

Get empowered to do something that will impact the world for eternity! Impact 195 is a comprehensive nine-month discipleship program that will solidify your faith, deepen your relationship with God, and prepare you for a lifetime of ministry.

\$100 discount if you register by 1.31.10. GET MORE INFORMATION:

| Name | DOB | |
|------------|-----|--|
| Address | | |
| City | | |
| Home Phone | | |
| Email | | |
| @ | | |

I want to make an impact by (check what applies):

| ■ Being a Student |
|-------------------------|
| ☐ Sponsoring a Student |
| ☐ Praying for a Student |

Apply today! For more info or to get an application packet, visit www.therockuniversity.org or call 619.226.7625.

The Mission of the Rock Church... is to Save, Equip, and Send out a motivated ARMY of believers who engage every segment of society while remaining true to our DNA.

Pastor: Miles McPherson

Pastoral Team: August Hunter, Prison Ministry x5108 Danny Quimlat, 1825 x5191 Darren Carrington, Marriage and Family x5125 David Cooper, Multi-site x5238 David Robles, Children's x5226 Dru Teves, Youth x5129 Gary Beneventi, Small Groups x5130 George Clerie, Rock U/Impact 195 x5248 Jerry Ray, Stewardship _x5138 Mark Bell, High School x5229 Mark Richardson, Outreach Ministries x5147 Mickey Stonier, Save, Equip, Send x5146 Mingo Palacios, 1825 x5157 Ricky Page, Save x5159 Shawn Wagner, Spiritual Formation_ x5298 Stefanie Kelly, Worship Arts x5171 Stephen Goble, Outreach Ministries x5247

_x5166

x5170

SERVICES TIMES

Tommy Moseley, Send_

Zack Jones, Save, Equip, Send

Sunday • 8 AM • 10 AM • 12 PM • 5 PM • 7 PM
Interpreting for the deaf is available at the 10 AM service.

Pebbles Pathway • 8 AM • 10 AM • 12 PM • 5 PM

Pebbles Pathway children's service for infants through 5th grade available. Special Needs available at 10 AM and 12 PM

Junior High • 10 AM • 12 PM • 5 PM (grades 6-8)

Senior High • Wednesday 7 PM (grades 9-12)

To ensure the best worship experience for everyone, children under the age of 5 will not be permitted in the main sanctuary.

Listen to us on the Radio KPRZ 1210 • M-F 4:30 PM

Rockpile Bookstore

Monday - Friday 2 PM - 7 PM • Saturday 9 AM - 3 PM • Sunday 7:30 AM - 2 PM and 4 - 9:30 PM 2277 Rosecrans St. San Diego, CA 92106 • Phone: 619.764.5280

Rock Academy

WASC Accredited, College Preparatory K-12th School

Fully-Licensed 18 Month - 5 Year Preschool

For more info, visit www.therockacademy.org or call 619.764.5200.

Dr. Richard Andujo, Principal

K-12th Grade: 619.764.5200

Sheila Ellis, Preschool Director

619.764.5205

Need prayer? Visit www.sdrock.com/prayer

Follow us on Twitter: www.twitter.com/therocksandiego

619.226.ROCK • www.therocksandiego.org

 $www.the rockuniver sity.org \bullet www.the rockacademy.org \bullet www.milesahead.com$







ROCK U

UPCOMING CLASSES

New Courses!

CHURCH HISTORY

{02.01.10 - 2.22.10}

From the book of Acts to the Reformation *Instructor: Chuck Jamison*

EMPOWERED TO LOVE LIKE JESUS

{02.01.10-03.22.10}

You were created to live your life in love—learn how to do that.

Instructor: Kirsten Strawn

CAREER TRANSITION

{02.01.10 - 02.22.10}

Jumpstart your job hunt and more *Instructor: Paige Cohen*

LIFE-STYLE EVANGELISM

{02.10.10-02.24.10}

Insert the gospel into everyday encounters

Instructor: Sean Henschel

SPIRITUAL FORMATION

{02.10.10 - 03.17.10}

A closer walk with Christ, for all Christians young and old

Instructor: David Looney

Fee: Each, \$15, except Life-style Evangelism, which is \$10.



For more info, and to register, go to www.therockuniversity.org.



As of Sunday, January 24, 11,514 HOURS

of city-transforming ministry service have been completed. Help us reach our 2010 goal of 700,000 hours. Visit www.idosomething.org.

New hip hop for children aged 5 to 10, 4 PM, \$10/session. Beginner hip hop all ages, 5 PM, \$10/session. Regular company class and Bible study, 7 PM, \$7 for 1 session or \$24 for 4. Location: Flip Force of San Diego, 5629 Copley Dr, San Diego

For more info, visit www.rocksteadydance.org or contact 3randon at hiphop@therocksandiego.org or 619.247.0653.

