rm 232
7 PM	High School Ministry: Epic Experience	Rock Café

Thursday, May 13

7 PM	Foster Youth Mentor Ministry: Mentor Pow Wow	Rm 355
7 PM	JC's Girls Ministry: Bible Study & Support Group	Rm 351

Friday, May 14

ROCK UNIVERSITY PRESENTS A ...

BENEFIT CONCERT

Friday, May 14 • 7 PM • Rock Church

FEATURING

• **NATALIE GRANT** •
PHIL STACEY AND
BRITT NICOLE
WITH SPECIAL GUEST HOST
TREVOR DAVIS

Tickets start at \$25 at Rockpile Bookstore or ticketforce.com.
VIP packages available. Call 619.764.5249 for your VIP spot.

Saturday, May 15

12 PM	Sailing Ministry	Glorietta Bay
7 PM	MACs Ministry: Devotional	Rock Café

Sunday, May 16

2 PM	Writer's Ministry: Fellowship & Skillbuilding	Launch Pad
5 PM	Jr. High Ministry: Hey Gurl & Man Camp	Jr. High Room

Announcements

An Essential A.R.M.Y. Course

"Christian Essentials" in one of the A.R.M.Y.'s four core courses. The spring session starts April 26; summer session starts July 12. Five Mondays, 6:30 PM, Rm 232. Cost: \$15 for materials. To register, visit www.sdrock.com/ army or contact Nicole at 619.764.5224.

Joy Story!

Camp Rock is June 21-24, 2010, for kindergarten through fifth grade, at the Rock Church. Cost: \$20 (before June 1); \$25 (after June 1); \$60 family max. Volunteers needed too! For more info, contact jennifer.perry@therocksandiego.org or call 619.764.5218.

Minister to Grieving People?

Get trained to deal with "Grief Following Trauma." This CISM course is Wednesday, May 19 and Friday, May 21, 6 PM; Saturday, May 22, 8:30 AM-5:30 PM. Fee is \$45. To register, go to www.sdrcock.com/e6692. Contact eve.tolentino@therocksandiego.org or call 619.764.5137.

Women's Spring Luncheon

The annual Women's Spring Luncheon is Saturday, May 22, 2010, 12 PM, at the Crowne Plaza Hotel in Mission Valley. Tickets: \$20. Purchase online at www.therocksandiego.org/ministries/womens/womenstea/ or at Sisters in Christ on Wednesdays. Carpool if possible. For more info, contact women@therocksandiego.org or call 858.361.7779.



ROCK
THRIFT STORE

GRAND OPENING MAY 22

Celebrate the Rock Thrift Store Grand Opening, Saturday, May 22 at 1PM! Join Pastor Miles McPherson and other guests for a special ribbon cutting to dedicate the store as a new outreach ministry in our community. Day of events include: food, music, and in store specials and giveaways! For more info visit www.rockthriftstore.com.

PAUSE&PLAY

9TH ANNUAL MARRIAGE GETAWAY
JUNE 25-27, 2010 • Westin Resort, Rancho Mirage, CA

If you let it, life will drain your marriage. Join Pastor Miles and Debbie McPherson and other Rock pastors as they share valuable yet practical solutions on how to hit the **PAUSE** button on busyness, and the **PLAY** button on your marriage!

COST:

- Early-bird special: Register by May 16, \$335 (Make an investment in your marriage!)
- Regular registration after May 16: \$350

For more info or to register, go to www.sdrock.com/e6743 or call 619.764.5122.

CRITICAL INCIDENT STRESS MANAGEMENT

MINISTER TO GRIEVING PEOPLE

Get trained to deal with "Grief Following Trauma." This CISM course is Wednesday, May 19 and Friday, May 21, 6 PM; Saturday, May 22, 8:30 AM-5:30 PM. Fee is \$45. To register, go to www.sdrcock.com/e6692.

For more info, contact eve.tolentino@therocksandiego.org or call 619.764.5137.



Fill out this form and drop it at the Info Booth in the lobby.

☐ Updating my information. ☐ Today is my first visit.

Name _____ DOB _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Cell _____

Email _____

@ _____

<input type="checkbox"/> Male	<input type="checkbox"/> Female	<input type="checkbox"/> Married
<input type="checkbox"/> Single	<input type="checkbox"/> Widow(er)	<input type="checkbox"/> Divorced
<input type="checkbox"/> Military	<input type="checkbox"/> Police	<input type="checkbox"/> Firefighter

Name(s) of family member(s) & birthday(s):

I would like more information on:

<input type="checkbox"/> Pebbles Pathway (Children)	<input type="checkbox"/> Small Groups (Home Fellowships)
<input type="checkbox"/> The Break (Jr. High)	<input type="checkbox"/> Marriage & Family
<input type="checkbox"/> High School	<input type="checkbox"/> Rock U (Spiritual Development Classes)
<input type="checkbox"/> 1825 (Young Adult)	<input type="checkbox"/> Community Outreach
<input type="checkbox"/> Women's Ministry	<input type="checkbox"/> Rock Sports
<input type="checkbox"/> Men's Ministry	<input type="checkbox"/> Rock Academy (Preschool - 12th)

How did you hear about us:

<input type="checkbox"/> Friend or Family	<input type="checkbox"/> On the News	<input type="checkbox"/> Other
<input type="checkbox"/> Web	<input type="checkbox"/> Yellow Pages	_____
<input type="checkbox"/> Radio	<input type="checkbox"/> Drive By	_____

Receive Rock News! Text "SDROCK [your email]" to 95495.