



JUST 1

Workbook



GROUP LEADER GUIDE

Just 1 Groups and Weekly Communities

Leader Guide

JUST 1: Purpose & Mission

Revival starts with you—are you ready to lead JUST 1 to Christ?

The purpose of JUST 1 Training is Next Gen revival—one person at a time. This movement equips the next generation to boldly share the Gospel, creating a ripple effect that transforms schools, communities, and families.

Luke 15:7 tells us that Jesus leaves the 99 to pursue the one lost soul. How far are you willing to go for JUST 1?

Through simple, practical training, adults and youth—pastors, parents, teachers, and mentors—will evangelize and disciple effectively. JUST 1 Groups help participants:

- ✓ KNOW the Gospel through training.
 - ✓ GROW in faith alongside Gospel Partners.
 - ✓ GO share Jesus with the world.
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What You Will Learn

1. My Story – Your testimony is powerful and irrefutable. Learn to share it effectively. (*Revelation 12:11*)

- I Was (Before Jesus)
- Then Jesus (How He changed you)
- Since Then (Life after Christ)

2. The Gospel 9 – The Gospel is the only message that transforms hearts (*Romans 1:16*). Learn three key parts:

Context – God created us for relationship, but sin separated us.

Text – Jesus lived perfectly, died for our sins, and rose again.

Next – Salvation is a free gift for those who repent and believe.

3. Salvation ABCs – A simple way to lead someone to Christ (*Romans 10:9-10*):

A - ADMIT you are a sinner.

B - BELIEVE Jesus is the only way to God.

C - CONFESS Jesus as Lord.

JUST 1 Gospel Partners

Evangelism is not just knowing—it's doing. A Gospel Partner is someone who:

- ✓ Declares the Gospel by memory.
 - ✓ Discusses the Gospel in conversation.
 - ✓ Disciples others in sharing the Gospel.
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The Importance of Discipleship

Evangelism plants the seed; discipleship nurtures the growth. New believers need guidance in their next steps—baptism, small groups, and ongoing discipleship.

What is Discipleship?

Discipleship starts with Jesus and is a lifelong journey of **Knowing God, Growing in Community, and Making a Difference**. (*Matthew 28:19-20*)

Four Key Discipleship Relationships:

1. **Discipled by Jesus** – A daily rhythm of spiritual growth (**Psalms 1:2-3**)
2. **Discipled by a Mentor** – Growth through accountability (**Luke 8:16-17**)
3. **Discipled in Community** – Strength in fellowship (**Ecclesiastes 4:9-12**)
4. **Discipling Others** – Teaching and equipping others (**1 Peter 4:10-11**)

Discipleship Rhythms:

-  Daily – Word & prayer (*Psalms 1:2-3*)
-  Weekly – Church & serving (*1 John 1:7*)
-  Monthly – Fellowship & family engagement (*Ecclesiastes 4:9-12*)
-  Seasonally – Equipping & renewal (*1 Peter 4:10-11*)
-  Annually – Celebrating growth & multiplication (*Acts 2:42-47*)

Next Steps for New Believers:

- ✓ Connect them to a church for baptism & discipleship.
 - ✓ Encourage them to join a small group.
 - ✓ Equip them to share the Gospel through JUST 1.
 - ✓ Pray for them and walk alongside them in their faith journey.
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Group Overview

Just 1 Groups will experience the training through reachjust1.com. Leaders should have the training on their laptop and/or connected to the TV.

Each session includes testimonies, video learning, Gospel Partner practice, and Fire Drill role-plays, all preparing for the **Hot Seat Challenge** in Week 6.

Leaders will play the videos in each lesson and then scroll down through the training content on the website for group members to view. Follow the directions and take time for Gospel Partners to practice with each other.

Weekly Format (120 Minutes)

1. Welcome & Objective (10 min)*

- Set a positive, welcoming tone.
- Introduce the session's focus and goal.
- Icebreaker & prayer.
- In Session 1: Set Up Just 1 Profiles
 - Guide the group in **creating an account** at www.reachjust1.com to ensure they progress through the LMS each week and formally complete the course.
 1. Explain this will be their own referenceable account for Just 1 Training Videos and Fill-Ins, as well as how to encourage others to go through the training.
- Announcements

2. Share (10-15 min)

- Group members discuss their experiences from the previous lesson.
- Key Questions:
 - Did you practice with your Gospel Partner?
 - Did you share the Gospel this week?
 - If not, what is holding you back?
- Gospel Partners encourage one another and pray for boldness.