MONDAYS · 6:30 PM

spiritual, and emotional support, while connecting patients,

ROCKRECOVERY

Rock Recovery is a Christian 12-step ministry of the Rock Church. We are a Christ-centered, co-ed support group that uses small-group interaction, scripture, and 12-step principles for those dealing with the bondage and destruction of addiction.

For more info, contact David at rockrecovery@therocksandiego.org or 619.925.1879. Visit www.therocksandiego.org/eventcalendar/ rockrecovery/ for upcoming events.

READ THE BIBLE BY THE END OF THE YEAR!

Monday - Deuteronomy 28-30 Tuesday - Deuteronomy 31-34

Friday - Joshua 7-9 Saturday - Joshua 10-12

Wednesday - Joshua 1-3 Thursday - Joshua 4-6

Sunday - Joshua 13-15



RETAIL EXPERTS NEEDED

The Rockpile bookstore is seeking advisory board members to offer consultation on improving retail operations.

For more information please contact Jayson Payne at 619.764.5135 or jayson.payne@therocksandiego.org.

This Week at the Rock

Monday, February 1

Hip Hop Ministry: Rock Steady Classes

Clairemont

Rock Cancer C.A.R.E. Support Group Rock Church Library

Tuesday, February 2

6:30 PM



Wednesday, February 3

Women's Ministry: Sisters in Christ Rm 232 Sr. High Ministry: Epic Rock Café

Thursday, February 4

Rock Recovery: The Most Excellent Way Rock Church Library

JC's Girls Ministry: Bible Study & Support Group 7:30 PM Rm 351

Friday, February 5

Jr. High Ministry: Friday Nite Live Rock Park 7:30 PM Rock Recovey Ministry: Bonfire De Anza Cove

Saturday, February 6

Men's Ministry: First Fruits Prayer Community Room

Sunday, February 7



NO 5 PM SERVICE **SUPER BOWL SUNDAY**

On February 7, Super Bowl Sunday, there will be no 5 PM service. Join us at 8 AM, 10 AM, 12 PM or 7 PM. The 7 PM service will start approximately 30 minutes after the Super Bowl concludes.

For more event information and locations, visit www.sdrock.com/events or call 619.226.ROCK.

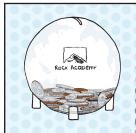
Announcements

DO Something For Kids

Do you love kids? Children's Ministry has ways to serve: music & dance, production & technical, teaching, and more! Orientation is Sunday, February 14, 2:30 PM, Rm 232. For more info, contact Jennie at 619.764.5218 or jennifer.perry@therocksandiego.org.

Basketball League Sign-Ups

Come play and pray Friday nights at Jackie Robinson YMCA. Sign up as a team, individual, or with your buddies. Cost per person: \$75. Games start in February. For more info, contact Brent at 619,739,3007 or basketball@therocksandiego.org.



THE POWER OF

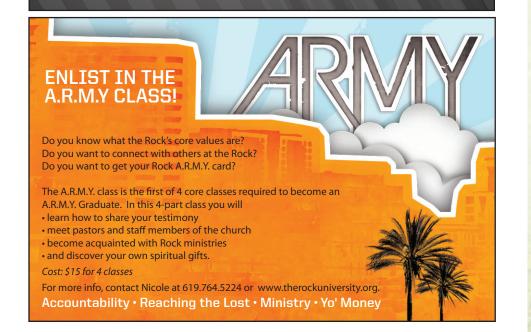
Help Rock Academy students receive a quality education so that they can impact others for Christ. Pick up a globe bank in the lobby. Drop in your coins and return it by May 23, 2010. Spare your change--and change a life!

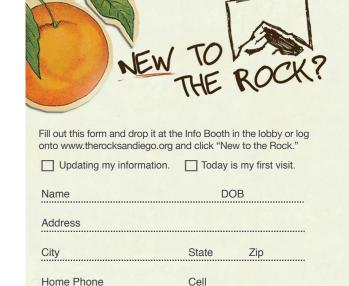
For more info, contact April at april.allen@therocksandiego.org or call 619.764.5200 x4000.



We need volunteers to lead the upcoming DO Something project March 6. Are you gifted in project management? Or would you like to volunteer just for the day?

For more info, contact sharon.predika@therocksandiego.org or call 619.764.5118.





☐ Female

Police

Friend or Family On the News Other

Yellow Pages

☐ Drive By

Receive Rock News! Text "SDROCK [your email]" to 95495.

Name(s) of family member(s) & birthday(s):

I would like more information on:

Pebbles Pathway

☐ Women's Ministry

How did you hear about us:

Men's Ministry

(Children)

☐ The Break

(Sr. High)

☐ SHM

□ 1825

☐ Web

Radio

☐ Widow(er)

Divorced

Firefighter

Small Groups

Rock U

Rock Sports

☐ Rock Academy

(Home Fellowships

☐ Marriage & Family

(Spiritual Development Classes)

Community Outreach

Email

Demographics

Male

Single

Military