

CHRISTMAS SALE

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SPECIAL HOLIDAY HOURS
7:00am - 9:30pm
TODAY ONLY

Find gifts for everyone on your list at the **ROCKPILE**



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ROCKPILE
www.rockpilestore.com

The Mission of the Rock Church...
is to save, equip, and send out soul-winners for Jesus Christ.

Senior Pastor: Miles McPherson
 Executive Pastors: Rick Linamen, Doug Childress
 Ministry Leaders:
 August Hunter Associate Pastor..... x5108
 Cara Wallace Children's Ministry Director..... x5117
 Darren Carrington Senior High Pastor..... x5125
 Dru Teves Junior High Pastor..... x5129
 Jerry McCauley Creative Director..... x5137
 Jerry Ray Stewardship Pastor, CFO..... x5138
 Jon Gross Associate Pastor..... x5140
 Mark Collins Small Group Pastor..... x5146
 Ricky Page Student Ministries Director..... x5159
 Steve Brown Pastor of Training and Mobilization..... x5163
 Stefanie Kelly Worship Arts Director..... x5171
 Tommy Moseley Associate Pastor..... x5166
 Vic Alvarado Pastor of Marriage and Family..... x5169
 Zack Jones Executive Director of Rock Sports..... x5170

WEEKEND SERVICES

Sunday 8 AM • 10 AM • 12 PM • 5 PM • 7 PM
 Interpreting for the deaf is available at the 10 AM service.

Pebbles Pathway 8 AM • 10 AM • 12 PM • 5 PM
 Pebbles Pathway children's service for infants through 5th grade available.

Junior High 10 AM • 12 PM • 5 PM (grades 6-8)

Senior High 10 AM • 12 PM • 5 PM (grades 9-12)

Listen to RockRadio 1210 AM KPRZ • M-F 4:30 PM, Sunday 7:30 AM

Rockpile Bookstore
 Monday - Saturday 2 PM - 7 PM • Sunday 7:30 AM - 9:30 PM
 2277 Rosecrans St. San Diego, CA 92106 • Phone: 619.764.5280



619.226.ROCK • therocksandiego.org
therockuniversity.org • therockacademy.org • milesahead.com

CHRISTMAS

★ AT THE ROCK ★



THROUGH PRAYER AND FASTING

21 DAY FAST

Join Pastor Miles McPherson and the Rock family as we start our church-wide fast. On January 7 we will start 21 days of fasting and praying as we seek clarity from God on how we will be effective stewards in 2008.

Week One: Preparing for the Fast
 Cut back your solid food intake so your digestive system can gradually adjust to your new low caloric intake. Begin consuming only fresh fruits and vegetables. Increase your water intake to at least 64 ounces a day. Increase your time spent in the word and in prayer.

Week Two: The Fast
 Start your fast by only consuming fresh fruit juice, vegetable broth, and/or organic green tea. Continue drinking water. Get plenty of fiber and rest. Limit you activities to light exercises and walks.

Week Three: Post Fast
 Slowly introduce the same food you ate in week one and drink at least 4 ounces of water at least 30 minutes before each meal and 2 hours after your meal.

For complete instructions, receipt ideas, and study from Pastor Miles visit www.therocksandiego.org.

Weekly Reading

BIRTH OF JESUS CHRIST

Monday - Luke 2:1-7

Tuesday - Luke 2:8-14

Wednesday - Luke 2:15-21

Thursday - Luke 2:22-24

Friday - Luke 2:25-35

Saturday - Luke 2:36-40

Sunday - Luke 2:41-51

Gift cards available at the Rockpile.



Get the Message



Purchase today's message CD for \$5 in the Rockpile Store located next to the Cafeteria, or sign up for a weekly subscription at www.rockpilestore.com.



Weekly Podcast of each message is available online at www.therocksandiego.org, where you can also watch the current message video and download the lesson plan.

This Week at the Rock

Monday, December 24



Tuesday, December 25

7 PM	Hip Hop Ministry: Classes - postponed	Off Campus
7:30 PM	Homeless Ministry: Bread of Life - postponed	Off Campus
7:30 PM	Young Adult Small Group Café - postponed	Rm 232

Wednesday, December 26

6:30 PM	Women's Ministry: SISTERS in Christ - postponed	Rm 232
7 PM	Single Parent Family Ministry: Deesis	Rm 236

Thursday, December 27

7:30 PM	Homeless Ministry: Bread of Life	Off Campus
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Friday, December 28

5 PM	Rock Recovery Ministry: Bonfire	Off Campus
7:30 PM	Homeless Ministry: Bread of Life	Off Campus

Saturday, December 29

8 AM	Prayer Ministry: Saturday Morning Prayer	Chapel
11:30 AM	Homeless Ministry: Church Without Walls	Off Campus

Sunday, December 30

8:30 AM	Prison Ministry: Sunday Service Donovan State Prison	Off Campus
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For more event information and locations, visit www.therocksandiego.org/eventcalendar/all or call 619.226.ROCK.

Announcements

Homeless Ministry

The Rock Church Homeless Ministry serves over 1000 homeless people weekly. As winter is upon us, there is a high demand for men's and women's coats. The coats do not have to be new, just gently used and clean. For more information, contact Frankie Stahl at frankie.stahl@gmail.com.

CD Subscriptions

Visit us at the Rockpile to subscribe yourself or a loved one to our weekly sermons. These are great tools to help guide people towards a personal relationship with Jesus Christ. CDs may be purchased in the store or online at www.rockpilestore.com.

Join **Miles McPherson** at an unprecedented convergence of over 30 Christian and global influential leaders such as **Jay Sekulow, George H.W. Bush, Larry King, Kay Warren** and many more at the inaugural Rethink Conference in Los Angeles. For more info, log onto www.rethinkconference.com.

January 17-19 • Crystal Cathedral

SYMBOLISM CALANDER2008

Now available in the bookstore. Free with purchase of \$35 or more.



Get Involved and text 'SDROCK your email' to 95495 or log onto www.therocksandiego.org and click New to the Rock.

Or fill out this form and visit us in the lobby.

Name

Address

City State Zip

Phone Preferred

..... Preferred

Birth

Updating my information. Today is my first visit.

Demographics

Male Female Married
 Single Widow(er) Divorced
 Military Police Firefighter

Name(s) of family member(s) & birthday(s):

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I would like more information on:

Pebbles Pathway (Children) Small Groups
 The Break (Jr. High) Marriage & Family
 SHM (Sr. High) Academy (Pre K-12th)
 Remnant (Young Adult) Rock University
 Women's Ministry NP3 (Building Project)
 Men's Ministry Miles Ahead

I recently:

Accepted Christ Rededicated my life