3. Know - Illustration (15-20 min)

- **WATCH VIDEO:** A Gospel illustration (e.g., Glove, Bookshelf, Gift).
- **Practice:** Partners rehearse the illustration.
- **Purpose:** Equip members with practical tools for sharing their faith.

4. Grow - Learn and Practice (40-50 min)

- **WATCH VIDEOS:** Applying the Gospel through personal testimony and illustrations.
- **Practice:** Gospel Partners sharing their faith, offering a decision for Christ.

- **Purpose:** Strengthen confidence in proclaiming and personalizing the Gospel.
 - 5. **Go - Fire Drill & Weekly Challenge (30 min)**
 - **Fire Drill Role-Play:** Prepare for real-life Gospel conversations.
 - **Weekly Challenge:** Memorize illustrations, testimony, the Gospel 9, and the Salvation ABCs.
 - **Action Steps Discussion:** How can we actively share our faith and disciple others?
 - 6. **Closing & Prayer (5 min)**
 - Encourage everyone to take a next step on their discipleship journey, such as being baptized, joining or leading a group, or serving on a team.
 - Pray for boldness, wisdom, and opportunities to share the Gospel.
 - Commit to ongoing discipleship and sharing Just 1.
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Notes for Leaders

- **Prepare:** Watch videos, organize practice prompts and lesson transitions.
- **Stay Flexible:** Adjust timing based on engagement. Step in as Gospel Partners when any are unable to attend, and answer questions for those at your table.
- **Encourage Action:** Encourage engagement from each group member and help them apply what they've learned.
- **Engage:** Encourage weekly Gospel sharing and practice between Gospel Partners.
- **Next Steps:** Support new believers in discipleship through baptism, groups, equipping, and opportunities to serve.

APPENDIX

THE GOSPEL 9

Knowing the Gospel is foundational to sharing your faith. Throughout this training, you will learn 9 R words that will make sharing the Gospel simple and clear.

The Gospel 9 is broken into three simple parts, each with three key words:

 The Gospel Context — The Reason for the Gospel

1 *Relationship*

2 *Rebel*

3 *Ruin*

 The Gospel Text — The Report of the Gospel

4 *Role Model*

5 *Ransom*

6 *Rose*

 The Gospel Next — The Response to the Gospel

7 *Repent*

8 *Receive*

9 *Ready*

THE EXPANDED GOSPEL 9

Each section of the Gospel 9 explained:

 The Gospel Context — The Reason for the Gospel

God created us in His image to live in a loving *relationship* with Him. Pridefully, we *rebelled* against God and *ruined* the opportunity.

 The Gospel Text — The Report of the Gospel

Therefore, God became man in Jesus Christ. As a 'perfect' *role model*, He lived the life we should've lived. As a 'perfect' *ransom*, He died the death we should've died, in our place. As 'perfect' proof of life after death, He *rose* on the third day.

 The Gospel Next — The Response to the Gospel

If you *repent* and believe in Him, you can *receive* the gift of salvation. Are you *ready*?

GOSPEL PARTNER PROMISES

As your Gospel Partner, I promise to help you live out these truths:

 Luke 4:43 - "I must preach the kingdom of God to the other cities also, because for this purpose I have been sent."

 Just as Jesus was sent to share the good news, *I will help you do the same.*

 Luke 19:10 - "For the Son of Man has come to seek and to save that which was lost."

 Just as Jesus sought out the lost, *I will help you reach them.*

 Mark 2:15-17 - "When Jesus heard it, He said to them, 'Those who are well have no need of a physician, but those who are sick. I did not come to call the righteous, but sinners, to repentance.'"

 Just as Jesus called sinners to repentance, *I will support you in doing the same.*

📖 Mark 1:17-18 - "Then Jesus said to them, 'Follow Me, and I will make you become fishers of men.' They immediately left their nets and followed Him."

➡ As you follow Jesus, [I will help you become a fisher of men.](#)

📖 1 Peter 3:15-16 - "But sanctify the Lord God in your hearts, and always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear."

➡ You will learn to share your faith with confidence, and [I will help you prepare.](#)

📖 2 Corinthians 5:18-20 - "Now all things are of God, who has reconciled us to Himself through Jesus Christ, and has given us the ministry of reconciliation..."

