

Weekly Reading

READ THE BIBLE IN A YEAR!

Monday - Psalm 28 - 30

Tuesday - Psalm 31 - 33

Wednesday - Psalm 34 - 36

Thursday - Psalm 37 - 39

Friday - Psalm 40 - 42

Saturday - Psalm 43 - 45

Sunday - Psalm 46 - 49

ROCKPILE

Visit the Rockpile today for all your Dad's and Grads needs. 10% off all Fathers Day and Graduation greeting cards.

Get the Message



Purchase today's message CD for \$5 in the Rockpile Store located next to the Cafeteria, or sign up for a weekly subscription at www.rockpilestore.com.

Weekly Podcast of each message is available online at www.therocksandiego.org, where you can also watch the current message video and download the lesson plan.

This Week at the Rock

Monday, June 9

6:30 PM	Men's Ministry: Men's Monday Nights	Rm 235
7 PM	1825: The Venue — Downtown	Off Campus
7 PM	Homeless Ministry: Bread Of Life	Off Campus
7:30 PM	Marriage and Family Ministry: House or Home Class	Off Campus

Tuesday, June 10

7 PM	Hip Hop Ministry: Rock Steady Classes	Off Campus
7 PM	Youth Ministry: Home Groups	Off Campus
7:30 PM	1825: Young Adult Café	Rm 235
7:30 PM	JC's Girls Ministry: Bible Study & Adult Club Outreach	Off Campus

Wednesday, June 11

7:30 AM	Prayer Ministry: RAPP (Rock Academy Praying Parents)	Chapel
6:30 PM	Women's Ministry: Sisters In Christ - Summer Study	Rm 232
7 PM	Single Parent Family Ministry: Bible Study	Rm 236
7 PM	Youth Ministry: Home Groups	Off Campus
7:30 PM	1825: Young Adult Café	Rm 235

Thursday, June 12

6:30 PM	Women's Ministry: FaithWorks Class	Rm 253
7 PM	1825: The Porch	Off Campus
7 PM	Youth Ministry: Home Groups	Off Campus
7:15 PM	1825: Remnant	Cafeteria

Friday, June 13

6:30 PM	Young Married Café	Rm 235
7 PM	Youth Ministry: Friday Night Live — Jr. High	Rock Park
7:30 PM	Rock Recovery Ministry: Bonfire	Off Campus

Saturday, June 14

6:30 AM	4x4 Ministry: John Bull Trail	Off Campus
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Sunday, June 15

7:30 AM	Homeless Ministry: Sunday Services with the Homeless	Off Campus
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For more event information and locations, visit www.therocksandiego.org/events/all or call 619.226.ROCK.

Announcements

Mind, Body, Soul Training

Fitness and Nutrition Ministry will be offering a 4-week session on Saturday mornings starting June 7. Learn how to take care of your body; mind, body and soul for Christ, and get back to basics with your nutrition and fitness. For more info please email csiragusa1@cox.net.

Overcoming Eating Disorder

The Eating Disorder Ministry invites you to join them Saturday, May 31 for a workshop that will help you or someone you know overcome this deadliest disease and regain power over your body. RSVP to eatingdisorder@therocksandiego.org.

JC's Girls Rummage

JC's Girls is having a rummage sale at Kobey's Swap Meet to raise money for support. If you have items to donate, please contact jcgirls@therocksandiego.org. Stop by our spot on 06.14.08 and shop till you drop!

Stepping Up- Study of Psalms

Join us Wednesday June 11 for *Stepping Up*. This 7-week women's study is a detailed study of Psalms 120-134 called the Psalms of Ascent. This study will engage participants in unique opportunities for personal reflection and worship while exploring the background and writer of each Psalm.

EVANGELISM TRAINING
4 week class da da
June 21- 27 da da
Every Friday da da

For more info, visit www.therocksandiego.org/evangelismtraining/404/rrrr

Rock Youth XTREME SUMMER CAMP 08

Save the date! Sr. High Camp July 6-11, Jr. High Camp July 13-18 and Alternate Jr. & Sr. High Camp July 20-25. Students will be experiencing a variety of extreme sports (skateboarding, surfing, wakeboarding, BMX, FMX), audio/visual arts, and spiritual growth. Visit us at www.therocksandiego.org.



Get Involved! Text "SDROCK [your email]" to 95495 or log onto www.therocksandiego.org and click "New to the Rock".

Or fill out this form and drop it off at the Info Booth.

Name

Address

City State Zip

Phone

Email

Birth

Updating my information. Today is my first visit.

Demographics

- Male Female Married
 Single Widow(er) Divorced
 Military Police Firefighter

Name(s) of family member(s) & birthday(s):

I would like more information on:

- Pebbles Pathway (Children) Small Groups
 The Break (Jr. High) Marriage & Family
 SHM (Sr. High) Academy (Pre K-12th)
 1825 (Young Adult) Rock University
 Women's Ministry NP3 (Building Project)
 Men's Ministry Miles Ahead

I recently:

- Accepted Christ Rededicated my life