➡ You are called to reconcile sinners with their Savior, and [I will help you fulfill that calling.](#)

📖 1 Timothy 1:7 - "For God has not given us a spirit of fear, but of power and of love and of a sound mind."

➡ God gives us courage to share the gospel. [I will pray for you to overcome fear.](#)

REMINDER: DEFINING "SUCCESS" 🏆

📖 1 Corinthians 3:5-8 - "Who then is Paul, and who is Apollos, but ministers through whom you believed, as the Lord gave to each one? I planted, Apollos watered, but God gave the increase. So then neither he who plants is anything, nor he who waters, but God who gives the increase. Now he who plants and he who waters are one, and each one will receive his own reward according to his own labor."

→ Evangelism "success" is planting a seed, watering it, or harvesting the growth; and as your Gospel Partner, [I will help equip you for all three.](#)

SALVATION ABC'S

A - Admit

"I admit that I am a sinner, and the penalty of sin is death." (Romans 3:23 & Romans 6:23)

B - Believe

"I believe that Jesus died and rose from the dead." (Romans 10:9)

C - Confess

"I confess Jesus as my Savior by repenting of my sin and following Him." (1 John 1:9)

SALVATION ABC PRAYER

Dear God, I admit that I'm a sinner,

and that the penalty of my sin is death.

I believe that Jesus Christ is Lord,

and that He died and rose from the dead for my sin.

I confess Jesus as my savior and repent of my sin.

Please forgive me and fill me with the Holy Spirit.

I pray this in Jesus' name, Amen.

HOT SEAT CHALLENGE QUESTIONS ?

Session 2 Fire Drill Questions

1. Did you not enjoy your sin before you got saved?

→ **Potential Response:** "Thank you for that question. I was deceived by sin because it was destroying parts of my life. "

Be honest about how you did or did not enjoy your sin. Share your [testimony](#) and highlight the good, bad, and ugly of your life before Christ.

2. Aren't you hypocritical to say you enjoyed sin, but you want me to stop sinning?

→ **Potential Response:** "Great question! I'll start by saying I may have enjoyed it at the time, but it always led to destruction in my life."

Share your [testimony](#) and focus on the pain your sin caused you and the regret of missing out on the love of God.

3. Why do you believe Jesus has the authority to forgive sins?

→ **Potential Response:** "Thank you for that question. Forgiveness is something only God can give. Jesus proved He can forgive sin by reversing the results of our sinful nature. He not only forgave me but has and still is separating me from the old self-destructive life I was living."

"But that you may know that the Son of Man has power on earth to forgive sins"—He said to the paralytic, 'I say to you, arise, take up your bed, and go to your house.'" Mark 2:10

4. What does walking with God mean? How does that look in your daily life? Have you been perfect since giving your life to Jesus?

→ **Potential Response:** "That's a really insightful question! Walking with

God involves living my life in agreement with God's plan—doing things that strengthen my relationship with Him, such as daily prayer, reading the Bible, and seeking His guidance."

Share your [testimony](#) and focus on the [Since Then](#) part of your testimony.

"Your word is a lamp to my feet and a light to my path." Psalm 119:105

5. How do you reconcile your past mistakes with your current faith? Do you ever struggle with guilt?

➔ **Potential Response:** "Great question! I need to remember that though the devil is the accuser, I am forgiven. I rest in God's promise to remember my sin no more. The old is gone, and the new has come.

Highlight the part of your testimony that describes [Since Then](#)—the changes in your life since accepting Christ.

"As far as the east is from the west, so far has He removed our transgressions from us." Psalm 103:12

6. Do you believe science brought about the world and universe?

➔ **Potential Response:** "That's a really insightful question! Science studies what already exists; it does not create what exists. Life never comes from non-life but a life-giver. Information like what is found in our DNA requires an intelligent source. So I believe that an intelligent creator is the cause of the universe."

7. How can a loving God allow evil in the world?

➔ **Potential Response:** "That's a great question! Evil exists because God gave us free will—the ability to choose between right and wrong. He didn't create us as robots but gave us the freedom to love and obey Him or go our own way. Unfortunately, people often choose to do wrong, and that's why we see so much evil in the world. But God is just, and one day, He will make all things right. Think about times when you've faced consequences for doing something wrong—those moments are

just a small glimpse of the ultimate judgment we'll all face unless we receive God's forgiveness."

Session 3 Fire Drill Questions

8. **Why does someone need the Gospel?**

→ **Potential Response:** "That's an excellent question! We have pushed God away and lost the opportunity to benefit from what only He can give us—love, clarity of purpose, forgiveness, etc."

Share and explain the [Glove Illustration](#) and [Gospel Context](#) together.

9. **Can you help me understand how God can have a relationship with me?**

→ **Potential Response:** "What a thoughtful question! I'd love to share about a relationship that has impacted my life."

Give an example of how you personalize the [relationship](#) aspect of the Gospel and explain the [Salvation ABC's](#).

10. **I am spiritual and talk with God all of the time. Why do I need Jesus? Or Church? Or to be born again?**

→ **Potential Response:** "What a thoughtful question! There are deceptive evil spirits and the Holy Spirit. Being spiritual means having a relationship with a spirit. Satanists are spiritual, so it is critical to know that you are having a relationship with the right Spirit."

"John 14:6 says, 'Jesus said to him, "I am the way, the truth, and the life. No one comes to the Father except through Me.'"

"Therefore, surrendering your life to Jesus ensures that you have a relationship and are spiritual with the Spirit that will give life, not death."

11. **What has your sin ruined in your life?**

→ **Potential Response:** "Great question! I'll give you an example."

Personalize the Gospel around *ruin*. Give examples of ruined relationships, job opportunities, health, or personal self-esteem.

12. How has knowing you were made in God's image changed the way you see yourself?

→ **Potential Response:** "That's a really insightful question! Knowing I am made in God's image informs me that I can talk with God, be loved by God, and love like God. It means I can be patient, kind, and compassionate like God. It gives me a sense of worth and purpose, reminding me that God deeply values me. It helps me see myself and others as creations of immense beauty and potential."

13. What does it mean to rebel against God?

→ **Potential Response:** "I'm glad you asked that! I'll share with you an example of how I rebelled."

Share the personalization of *rebellion* and the impacts of it.

14. How has your relationship with God influenced your other relationships?

→ **Potential Response:** "Great question! My relationship with God has taught me to love and forgive others as He has loved and forgiven me. It's helped me to be more patient, understanding, and selfless in my relationships."

Session 4 Fire Drill Questions

15. Why do Christians think that their faith is better? What sets Christianity apart from other religions? All religions lead to God.

→ **Potential Response:** "What a thoughtful question! Christianity teaches that faith in Jesus Christ is the only way to a relationship with God and eternal life. Other religions offer different paths, but they do not provide a resurrected Savior able to save from sin."

Share the [Bookshelf Illustration](#) and the [Gospel Text](#).

"I am the way, the truth, and the life. No one comes to the Father except through Me." John 14:6

"For there is one God and one Mediator between God and men, the Man Christ Jesus." 1 Timothy 2:5

16. Aren't all religions basically the same?

→ **Potential Response:** "Great question! While many religions have their own moral teachings, they differ significantly in their views about God, salvation, and the afterlife. Christianity is distinct in its belief in Jesus Christ as the Savior. It is distinct in that our Savior conquered death by rising from the dead as He said He would."

Share the personalization of the *rose* aspect of the Gospel.

"For many deceivers have gone out into the world who do not confess Jesus Christ as coming in the flesh. This is a deceiver and an antichrist." 2 John 1:7

17. Why would God become Man?

→ **Potential Response:** "Great question! God loves us so much. He knew that there was no way we could pay for our sin on our own, so He sent His Son Jesus."

Share the *Gospel Context* and explain God's original purpose to have a relationship with us. Share the personalization of *role model* and share that He also came to show us the life we were created to live.

"For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. For God did not send His Son into the world to condemn the world, but that the world through Him might be saved." John 3:16-17

18. Did Jesus really say that He was God?

→ **Potential Response:** "Great question! Would simply saying that He

was God be enough? What if I said I was the president of the US? Would that be enough? Jesus proved that He was God in multiple ways:"

- Jesus forgave sin. (Mark 2:6, 10)
- Jesus accepted worship. (Mark 5:6)
- Jesus exercised divine authority over the Sabbath. (Mark 2:28)
- Jesus exercised divine authority over demons and the devil. (Mark 5:6-13)
- Jesus claimed to be God's Son. (John 10:36-38)
- Jesus' critics on several occasions accused Him of claiming equality with God. (John 5:17-18)
- Jesus exercised divine power over life and death. (John 10:17-18)

19. **Why did Jesus need to die?**

→ **Potential Response:** "That's a really insightful question! When someone commits a crime, they need to pay the penalty by going to jail. The penalty of our sin is a death sentence. Because God is holy, the death sentence can only be paid for by a perfect sacrifice. Jesus offered Himself as a sinless sacrifice to pay the death sentence for us."

"For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him." 2 Cor 5:21

"But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us." Romans 5:8

20. **What is the proof Jesus rose?**

→ **Potential Response:** "That's a really insightful question! There is historical evidence of His resurrection."

- Jesus' resurrection is evidenced by His post-death appearances to His disciples and others. (1 Corinthians 15:3-8)
- His disciples went from being cowards to dying for their faith. People do not die for a lie. (Acts 4:13)
- The tomb was empty. (Luke 24:2-3)
- Jesus' enemies, Paul being one of them, admitted He rose and decided to follow Him. (Acts 9:3-6)

- The church grew overnight based on the sightings and testimony of a resurrected Savior in the very city where His death occurred, and His dead body could have shut Christianity down in a day. (Acts 2:41)

21. **How can you believe the Bible is reliable? Wasn't it written by men?**

→ **Potential Response:** “Insightful question! While human authors wrote the Bible, it is divinely inspired—meaning God guided the writers, ensuring His message was accurately conveyed and this is proven by its incredible design. The Bible's reliability is supported by historical consistency, archaeological evidence, and its transformative impact over centuries.”

- Old Testament manuscripts: There are over 5,000 known copies and fragments of the OT that confirm the content of the Bible we have today.
- New Testament manuscripts: Approximately 25,000 manuscripts that confirm the content of the Bible we have today.

“All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness.” 2 Timothy 3:16

Session 5 Fire Drill Questions

22. **What does it mean to repent?**

→ **Potential Response:** “What a thoughtful question!”

Share the personalization of *repent* in your life and include that repentance means changing your life's direction from sin and seeking God's forgiveness.

“Repent, for the kingdom of heaven is at hand!” Matthew 4:17

23. **I'm a good person. I have never hurt anyone.**

→ **Potential Response:** “That's a really insightful thought, and I've thought that before, too. Can I share a story with you?”

Share the [Bookshelf Illustration](#) and the standard of perfection that none of us can achieve on our own.

"For all have sinned and fall short of the glory of God." Romans 3:23

24. **Do I need to change my life if I give it to Jesus?**

→ **Potential Response:** "Thank you for that question. Coming to Jesus isn't about cleaning up first; it's about letting Him transform you from the inside out. Just like you do not wash the dishes before putting them in the dish washer, we do not cleanse our sin before we come to God who cleanses our sin."

Share how God is changing your desires and interests.

"Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new." 2 Corinthians 5:17

25. **How do I change?**

→ **Potential Response:** "Great question! God brings about the change in our lives. comes from trusting God to work in you. He gives you the strength to overcome struggles."

Share your [testimony](#) and how God changed you.

"Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new." 2 Corinthians 5:17

26. **What will I tell my family?**

→ **Potential Response:** "That's a really insightful question! Let them know you've made a personal decision to follow Jesus. I'll support you in sharing your decision with them."

Share your [testimony](#).

"But as for me and my house, we will serve the Lord." Joshua 24:15

27. **I'm scared to accept the Lord!**

→ **Potential Response:** “Thank you for sharing that! It’s natural to feel fear, but God’s love drives out fear. This is a spiritual battle, and victory is on the other side.”

"For God has not given us a spirit of fear, but of power, love, and a sound mind." 2 Timothy 1:7

28. **I'm not ready to accept the Lord!**

→ **Potential Response:** “Thank you for that thought. This is a big step. Is something holding you back? How can I pray for you? Can I answer any questions for you?”

Share your personalization of *ready*.

"Come now, let us reason together," says the Lord. "Though your sins are like scarlet, they shall be as white as snow." Isaiah 1:18

THANK YOU!

Your leadership through the Just 1 training will have more impact than you know!

Remember: This **six-week journey is just the beginning.**

JUST 1 is a lifelong mission to share the Gospel and to make and multiply disciples!

reachjust1.com